



# **Educating Nursing Students To Meet the Complex Needs of Seriously Ill Patients**

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# ELNEC

END-OF-LIFE NURSING EDUCATION CONSORTIUM

*Advancing Palliative Care*

**Celebrating 15 years of Providing Palliative Care Nursing Education**





# What is ELNEC?

- ELNEC is a national education initiative to improve palliative care.
- The project provides undergraduate and graduate nursing faculty, CE providers, staff development educators, specialty nurses in pediatrics, oncology, critical care and geriatrics, and other nurses with training in palliative care so they can teach this essential information to nursing students and practicing nurses.

# How Did ELNEC Get Started? Partnership Established

- **City of Hope**
  - Textbooks
  - Curricula
  - Survey of faculty knowledge
- **American Association of Colleges of Nursing**
  - Peaceful Death Document: BSN Competencies in EOL care*



# Results of This Partnership....

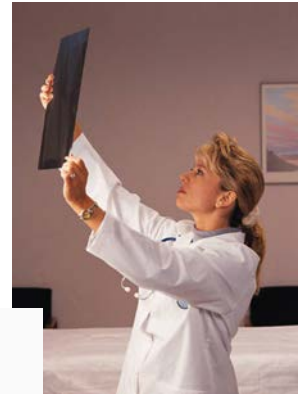
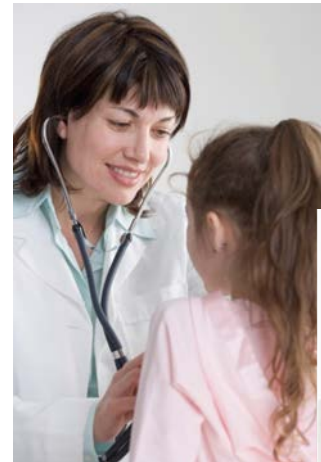
## ELNEC

- 2000: Curriculum Developed
- 2001: 1<sup>st</sup> National ELNEC Course
- Currently 8 ELNEC Curricula:
  - ELNEC-Core
  - ELNEC-Geriatric
  - ELNEC-Pediatric Palliative Care
  - ELNEC-Critical Care
  - ELNEC-APRN (Peds & Adult)
  - ELNEC-International



# Latest Curriculum.....

- *Integrating Palliative Oncology Care into Doctor of Nursing Practice (DNP) Education and Clinical Practice*
- To date, over 150 have attended
- NCI-Funded





# Latest Project

## *Nursing Education for Integration of Palliative Care into Health Care Systems*

- **Purpose:** To create an online ELNEC curriculum for undergraduate nursing programs
- **Focus:** 4 priority states (ID, OR, UT, WA) with eventual dissemination in other 46 states
- **Funder:** Cambia Health Foundation





# Time Frame for this Project

- **July 2015 – June 2016**
  - Evaluate status of nursing education
  - Up-date the *Peaceful Death Document*
- **June 2016 – June 2017**
  - Create 6 online modules with Relias Learning™
  - Seek applications for 92 schools in 4 target states
- **June 2017 – June 2018**
  - Initiate roll-out



# **Major Funding Provides Opportunity for ELNEC to Continue**

- **Robert Wood Johnson National Cancer Institute (NCI)**
- **Aetna**
- **American Association of Colleges of Nursing (AACN)**
- **Archstone**
- **Cambia Health Care**
- **California HealthCare**
- **Milbank**
- **Oncology Nursing Society Foundation**
- **Milbank**
- **Oncology Nursing Society Foundation**
- **US Department of Veterans Affairs**
- **US Cancer Pain Relief**
- **Open Society**
- **Bristol-Myers Squibb**
- **American Austrian Foundation**



# ELNEC-International

- **Nursing faculty led the way in this effort:**

- Martha Highfield, CSU, Northridge (Nigeria)
- Margaret Barton-Burke, U of MO (So Africa)
- Barbara Head, U of Louisville (India)
- Katherine Crabtree, OR HSU (Thailand)
- Elizabeth Johnston-Taylor, Loma Linda U (New Zealand)
- Julie Vosit-Steller, Simmons College (Romania)
- Polly Mazanec, Case Western (Jamaica)
- Julie Moss, Upstate SC (China)
- Many others.....

# Nursing Faculty Internationally Led the Way to Translate ELNEC

- **Sayaka Takenouchi**, PhD, RN, Kyoto University School of Medicine, Kyoto, Japan
- Translated ELNEC-Core, Geriatric, Critical Care



- **Hyun Sook Kim**, PhD, RN, MSN, MSW, Chungbuk, South Korea, Korean National University, Chungbuk, South Korea
- Translated ELNEC-Core & Geriatric

←Pictured left to right, Drs. Takenouchi and Kim received awards from *The International Journal of Palliative Nursing* (IJPN) in London, England, 2013 for their outstanding work of translating and disseminating ELNEC.

# Nursing Faculty Internationally Led the Way to Translate ELNEC (cont)

- Niang-Huei Peng, PhD, RN, School of Nursing, National Yam-Ming University, Taiwan
- Translated ELNEC-Pediatric Palliative Care, 2014
- 1<sup>st</sup> course held at Tzu Chi Hospital in Taichung, Taiwan with 450 participants.



# **International Efforts to Disseminate ELNEC**



- **Presented in 6 of the 7 continents**
- **Representing 86 countries**
  - **Teaching ELNEC courses**
  - **Presenting at international conferences**
  - **Meeting with Ministers of Health, Faculty in Schools of Nursing, etc**

# **ELNEC-International: Translated in 8 Languages**

- **RUSSIAN**
- **SPANISH**
- **JAPANESE**
- **KOREAN**
- **GERMAN**
- **ROMANIAN**
- **ALBANIAN**
- **CHINESE**



# Overview of ELNEC-International: Slide Presentation



# Accomplishments Since ELNEC's Inception



- From Jan 2001 to Oct 2015, **200+** National ELNEC train-the-trainer courses have been held
  - 22 held internationally
- Over **20,500** trainers
- Those trainers have gone back to their community and have educated over **645,000** healthcare professionals



# Other Accomplishments

- ELNEC trainers return from the course to hold courses at their own institution:
  - 251 regional courses held in 2014
  - Representing 37 states, the District of Columbia, plus 10 international countries (e.g. Canada, Panama, Japan, Philippines, Singapore, Vietnam, Germany, Ethiopia, Turkey, Austria)

# Other Accomplishments (cont)

- 30+ articles published in peer-reviewed journals
- National ELNEC Faculty work on key documents promoting palliative care through major national organizations:
  - Institute of Medicine
  - National Cancer Institute
  - National Consensus Project

# Why the Emphasis on Nurses? They Play a Key Role in Palliative Care

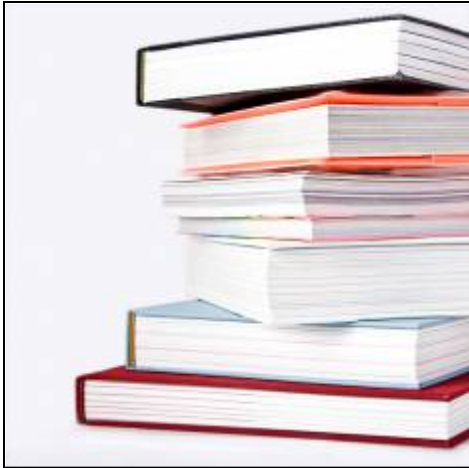


- No other healthcare professional spends more time at the bedside than the nurse, supporting
  - Physical needs
  - Psychological needs
  - Social needs
  - Spiritual needs

- 
- 
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**However.....**

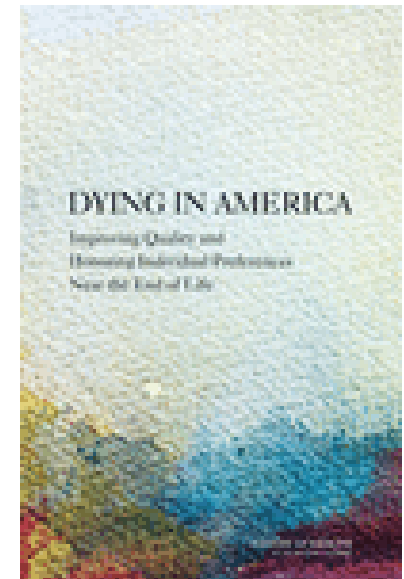
**NURSES CAN NOT  
PRACTICE WHAT THEY  
DO NOT KNOW!**



# ELNEC Addresses Needs Highlighted in 2014 IOM Report

## *Dying in America: Improving Quality/Honoring Individual Preferences Near the End of Life*

- Delivering person-centered, family-oriented care
- Promoting clinician-patient communication and advance care planning
- Providing interprofessional education and development
- Developing policies and payment systems
- Encouraging public education and engagement
- **Note:** ELNEC/AACN mentioned twice in this report, as an exemplar in palliative care education



# **ELNEC Modules Addressing Palliative Care**

- **#1: Palliative Nursing Care**
  - **#2: Pain Management**
  - **#3: Symptom Management**
  - **#4: Ethical Issues\***
  - **#5: Cultural Considerations\***
  - **#6: Communication**
  - **#7: Loss, Grief, Bereavement**
  - **#8: Final Hours**
- \*Modules embedded in other 6 modules

# What Contents Are Within Each Module?

- **Each of the Eight (8) Modules Contain:**
  - **Overview**
  - **Objectives**
  - **Participant Outline**
  - **Powerpoint Slides (talking points for each slide)**
  - **Case Studies**
  - **Reference List**
  - **Supplemental Teaching Materials**
  - *CE Ready!*

# Throughout The Eight Modules Of ELNEC, There Are Certain Themes





# Themes

- **The Family is the Unit of Care**



- **Vital Role of the Nurse as Advocate**

# Themes (cont)

- Important of Honoring Culture



- Attention to Special Populations

# Themes (cont)

- **Providing Palliative Care Throughout All Systems of Care**



# Themes (cont)

- **Financial Issues  
Impact End-of-  
Life Care**



- **Common In Not Only  
Cancer & AIDS, But Also  
Other Life-Threatening  
Illnesses/Sudden Death**





# Final Theme...

- **Interdisciplinary Care is Essential!**





# In Summary

- **You have a unique privilege**
  - **To prepare members of the largest healthcare workforce—NURSES, to meet the nation’s needs of the seriously ill**
  - **To provide the resources to improve practice, education, research, & advocacy**
  - **To empower and inspire them**
  - **To mentor them**

# For Further Information About the ELNEC Project....

- Check-out the website at [www.aacn.nche.edu/ELNEC](http://www.aacn.nche.edu/ELNEC)
- Contact Pam Malloy at [pmalloy@aacn.nche.edu](mailto:pmalloy@aacn.nche.edu)
- Follow ELNEC

