



JOHNS HOPKINS
M E D I C I N E

Implementation of an Evidence-Based Strategy to Assess and Manage Substance Use in Oncology Patients

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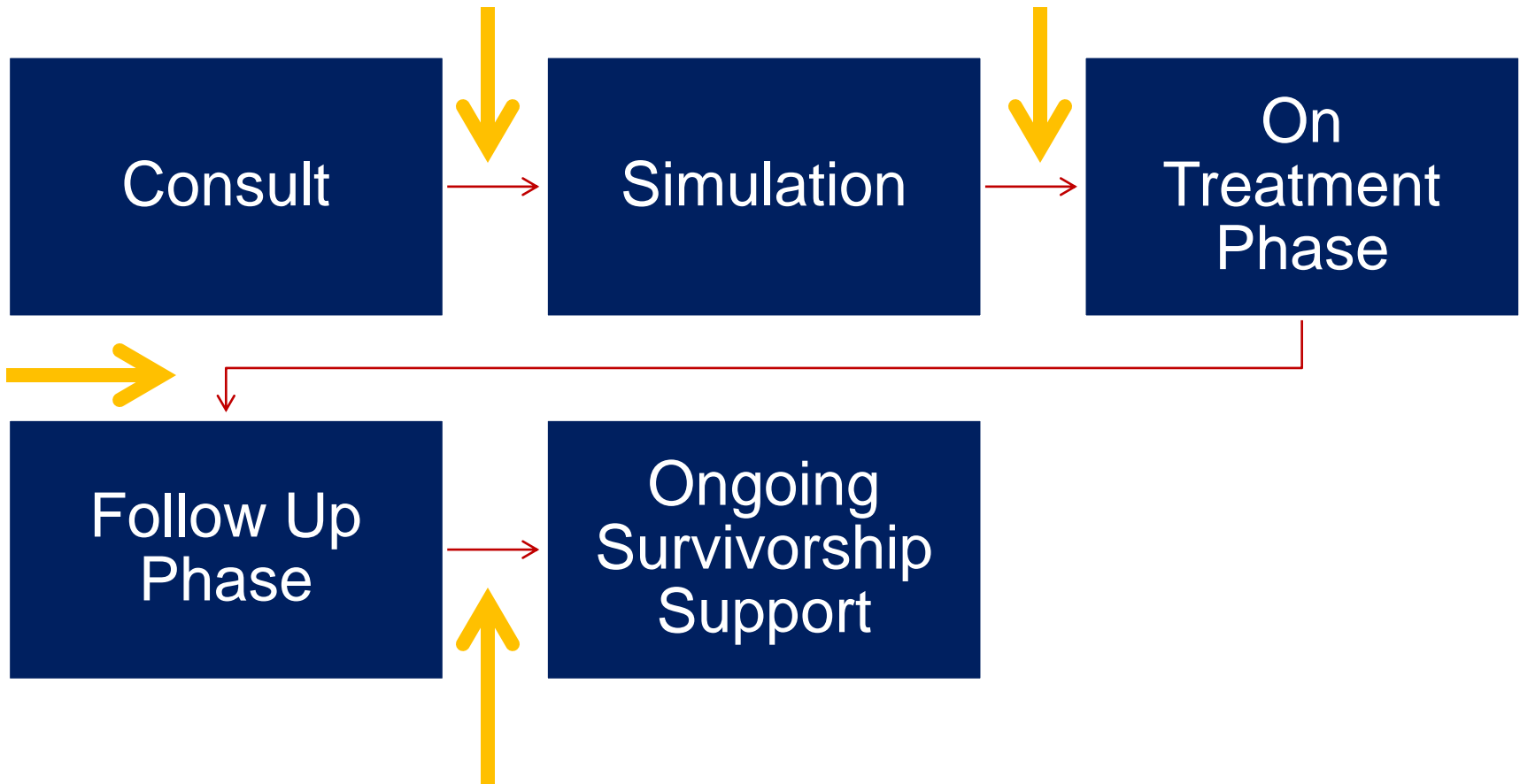
JHM: East Baltimore

- 2,537 unique patients per year
- 17,309 clinic visits
- 11 RNs/9 MDs/10 Residents

- Cancers treated:
HNC, prostate,
breast, GI, GYN,
CNS, Pediatrics



Radiation Oncology Patient Flow



Background

- Cancer care = primary care
- Long term relationships between patients and providers
- Excellent opportunities for health promotion

Background

- Relationship between cancer and substance use
 - Alcohol-induced cancers
 - Drug-influenced cancers
- Prevalence & scale of substance use unknown

Background

- Poor quality of life¹⁻⁴
- Safety risks
 - Post-op complications⁵⁻¹⁰
 - Increased mortality¹¹
- Poor treatment outcomes^{10, 12-14}

Summary of the Evidence

- Use strategies from pain management/primary care ¹⁵⁻²⁴
 - Screening/Assessment
 - Risk Stratification
 - Risk-Based Interventions
 - Substance use treatment when needed ^{19, 23, 26}

Aims & Evaluation Plan

Increase **identification** of patients with risky alcohol or illicit substance use

Screening visits
Consult visits

Increase appropriate **initial interventions** for patients with risky alcohol or illicit substance use

Brief interventions & referrals
positive screens

Improve **knowledge, skills & attitudes** of clinicians in addressing risky substance use

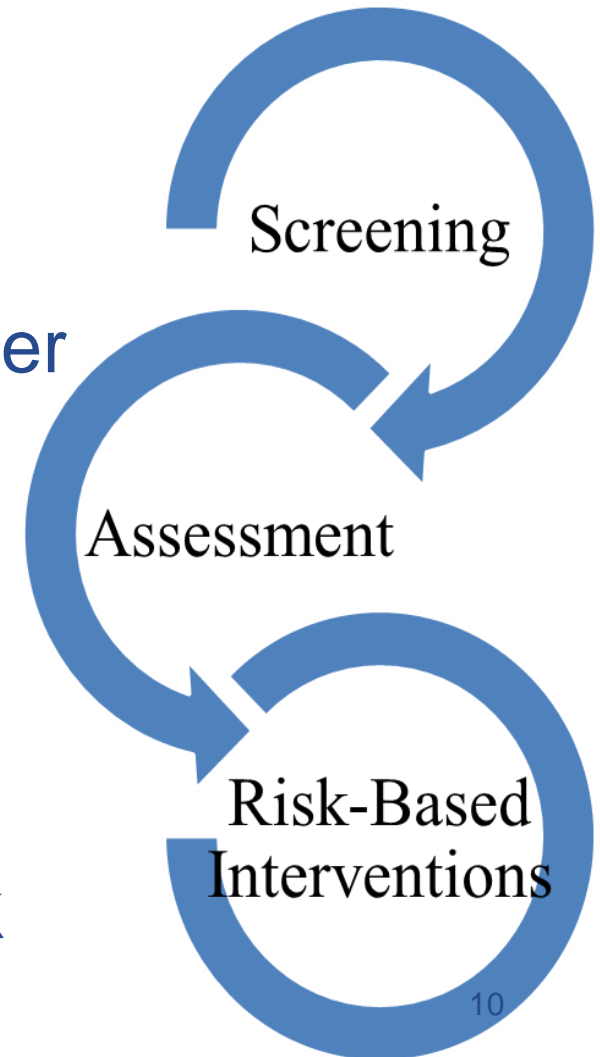
3 Tools:
Helpful Responses
KSA
MI Readiness

Instructional Design

- Target: Nurses and Physicians
- Methods: Didactic and Interactive
 - 4 hours training, interdisciplinary
- Evaluation: Pre- and post-survey tools
 - KSA, Helpful Responses, MI Readiness

Clinical Pathways

- Screening Tools
 - Audit-C
 - Single-question drug screener
- Assessment Tools
 - ASSIST
 - Risk stratification
- Interventions based on risk



Audit-C + Drug Screener



Patient Name: ELECTRO, NICK

MRN: 10242048

Assessment Date: 5/3/2015

Time: 5:51 PM

Edit Assessment

Screening

--	How often do you have a drink containing alcohol?	<input checked="" type="radio"/> 4: 4 or more times a week
--	How many standard drinks containing alcohol do you have on a typical day ?	<input checked="" type="radio"/> 1: 3 or 4
--	How often do you have six or more drinks on one occasion?	<input checked="" type="radio"/> 1: Less than monthly
--	How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?	<input checked="" type="radio"/> 1: At least once

Clinician Pocket Guide

L
O
W

Affirmation, Handout if requested

M
O
D

Brief Intervention (Consult)

Brief
Intervention
(+3 weeks)

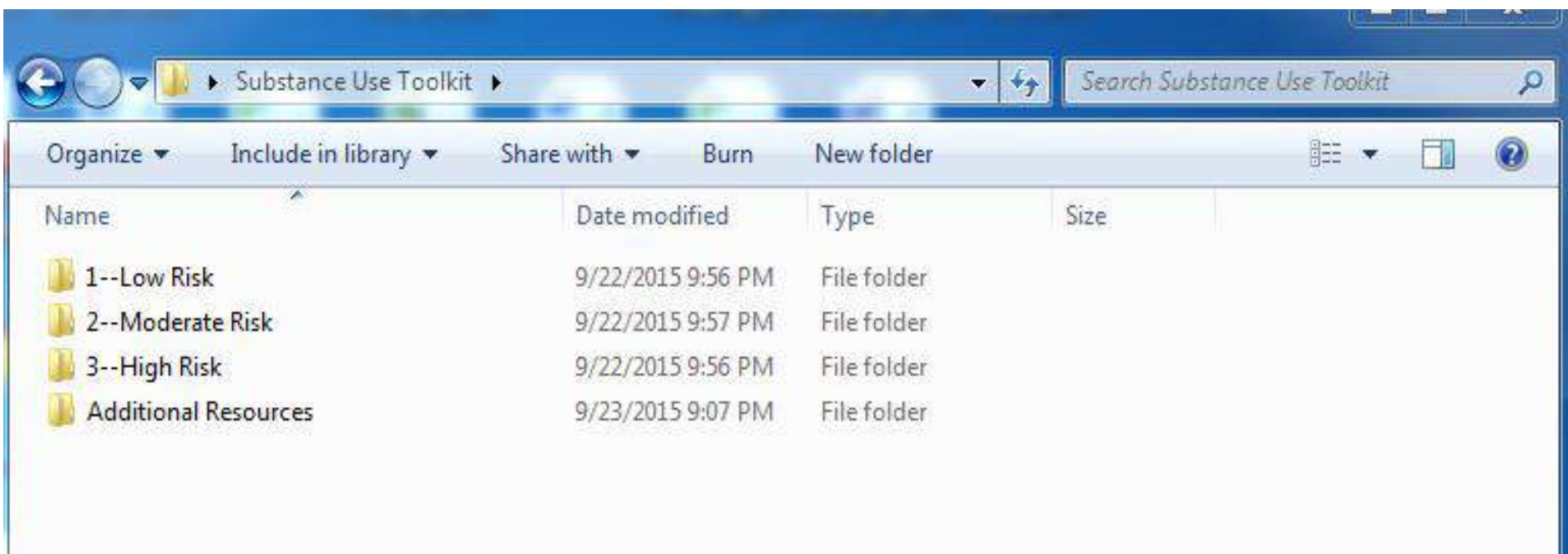
H
I
G
H

Brief Intervention
(Consult)

Referral to Psych
Liaison (Consult)

Brief Intervention
(Weekly x
Duration of
Cancer
Treatment)

Toolkit



SUMIT (Substance Use Management and Identification Team): Project Team

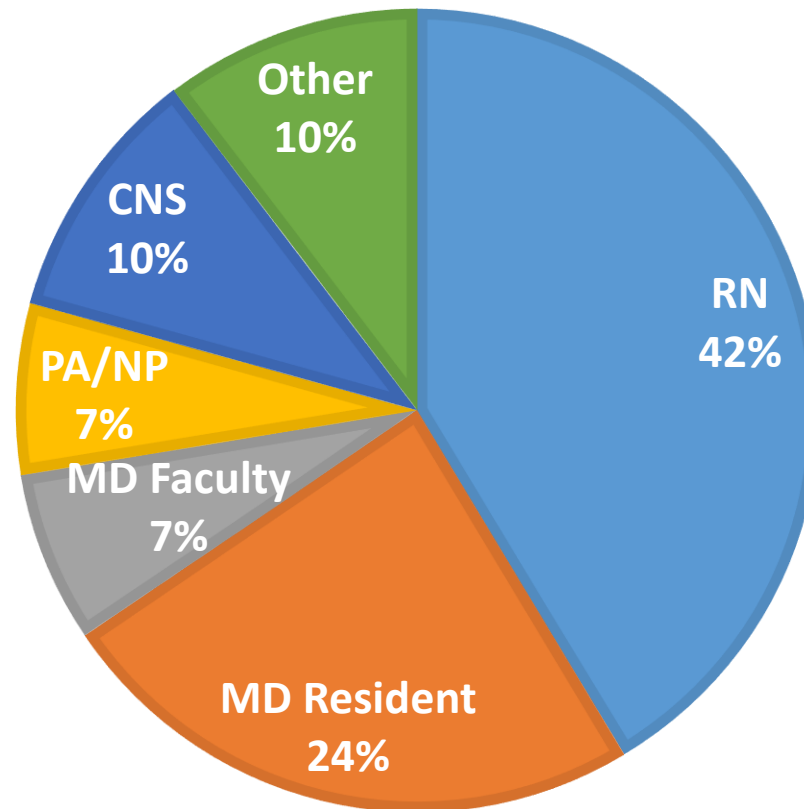


Name	Position	Role
Amanda Choflet	Nurse Manager	Project Coordinator
Laura Hoofring	Psychiatric Liaison Nurse	Psychiatric Nursing Expert
Lisa Katulis	Nurse Clinician	Project team
Sarah Bonerigo	Physician Assistant	Medical Oncology Liaison
Dana Wloczewski	Radiation Therapist	Project team
Sierra Cheng	Post-Doctoral Fellow	IT Innovation
Omar Mian	Resident Physician	Project team
Amol Narang	Resident Physician	Project team

Clinician Demographics

PARTICIPANT JOBS

■ RN ■ MD Resident ■ MD Faculty ■ PA/NP ■ CNS ■ Other



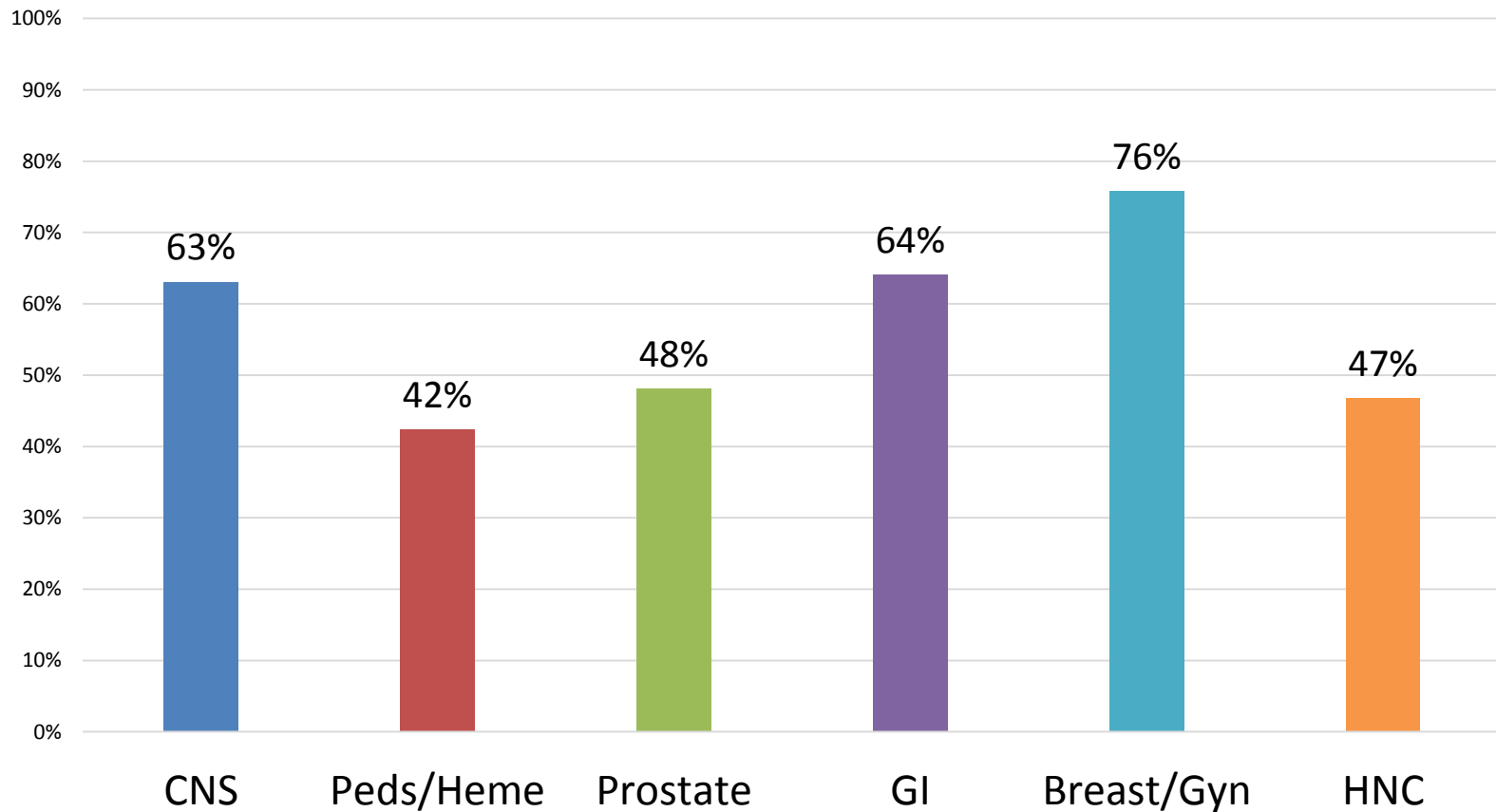
Patient Demographics

Table 1
Demographic characteristics

	Total (%)
<hr/>	
Sex	
Male	300 (53)
Female	261 (47)
Age	
Mean age in years \pm SD (range)	59 \pm 15.2 (5-93)
Diagnosis	
Gastrointestinal	56 (10)
Head and Neck Cancer	88 (16)
Pediatrics/Hematology	90 (16)
Prostate	89 (16)
Breast/Gynecological	106 (19)
Central Nervous System	132 (24)

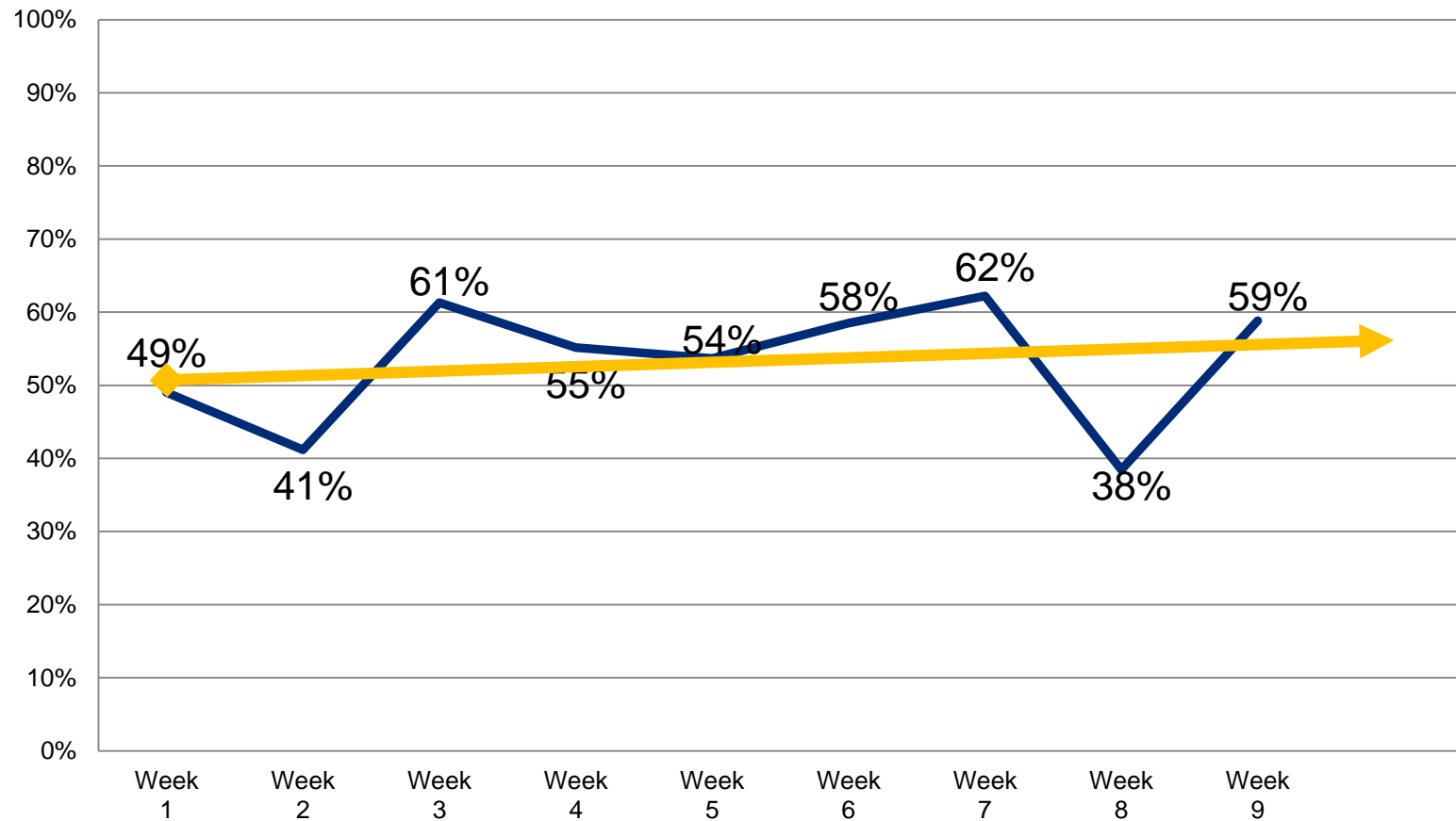
Screening Rate

Screening Rate by Disease Type



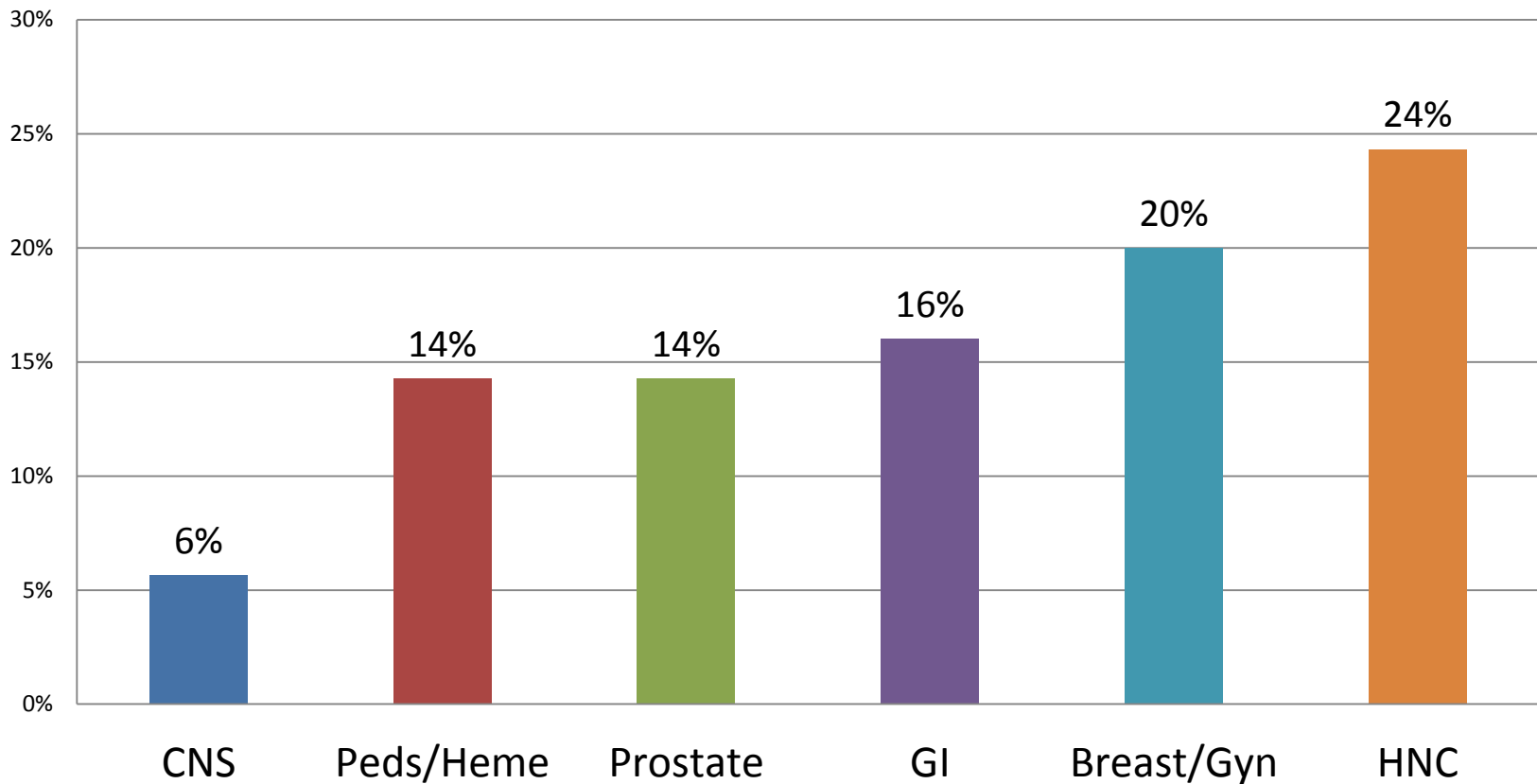
Screening Rate

Screening Rate by Week



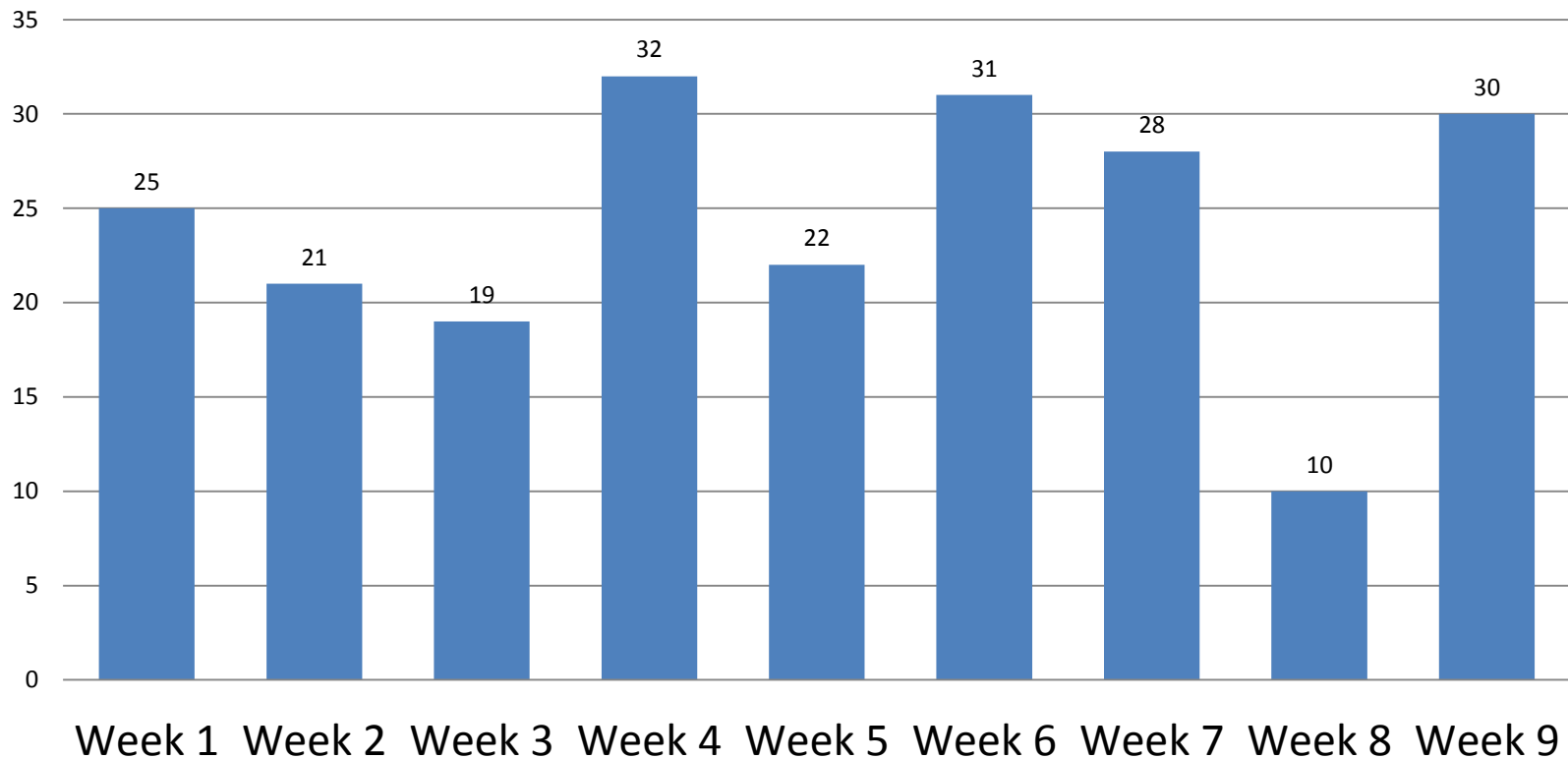
Positive Screen Results

Percentage of Positive Screen Results by Disease Site



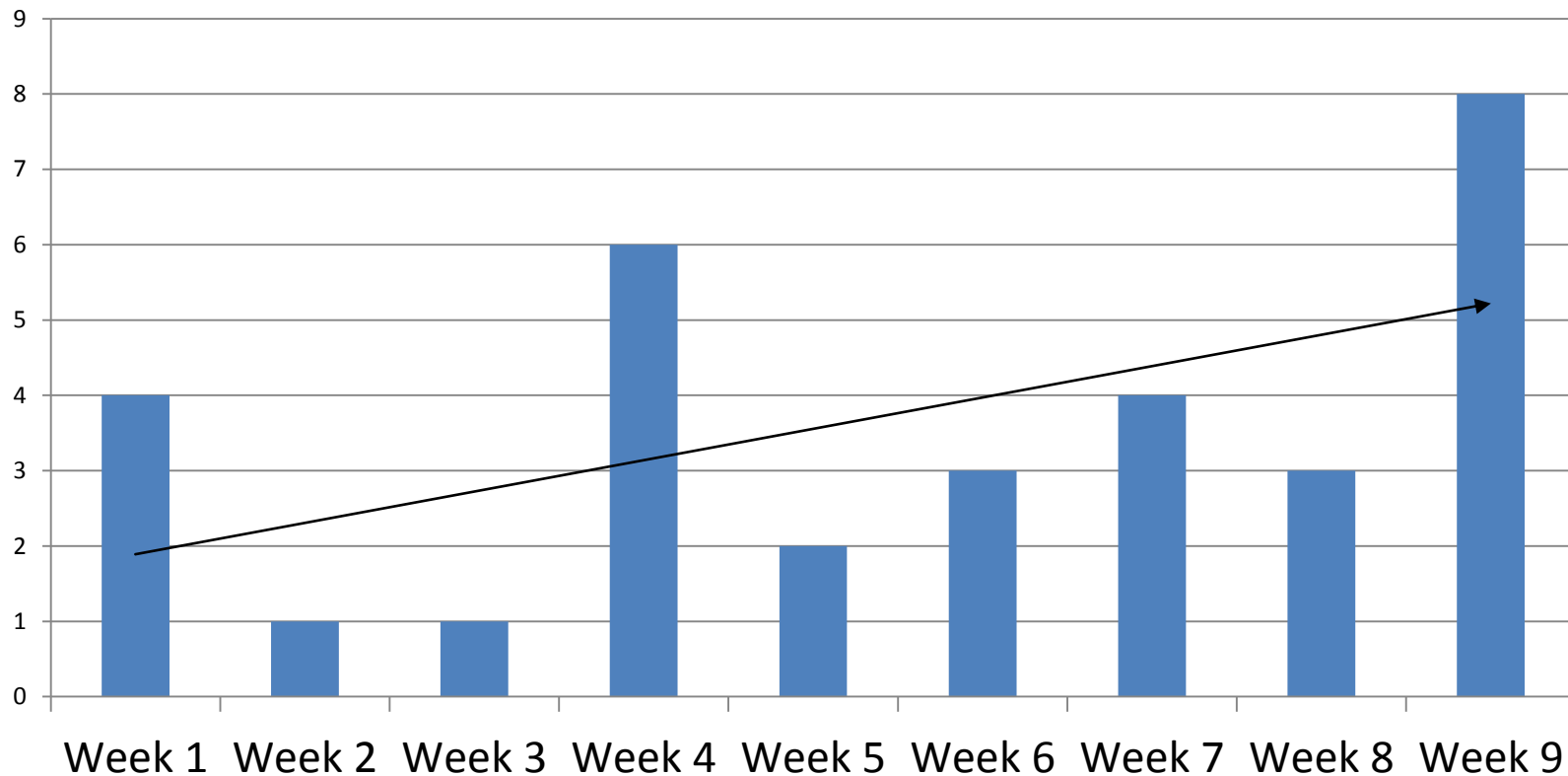
Completed Screens

Number of Screens Completed By Week



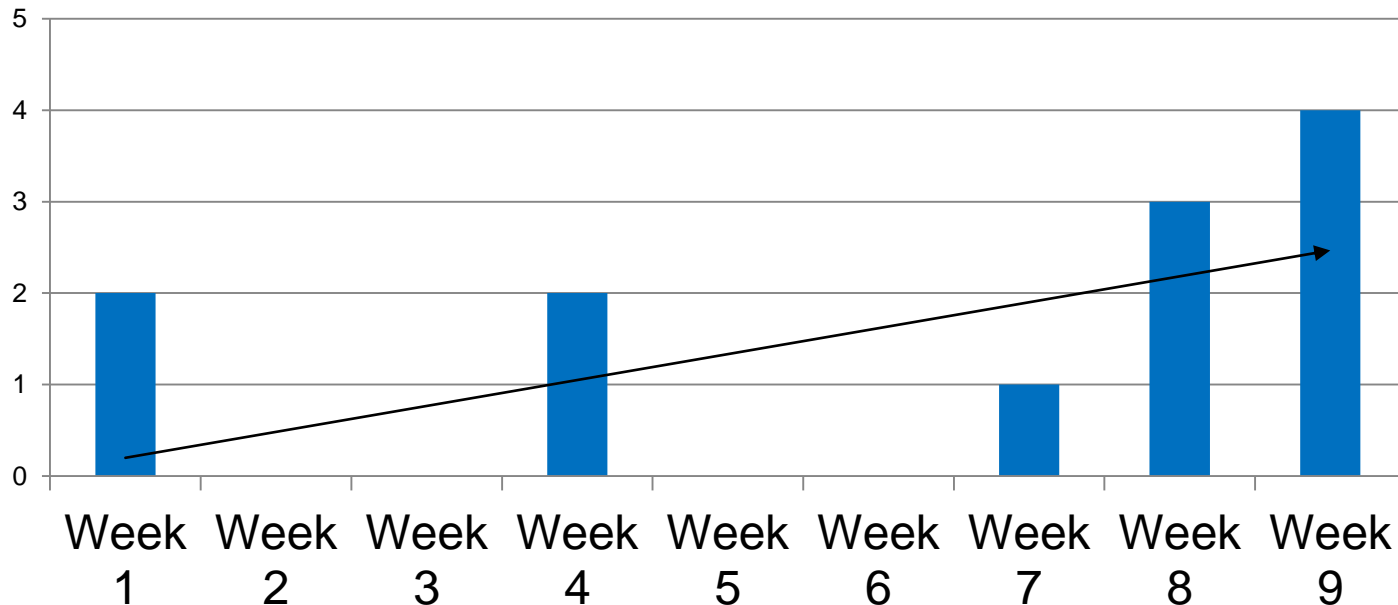
Positive Screens

Number of Positive Screens By Week



Brief Interventions

Number of Brief Interventions Delivered By Week



Brief Interventions

Table 2

Substance-specific intervention characteristics for patients with positive substance use screen

	Total (%)
N=32	
Alcohol	
Positive screen	22 (68.7)
Brief interventions delivered (%)	6 (27.3)
Brief interventions refused (%)	5 (22.7)
Brief interventions not offered (%)	11 (50)
Drugs	
Positive screen	10 (31.3)
Brief interventions delivered (%)	6 (60)
Brief interventions refused (%)	2 (20)
Brief interventions not offered (%)	2 (20)
Negative screen	
Brief interventions delivered	8

Local Implications

- Cancer patients report risky substance use behaviors when assessed using a valid instrument.
- Staff will engage in risk-based interventions for cancer patients with risky substance use

Public Health Implications

- Use every opportunity to impact patients' long-term health
- Incorporate MI techniques into healthcare setting
- Engage patient in long-term thinking about health

Recommendations

- Revisit disease-specific data
- Screen at all sites
 - Requires training
 - Referrals
- Patient Outcomes Data
 - Oncospace

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