# Preparing Pre and Post-doctoral Nurses to Lead Healthcare Transformation Utilizing an Interprofessional Fellowship Experience

Corrine Abraham, DNP, RN, Emory University Ruth Kleinpell, PhD, RN FAAN, Vanderbilt University Mary Dolansky, PhD, RN, FAAN, Case Western Reserve Kyler Godwin, PhD, MPH, Baylor College of Medicine

Suzie Miltner, PhD, RN, UAB
Patrician Patrician, PhD, RN, UAB
Jull Scott-Cawiezell, PhD, RN, University of Iowa
Margaret Wallhagen, PhD, RN, UCSF
Brant Oliver, PhD, MPH, FNP-BC, PMHNP-BC, Dartmouth
Charlene Pope, PhD, RN, MUSC
Judith Pechacek, DNP, CENP, RN, UMN
Eleanor McConnell, PhD, RN, Duke
Nely Amaral, BSCN, RN, IBCLC, Toronto





1

# Acknowledgements

- The authors have no conflicts of interest to disclose.
- The VAQS program is supported by the VA
   Office of Academic
   Affiliations and includes
  - Houston Coordinating Center,
  - National program sites, and
  - Partnerships with the VA Rural Scholars program and the
  - Toronto Quality Scholars program.



## Learner Outcome

The learner will be able to identify strategies for enhancing post-doctoral fellowships in order to expand the pipeline of doctorally prepared nursing leaders who can optimize healthcare system outcomes focusing on quality improvement, safety, and system redesign.



3



# **VA Advanced Fellowships**

#### **Foundational Goals**

- Professional Development
- Partnership & Teams
- Communication & Advocacy
- Healthcare Environment

#### **Emphasis Areas**

- Interprofessional Collaboration
- Leadership
- · Healthcare Improvement



https://www.va.gov/OAA/Advanced\_Fellowships/Explore\_our\_Fellowships.asp

5

# **VHA Post Doctorate Experiences**

- Fellowships in the VHA
  - Nursing Post-Doctoral Fellowship Program
  - VA Advanced Fellowship in Geriatrics
  - VA Fellowship in Women's Health
  - VA Interprofessional Fellowship Program in Patient Safety
  - National Clinical Scholars Program
  - VA Quality Scholars Program (VAQS)
- Characteristics
  - Function in professional role outside of academic environment
  - Collaborate with diverse group of interdisciplinary researchers
  - Proposed study is relevant to care of Veterans
  - Promote integration of significant research findings into clinical care of Veterans

(Hobbs et al., 2008) (https://www.va.gov/NURSING/research/rsrchFunding.asp#train) AQS Contractor of their

# **VAQS** Purpose

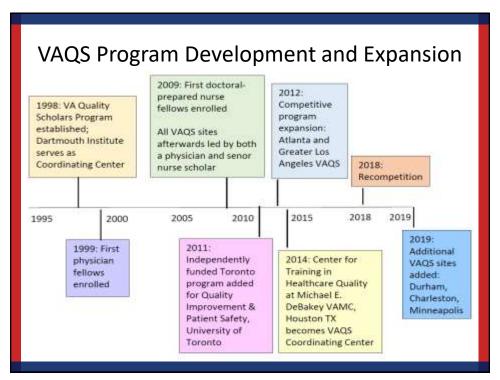
The VA Quality Scholars Program trains leaders in quality and patient safety for the VA and health care nationally and internationally

Interprofessional emphasis with physicians, doctoral-trained nurses, clinical psychologists and pharmacists as fellows and senior scholars

Adapted from M. Dolansky, 2018



7







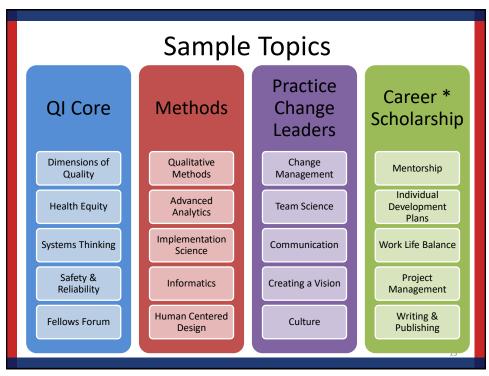
#### VAQS Competencies Reflect This Vision

- Interprofessional collaboration and team work
- Improvement and implementation science
- Organization and systems leadership
- Methodological skills and analytic techniques for improvement and research
- Teaching & coaching



11





# Implementation Strategies

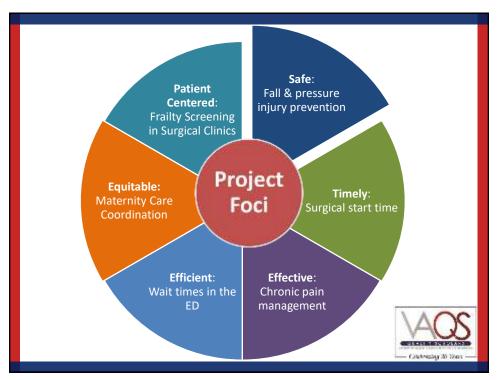
#### **STRUCTURE**

- Learning Community
- Collaboration
- Networking
- Local curriculum
- Mentorship
- Individualized experiences

#### **RESOURCES**

- Academic Practice Partnership
- International experts
- National network
- Special Interest groups
- Standardized Tools





# **Example Fellow Projects**

- Utilization and Standardization of RAI-Frailty Screening Across Surgical Clinics: A Quality Improvement Initiative (Atlanta)
- Women Veteran's Experience with Maternity Care Coordination (White River Junction)
- Interventions to Improve Tobacco and Alcohol Screenings Among Inpatient Veterans (Birmingham)

17

# **Example Fellow Projects**

- Implementation of Sepsis Protocol in VISN 10 TeleICU Hub (Iowa City)
- Use of Behavioral Interventions to Improve Outpatient Antimicrobial Stewardship (Nashville)
- Improving HTN Treatment in the Primary Care Clinic (Cleveland)



# **Nurse Fellows**

- 51 nurses have completed the program
  - 24 PhDs,
  - 19 DNPs,
  - 8 pre-doctoral
- 21 nurses are enrolled currently
  - 7 PhD,
  - 6 DNP,
  - 8 pre-doctoral



Outcomes (2012-2019)	
Scholarly Outcomes	Examples
<ul><li>130 articles in peer-reviewed journals</li><li>60 led by Nurse Fellows</li><li>Three Book Chapters</li></ul>	Advances in Nursing Science Health Affairs American Geriatrics Society Midwifery & Women's Health BMJ Quality & Safety Joint Commission Journal of Quality & Safety American Nurses Association
40 National Presentations	Institute for Healthcare Improvement Translational Science Annual Meeting Implementation Science Research Network Midwest Nursing Research Society Quality and Safety Education in Nursing (QSEN) Summit on Leadership & Quality Implementation Science Research Network
Funded Projects	Office of Nursing Service, VHA Office of Academic Affiliations, VHA T32

# **Impact**

- Fellows and alumni have significantly contributed to the strategic priorities of local and national VA through:
  - Collaboration with VAQS alumni, VA staff, affiliate trainees and faculty, and VA program offices
  - Involvement as educators during fellowship resulting in curriculum development and course redesign
  - Attainment of diverse roles as researchers, health system leaders, educators, and national experts
  - Leadership in International organizations (e.g. QSEN)



# Placement after Fellowship

- 30% employed with federal government
  - Clinical Care (VA)
  - Leadership (VA & PHS)
  - Research (NIH)
- 27% contribute to QI leadership in healthcare settings outside of VA
- 40% with academic appointments



# **VAQS Alumni**

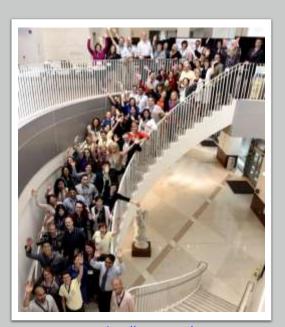
- Alumni hold leadership positions that directly influence health care improvement
  - Director of Behavioral Health and QI Specialist
  - Research Nurse Scientist/Faculty
  - Coordinator for EBP/Faculty
  - United States Public Health Service Commissioned Corp Officer
  - Manager of Nursing Excellence/ Magnet Program Director
  - Director of Risk Management and QI Education
  - Director of Quality and Performance



25

# Community of Scholars

Hear the Views
of Others,
Share your
Views,
Create innovative
solutions,
To improve
healthcare!



https://www.vaqs.org/

# Recommendations

Pre and post doctoral experiences for DNP and PhD nurses are necessary to build human capital for enhancing the science of improvement, interprofessional collaboration, and health outcomes.



27

# Questions https://www.vags.org/coordinating-center/summer-institute/#!

# VAQS Coordinating Center Directors:

Aanand Naik, Kyler Godwin, Mary Dolansky

#### **Core Faculty:**

Jessica Eng, Molly Horstman, Sylvia Hysong, Suzie Miltner, Brant Oliver, Anne Tomolo

#### Staff:

Jade Jennings, Audrey Mendez, Tracey Rosen,, Jacky Shahin

#### **Education Fellows:**

Kelley Arredondo, Joshua Hamer, Sudha Yarlagadda

Prior Coordinating Center: The Dartmouth Institute (1998-2014)









29

# Senior Nurse Faculty

#### **Atlanta**

Corrine Abraham, DNP, RN Clinical Assistant Professor, Director DNP Program Nell Hodgson Woodruff School of Nursing, Emory University

#### Birmingham

Patricia A. Patrician, PhD, RN, FAAN Donna Brown Banton Endowed Professor School of Nursing, University of Alabama at Birmingham

#### Charleston

Charlene Pope, PhD, MPH, RN, FAAN, Associate Professor, Medical University of South Carolina

#### Cleveland

Mary A. Dolansky, PhD, RN Associate Professor of Nursing Frances Payne Bolton School of Nursing, Case Western Reserve University



# Senior Nurse Faculty

#### **Durham**

Eleanor McConnell, PhD, RN Associate Professor School of Nursing, Duke University

#### **Iowa City**

Jill Scott-Cawiezell PhD, RN, FAAN Professor University of Iowa College of Nursing

#### **Los Angeles**

Shelly de Peralta, DNP, ACNP-BC VA Greater Los Angeles Healthcare System

#### Minneapolis

Judith Pechacek, DNP, CENP, RN Clinical Associate Professor, Director DNP Program, School of Nursing, University of Minnesota



31

# Senior Nurse Faculty

#### **Nashville**

Ruth Kleinpell, PhD, RN, FAAN Assistant Dean for Clinical Scholarship, Professor Vanderbilt University School of Nursing

#### San Francisco

Margaret Wallhagen, PhD, GNP-BC, AGSF, FAAN Professor, Department of Physiological Nursing School of Nursing - University of California, San Francisco

#### White River Junction

Brant Oliver, PhD, NP, MSN, MPH, APRN-BC Assistant Professor The Dartmouth Institute, Dartmouth University

#### **Toronto**

Nely Amaral, BScN, RN, IBCLC Sinai Health System



### References

- AACN. (2016). Advancing Healthcare transformation: A new era for academic nursing. Washington, DC: Author. Retrieved from http://www.aacnnursing.org/Portals/42/Publications/AACN-New-Era-Report.pdf
- Dolansky, M., (2018). VAQS Brief Overview. Podium presentation at the VAQS Summer Institute, Houston Texas.
- Hobbs, J., Shively, M., Bormann, J., Johnson, L., Alt-White, A., & Fairman, J. (2008). The Department of Veterans Affairs pre- and post-doctoral nurse fellowships: Diverse opportunities for research. *Nursing Outlook, 56* (2), 84-89.
- Jacob, B., & Lefgren, L. (2011). The Impact of NIH Postdoctoral Training Grants on Scientific Productivity. *Research Policy*, 40(6), 864-874.
- Melnyk, B. (2013). Distinguishing the preparation and roles of Doctor of Philosophy and Doctor of Nursing Practice graduates: National implications for academic curricula and health care systems. *The Journal of Nursing Education*, 52(8), 442-448.
- Patrician, P., Dolansky, M., Estrada, C., Brennan, C., Miltner, R., Newsom, J., . . . Moore, S. (2012). Interprofessional education in action: The VA Quality Scholars fellowship program. *The Nursing Clinics of North America*, *47*(3), 347-354.

- Patrician, P., Dolansky, M., Pair, V., Bates, M., Moore, S., Splaine, M., & Gilman, S. (2013). The Veterans Affairs National Quality Scholars program: A model for interprofessional education in quality and safety. *Journal of Nursing Care Quality*, 28(1), 24-32.
- Ponte, P., Hayman, L., Berry, D., & Cooley, M. (2015). A new model for postdoctoral training: The Nursing Postdoctoral Program in Cancer and Health Disparities. *Nursing Outlook*, *63*(2), 189-203.
- Redman, R., Pressler, S., Furspan, P., & Potempa, K. (2015). Nurses in the United States with a practice doctorate: Implications for leading in the current context of health care. *Nursing Outlook*, *63*(2), 124-129.
- Schexnayder, J., Dolansky, M., Miltner, S., Godwin, K., & Patrician, P. (2017). *Veteran's Health Administration National Quality Scholars Fellowship Program*. Podium presentation at the QSEN National Conference.
- Sherry, D., Fennessy, M., Benavente, V., Ruppar, T., & Collins, E. (2013). Important considerations when applying for a postdoctoral fellowship. *Journal of Nursing Scholarship*, 45 (2), 210-21
- Trautman, D., Shannon, I., Hammersla, M., & Rosseter, R.(2018) Advancing scholarship through translational research: The role of PhD and DNP prepared nurses. *Online Journal of Issues in Nursing*, 23(2), 1 10.
- Udlis, K., & Mancuso, J. (2015). Perceptions of the Role of the Doctor of Nursing Practice-Prepared Nurse: Clarity or Confusion. *Journal of Professional Nursing*, 31(4), 274-283.