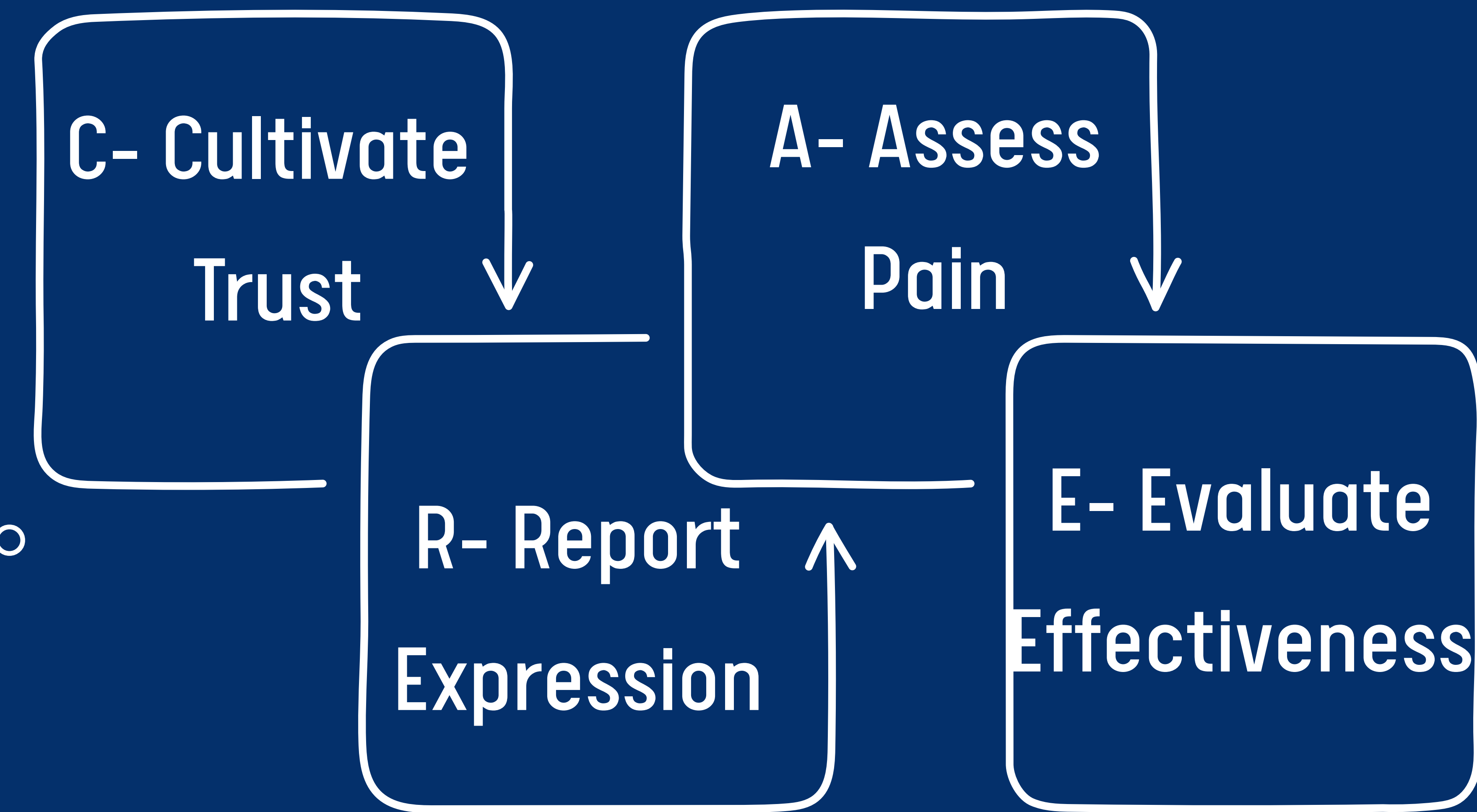


C.A.R.E. for Pain™

Addressing Pain Equity in Black Communities
through Culturally Attuned Nursing Education

Maude McGill, Ph.D., MSN, RN-BC, CNE

The Care Framework



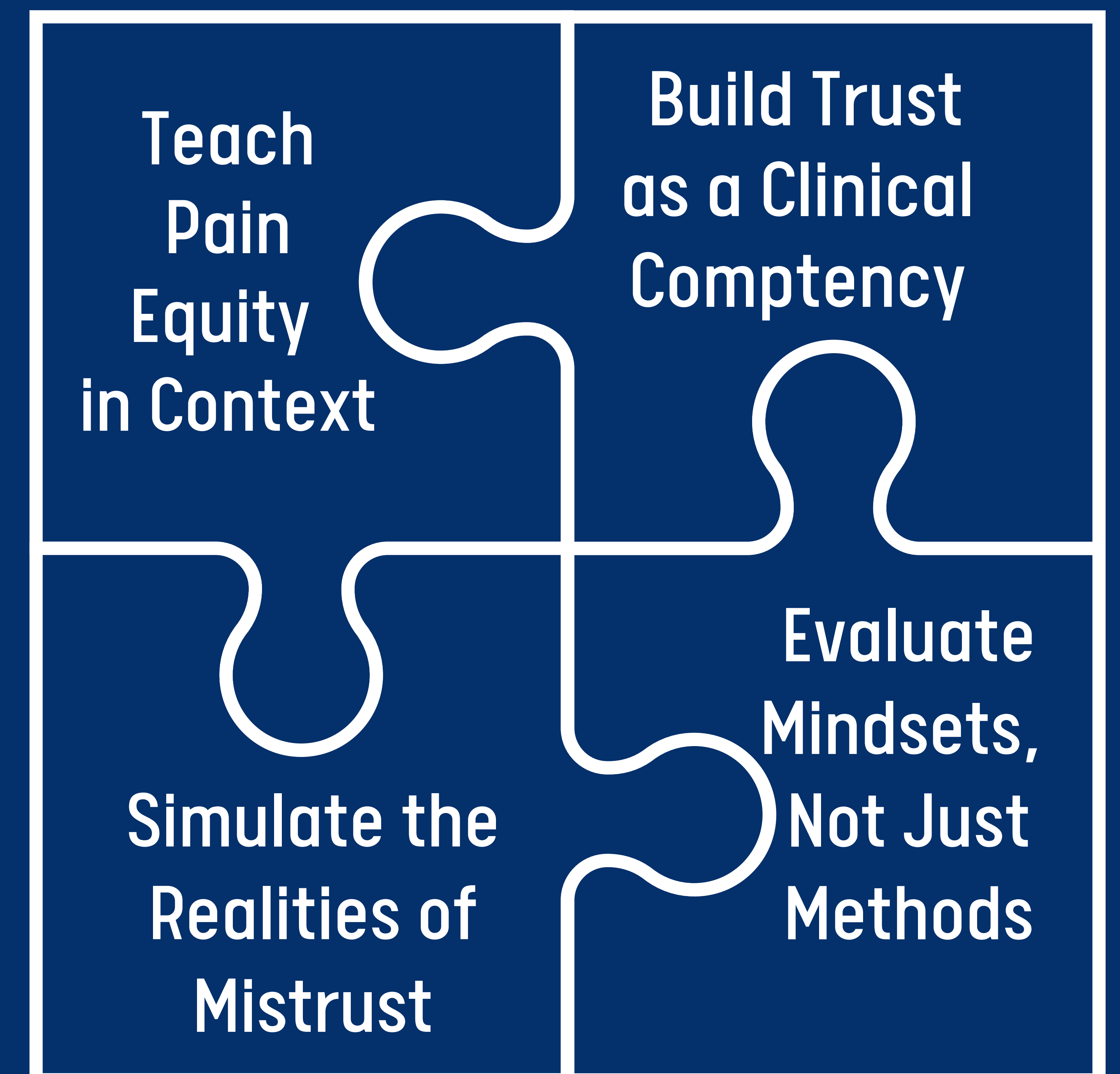
Background

- Medical mistrust in Black communities contributes to pain under-treatment.
- Pain once considered the 5th vital sign—now often dismissed due to bias.
- Black patients are less likely to receive opioids or be believed in pain reports.

Implementation

- Integrate the C.A.R.E.™ Framework into nursing courses and clinicals.
- Use case-based simulations featuring diverse patient scenarios.
- Facilitate reflective journaling and debriefing on cultural pain assessment.
- Incorporate narratives from A Patchwork of Pain into assignments.
- Collaborate with Black community leaders for feedback and patient insights.

Nursing Education Insights from Patchwork of Pain



Problem Statement

- Nursing education often lacks culturally inclusive pain assessment training.
- Mistrust leads to reduced care-seeking, underreporting of pain, and poor outcomes.

Outcomes

- ↑ Culturally aware assessments
- ↑ Patient trust in care settings
- ↑ Equitable pain treatment practices
- ↓ Mistrust-based care avoidance

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Patchwork for Pain



C.A.R.E. for Pain: Addressing Pain Equity in Black Communities through Culturally Attuned Nursing Education

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Biography

Dr. Maude McGill is a visionary nurse educator, published author, and passionate advocate for educational equity. A Certified Nurse Educator and dedicated practitioner-scholar, she serves as Graduate Faculty and the Graduate CORE Course Coordinator at Southern New Hampshire University, where she leads curriculum innovation and faculty development in the School of Nursing. With a career grounded in academic excellence and human-centered teaching, Dr. McGill believes that closing the educational gap is not just a social imperative—it is essential to human flourishing.

Raised with a deep awareness of the disparities that shape educational and healthcare outcomes, Dr. McGill has spent her life and career creating access points for those too often left behind. Her scholarly work centers on the intersection of medical ethics, cultural humility, and social justice in healthcare. She is a strong voice on topics ranging from health disparities to culturally competent care, and her publications challenge educators, policymakers, and practitioners to reimagine how knowledge is delivered, received, and used in under-resourced communities.

Dr. McGill is the founder and Executive Director of McGill Ministries, a nonprofit organization rooted in the belief that exposure, encouragement, and essential services transform lives. The ministry operates with a mission to bridge the achievement gap by providing educational and emotional gap services to children, families, and communities that are often overlooked. From school readiness programs and mentorship to trauma-informed workshops and literacy development, McGill Ministries is an extension of Dr. McGill's professional and personal devotion to equity.

At the heart of Dr. McGill's work is a deeply held conviction: "The more a person knows, the greater their chances at understanding and making informed decisions." She sees education not as a privilege, but as a necessity—one that empowers individuals to participate meaningfully in their own lives, families, and futures. Her teaching philosophy is grounded in empowerment, critical thinking, and compassion, recognizing that learning must speak to the whole person—body, mind, and spirit.

As a thought leader in both academic and faith-based spaces, Dr. McGill brings a rare ability to blend data with discernment, theory with testimony, and structure with soul. Her writing and speaking engagements are marked by clarity, conviction, and charisma—drawing from her rich background as a clinician, professor, nonprofit leader, and community servant.

Dr. McGill continues to develop groundbreaking projects that elevate marginalized voices and address the educational disparities that underlie many of the world's most urgent health and social issues. Her current work, including the book project *A Patchwork of Pain: The Legacy of Medical Mistrust and Black Patient Stories*, reflects her enduring commitment to truth-telling, healing, and systems change.

A woman of faith, intellect, and purpose, Dr. Maude McGill remains devoted to the work of building bridges—between systems and souls, data and dignity, education and equity. She is not simply shaping classrooms—she is shaping communities.

Contact Information



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