Connecting a *Model for*Developing Evidence-based Clinical Practice Guidelines to DNP Scholarly Projects

Robin Adair Shannon, DNP, RN, NCSN, PHNA-BC University of Illinois at Chicago College of Nursing



"There are not two sciences. There is science, and the application of science, and these two are linked as the fruit is to the tree."

~Louis Pasteur





EBP Clinical Practice Guidelines (CPGs)

"Specific practice recommendations grouped together that have been derived from a methodologically rigorous review of the best evidence on a specific topic".

(Melnyk & Fineout-Overholt, 2015, p.12)



National Guidelines Clearinghouse Criterion

- ✓ Systematically developed recommendations
- ✓ Produced under the auspices of a relevant professional organization
- ✓ Development process must have systematic literature search
- ✓ Current and the most recent version

(Agency for Healthcare Research and Quality, 2012)





To offer professional nursing organizations,

nurse scholars, nurse specialists and nurse leaders a systematic and standardized process to create a body of evidence-based clinical practice guidelines.



Professional Nursing Quality Clinical Academic Partnership Practice Guideline Organization Define Oversight Methodology Dissemination Clinical Management Standardization Education **Problem &** Evaluation Rigor **Target** Implementation **Population** Structure Process Outcomes

Outcome
Indicators:
Nursing
Practice &
Patient
Health

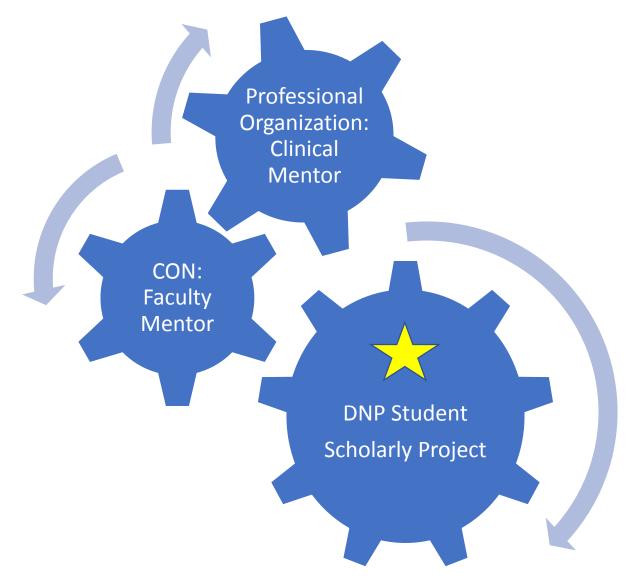


Pilot: School Nursing Evidence-based Clinical Practice Guideline: Students with Seizures and Epilepsy



Lepkowski & Maughan for the National Association of School Nursing. (2018).

Connecting the CPG Model to DNP scholarly projects!





Professional Nursing Organization

- Oversight
- Management
- Evaluation

Structure

- Identify priority topics
- Approve proposals
- Team composition
- Project timelines
- Documentation & submission
- Review & appraisal
- Revision & adoption
- Dissemination
- Sustainability



Academic Partnership

- Methodology
- Standardization
- Rigor

Process

- Rationale
- Purpose
- Methodology (CPG Model)
- Definition of terms
- Literature search & selection
- Critical appraisal & synthesis of evidence
- Formulate practice recommendations
- Format according to the Nursing Process & Domains of Care

Academic Partnership

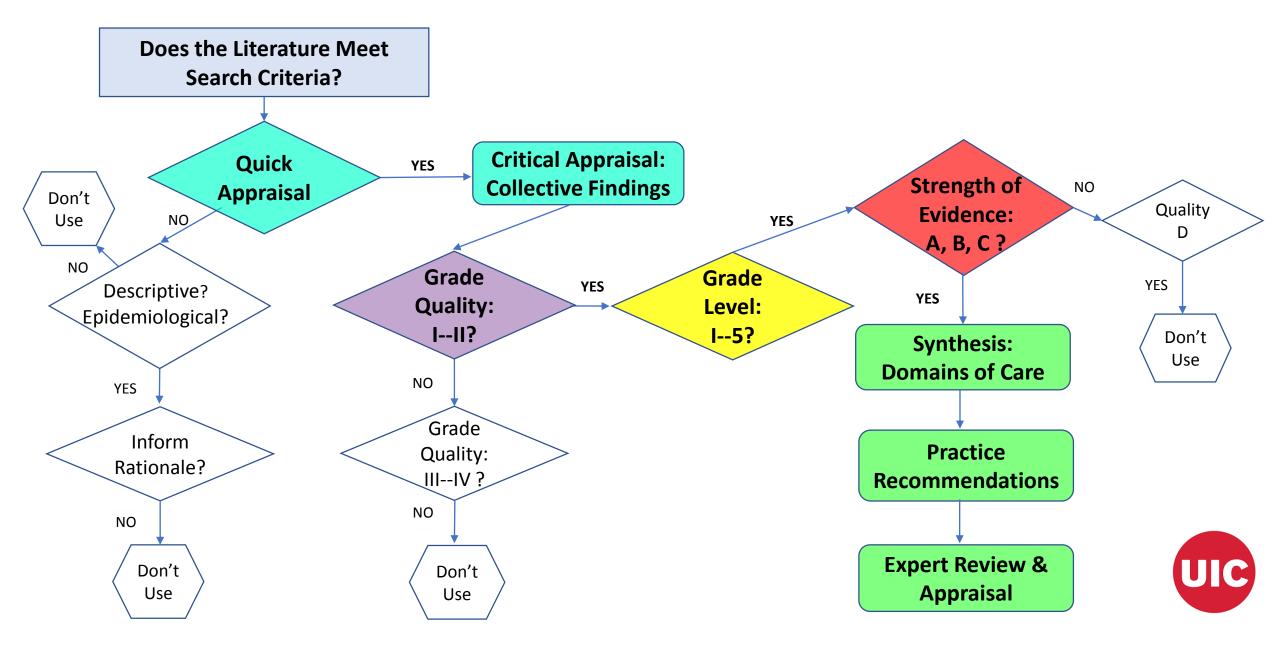
- Methodology
- Standardization
- Rigor

Process

- Literature search & selection
- Critical appraisal & synthesis of evidence



Clinical Practice Guideline Evidence Decision Tree



Evidence Collective Findings Table

RESEARCH ARTICLES

Reference	Purpose/Res	Study design, sample	Major strengths	Summary of Findings &	Q	L	S	Domains of Care
(Author,	earch	size, & characteristics	(S) &	Recommendations	u	e	t	(Themes)
Year, Title*)	Question		Limitations (L)		a	v	r	
					l	e	e	
					i	l	n	
					t		g	
					y		t	
							h	
1.								
2.						·		

OTHER EVIDENCE-BASED RESOURCES (Non-research articles, electronic sources)

Reference	Purpose	Description	Major Strengths	Summary of Findings and	Q	L	S	Domains of Care
(Author,		(literature review,	(S) and	Recommendations	u	e	t	(Themes)
Year, Title)		guideline,	Limitations (L)		a	v	r	
		practice/policy, etc.)			l	e	e	
					i	1	n	
					t		g	
					y		t	
							h	
1.								
2.								



Grading the QUALITY of Evidence						
Quality	Descriptor					
I	Acceptable quality: No concerns					
II	Limitations in quality: Minor flaws and inconsistencies in the evidence					
*	Major limitations in quality: Many flaws in the evidence					
IV*	Not acceptable: Major flaws in the evidence					
*Do not include sources of quality levels III & IV in the synthesis						



Grading the LEVEL of Evidence							
Level	Descriptor						
1	Evidence from systematic reviews, meta-analysis, evidence						
	guidelines and evidence summaries (expert panel						
	recommendations)						
2	Evidence obtained from well-designed RCTs						
3	Evidence from well-designed case-control and cohort studies &						
	systematic reviews of descriptive & qualitative studies						
4	Evidence from clinical research critiques, integrative literature						
	reviews, practice guidelines, clinical reference texts, legal						
	mandates						
5	Evidence from expert opinion, case reports, professional policy						
	or position paper						



Grading the STRENGTH of Practice Recommendations from the Evidence

Strength		Descriptor					
^A Strong		Based on consistent and good quality evidence; has relevance					
	Evidence	and applicability to school nursing practice					
В	Moderate	Based on evidence of moderate rigor or with minor					
	Evidence	inconsistencies in quality; has relevance and applicability to					
		school nursing practice					
С	Limited	Based on evidence that is limited, low level, or has major					
	Evidence	inconsistencies in quality; has relevance and applicability to					
		school nursing practice					
D	Insufficient	Insufficient or no evidence upon which to make a					
	Evidence	recommendation; based on traditional practice alone					
* -							





Academic Partnership

- Methodology
- Standardization
- Rigor

Process

- Formulate practice recommendations
- Format according to the Nursing Process & Domains of Care

Clinical Practice Guideline

- Dissemination
- Education
- Implementation

Outcome

- Rationale
- Purpose
- Methodology (CPG Model)
- Definition of terms
- Literature search & selection
- Critical appraisal & synthesis of evidence
- Clinical practice recommendations according to the Nursing Process & Domains of Care





School Nursing Evidencebased Practice Clinical Guideline: Students with Seizures and Epilepsy

Lepkowski, A. M. & Maughan, E. D. for the National Association of School Nurses. (2018).

https://www.pathlms.com/nasn/courses/8992



References

- AGREE Next Steps Consortium. (2013). *The AGREE II Instrument: Update.* Retrieved from http://www.agreetrust.org.
- Grinspun, D., Melnyk, B. M., & Fineout-Overholt. (2015). Advancing optimal care with rigorously developed clinical practice guidelines and evidence-based recommendations. In Melnyk, B. M. & Fineout-Overholt, E. (Eds.), Evidence-based Practice in Nursing and Healthcare: A Guide to Best Practice, (pp. 182-201). Philadelphia, PA: Walters Kluwer.
- Institute of Medicine. (2011). Clinical practice guidelines we can trust: Standards for Developing Trustworthy Clinical Practice Guidelines (CPGs). Retrieved from http://www.nationalacademies.org/hmd/~/media/Files/Report%20Files/2011/Clinical-Practice-Guidelines-We-Can-Trust/Clinical%20Practice%20Guidelines%202011%20Insert.pdf
- Melnyk, B. M. & Fineout-Overholt, E. (2015). Making the case for evidence-based practice and cultivating a spirit of inquiry. In B.M. Melnyk & E. Fineout-Overholt (Eds.), Evidence-based practice in nursing and healthcare: A guide to best practice (3rd ed., pp. 3-23). Philadelphia, PA: Walters Kluwer.
- Rich, K. (2012). Clinical guidelines: Grading the evidence behind the practice. Journal of Vascular Nursing, 30(4), 132-133. doi: org.proxy.cc.uic.edu/10.1016/j.jvn.2012.09.001
- Sciarra, E. (2012). The importance of practice guidelines in clinical care. Dimensions of Critical Care Nursing, 31(2), 84-85. doi:10.1097/DCC.0b013e3182445f62
- Titler, M. & Adams, S. (2005). *Guidelines for writing evidence-based practice guidelines*. IA: University of Iowa Nursing Interventions Research Center.
- U.S. Department of Health and Human Services & Agency for Healthcare Research and Quality. (2014).
 National Guideline Clearing House: Inclusion criteria. Retrieved from https://www.guideline.gov/help-and-about/summaries/inclusion-criteria

Acknowledgements

- Dr. Erin D. Maughan, PhD MS RN PHNA-BC FNASN FAAN NASN Director of Research
- Dr. Angela Lepkowski, DNP RN NCSN PHNA-BC
 Clinical Assistant Professor, UIC College of Nursing
- Dr. Martha Dewey Bergren, DNS RN NCSN PHNA-BC FNASN FASHA FAAN Director, Advanced Population Health, Health Systems Leadership & Informatics, UIC College of Nursing



THANK YOU! QUESTIONS/COMMENTS?

Robin Adair Shannon, DNP, RN, NCSN, PHNA-BC University of Illinois at Chicago College of Nursing rshann2@uic.edu

