Beyond the Borders: A Fulbright Journey

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Acknowledgements

Fulbright Organization

The U. S. Department of State

West Chester University of PA
Jordan University of Science and Technology
AACN Themes and Learning outcome

• **Conference Theme:**
  • Breaking Barriers, Building Bridges: Engineering Pathways for the Future

• **Building Nursing Science Capacity:**
  • Impacting Global Health and International Engagement

• **Learning outcome**
  • Identify challenges and strategies for successful international engagement

Objectives

• Discuss what is Fulbright?
• Reflect on my journey as a Fulbright Scholar
• Identify challenges and resources for your Fulbright Journey
What is Fulbright?

- Established in 1946 by Congress
- Sponsored by the U.S. Department of State
- Funding: by the U.S. and participating countries
- Administered by IIE
- About 160 countries participate

Who can go?

- Faculty, administrators, artists, journalists, lawyers, etc.
- US Scholar program
  - PhD or other terminal degree required
Why should we go?

Teach

Research

Both

Cultural and Knowledge Exchange

https://www.cies.org/virtual-toolkit

https://www.iie.org/

Jordan: An Interesting Country
JUST: A Prestigious University

My life at JUST as a Fulbright Scholar
Spring 2019
Jordan: Health Care System

- Population: 9.3 million
  - 2.9 million guests
- Hashemite Kingdom of Jordan
- Ruler: King Abdullah
- Religion-Muslim (92%; 6% Christians, 2% other)
The Distribution of Hospital Beds in Jordan by Health Sectors, 2013

Background of Nursing Education in Jordan

- 1953-1998: Diploma in Nursing
- 1972: First BSN programs
- Several MSN Programs (1986)
- One PhD Program (2005)
- Midwifery Program
Campus view of JUST & KAUH, Irbid
Campus on April 3, 2019 at 10AM

JUST: Faculty of Nursing

- Established in 1983 (2 faculty members and 23 students)
- Designated as a WHO–collaborating center since 1997
- Was accredited by AUCC and CIDA, Canada in 1998
- ACEN Accredited Since 2019
JUST Faculty of Nursing (FON)

Faculty Prep:
PhD: 48
Masters: 27
Clinical trainers: 17

Students
BSN: 995
MSN: 197
Bridge:
Midwifery:
PhD (in progress)

KAUH, Irbid, Jordan

AHA Training center

Burns Unit

PICU/NICU

BLS
PALS
ACLS

Lippincott manual

Crash carts, similar checkoffs
My Responsibilities

• Teach
• What did I really do?
  • In the Faculty of Nursing
  • In the University
  • Outside the University

Engagements
Outside the University
### Challenges

<table>
<thead>
<tr>
<th>Challenges</th>
<th>Possible Solutions</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Language and culture</td>
<td>• Try to learn the language</td>
</tr>
<tr>
<td>• Pre-departure communication lack</td>
<td>• Varies from locations</td>
</tr>
<tr>
<td>• Transport</td>
<td>• Uber/bus/Kareem</td>
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<tr>
<td>• Fluidity of plans</td>
<td>• Have a flexible plan</td>
</tr>
<tr>
<td>• Fear of International travel</td>
<td>• Change of time and long flights</td>
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<tr>
<td>• Finances concerns</td>
<td>• If possible, get Sabbatical</td>
</tr>
<tr>
<td>• Health concerns/weather</td>
<td>• FB Insurance</td>
</tr>
<tr>
<td>• Safety was not an issue for me</td>
<td></td>
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</table>

### Tips for Application: Fulbright Scholar

- Catalog of FB awards
- Select the right award, right location
- Match your expertise, experience and award description
- Speak with someone with regional FB experience
- Consider how your award is relevant to the host country
- Get the support letter from your host institution

[https://www.cies.org/virtual-toolkit](https://www.cies.org/virtual-toolkit)
### Review Process and Timeline: 2020-2021

<table>
<thead>
<tr>
<th>Date Range</th>
<th>Event Description</th>
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</thead>
<tbody>
<tr>
<td>SEPT. 16, 2019</td>
<td>Application Deadline</td>
</tr>
<tr>
<td>SEPT.</td>
<td>Program staff conducts technical reviews for completeness</td>
</tr>
<tr>
<td>OCT. – NOV.</td>
<td>U.S. Peer review</td>
</tr>
<tr>
<td>NOV. – JAN.</td>
<td>Applicants notified; applns. sent to host countries/FBS Board</td>
</tr>
<tr>
<td>JAN. – APRIL, 2020</td>
<td>Grantees notified of final approvals</td>
</tr>
<tr>
<td>MAY 2020 onward</td>
<td>Grantees prepare for grants</td>
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[https://us.fulbrightonline.org/about/competition-timeline](https://us.fulbrightonline.org/about/competition-timeline)

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**Bon Voyage!**

- You receive letters from the President
- Letters from your Senator
- Book the ticket
- Get it approved by the FB Office
- FlyAmerica Act
- Blessings on your application process
Strengths of Nursing Education And Nursing

- Jordanian Nursing Council (JNC)
- Governed by a board headed by Her Royal Highness Princess Muna Al Hussein as president of the council.
- The board is comprised of 14 key representatives of the health care institutions.
  - Controls CEUS
  - Certification
  - NCLEX examination with Pearson Vue

Strengths of Nursing Education at JUST

- Closely work with Ministry of Health
- Clinical placement is easy
- WHO Collaborative Center
- IT Support and development
- Accredited programs
- IPE work
- Strong Research support
- Several faculty certified in research misconduct fellowship by UCSD
Challenges

- More male applicants
  - Limit it to 30% → Mostly become faculty
- Use of textbooks published in US/European context
- Lack of Cultural congruence in the textbooks

Weaknesses of Nursing Education at JUST

- Lack of professional organizations similar to STTI
- Majority of STTI members are in Amman
- Lack of clinical experience for faculty
Fun & Food in Irbid: University ('JAMA’ Street')

Food
References


• Fulbright Scholar Program https://www.cies.org/

• Virtual toolkit: https://www.cies.org/virtual-toolkit

• Faculty of Nursing at JUST: http://www.just.edu.jo/FacultiesandDepartments/FacultyofNursing/Pages/Default.aspx