

THE ABCS OF PROMOTING COLLABORATION AND PRODUCTIVITY OF NURSE SCIENTISTS VIA A RESEARCH RETREAT

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THE PURPOSE

Since 2009, each year we ask ourselves “**why a retreat?**”

How will this time be relevant and meaningful to the individual and the school?

- Faculty are busy
- Resources are tight



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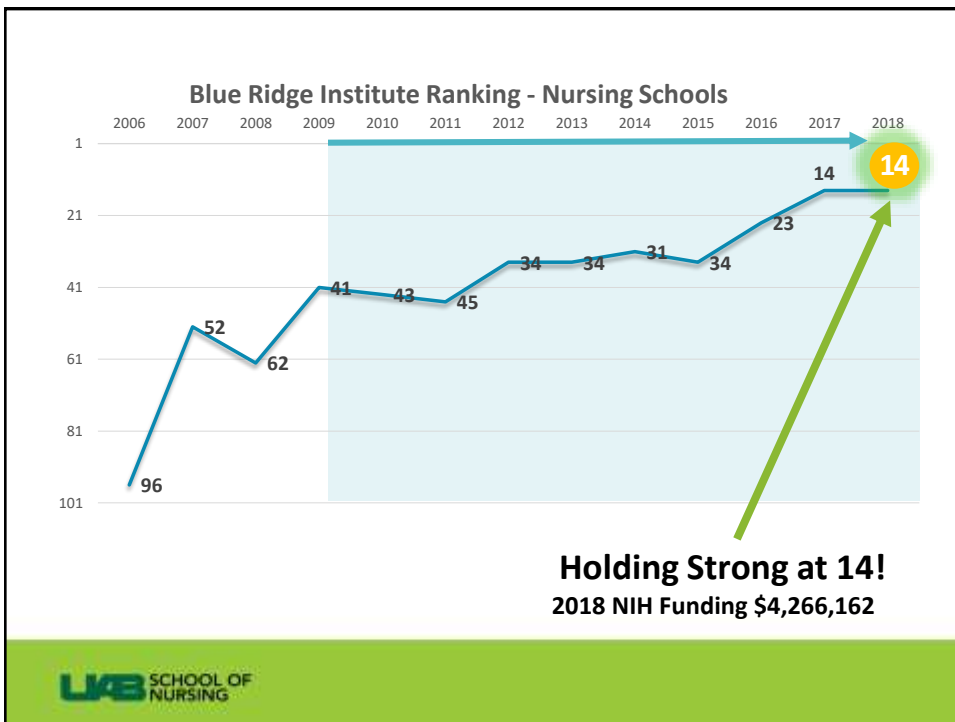
THE PURPOSE



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First things first...

IT IS NEVER TOO EARLY TO START PLANNING!

THINGS TO CONSIDER

Who

- Identify your stakeholders
- Expand your invitation list to include scholars across the missions

What

- Define the purpose of the retreat
- Identify outcomes

Where

- Look for a comfortable & energizing space to hold the meeting
- Easily accessible

When

- Plan for early mornings that can flow into and end at lunchtime



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RETREAT PLANNING



Using faculty feedback from past years guides the development of the day's activities.

- Our planning for the next retreat begins the day after the last one ends

To tie together the activities of the day, use a theme

- "Team Science"
- "Thinking INSIDE the Box"
- "Ready, Set, Goal!"
- Researchers on the Rise



Provide a mix of activities

- Focus on ideas not skills!
- Invite outside speakers
 - Interdisciplinary Researchers
 - University Administration
- Table Activities to Share with the Larger Group
 - Create a research team with the skills of the table
 - Address common concerns and issues

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RETREAT PLANNING



HAVE AN AGENDA

Stay on schedule - Plan bio breaks - Build in time for organic mingling

Use space and resources to enhance the meeting

- The set-up of the room can facilitate or inhibit a feeling of connection
 - *Create intimacy - close but not crowded*
- Assign seats to create a mix of faculty by rank, and with people who may not know each other or have varied programs of study



Refreshments

- As much as resources allow, provide at least 1 meal (it does not have to be fancy)

Staff Support

- Be sure to allocate as much staff support as you may need to "take care of your guests"

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Fostering Collegial Mentorship & Collaboration

- Developing scholarly relationships
- Meet people where they are



Success is not linear

Not all roads lead to NIH

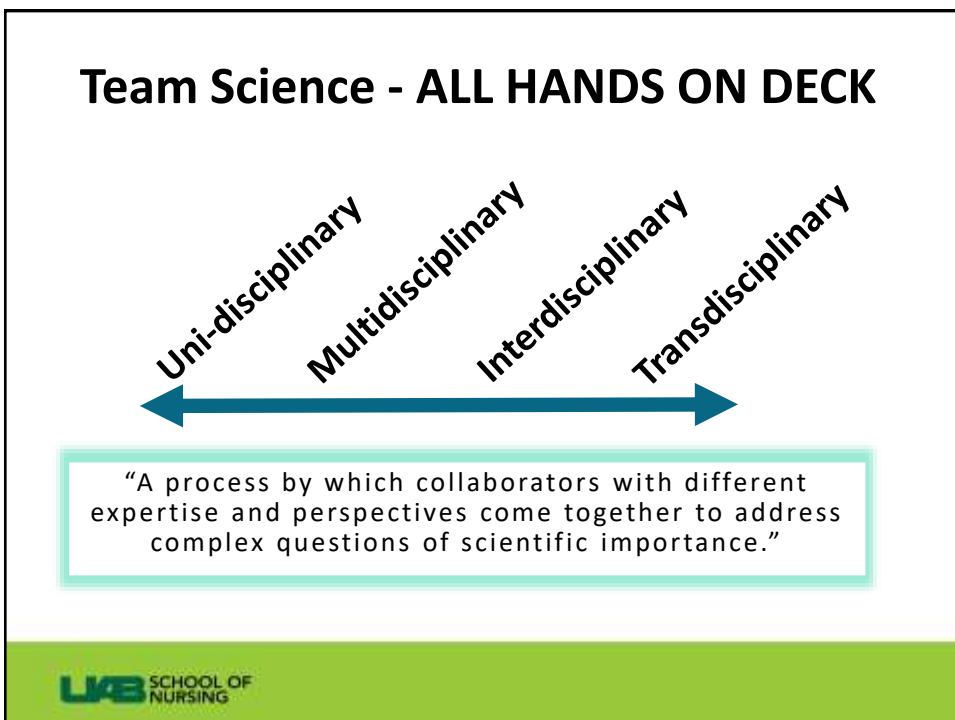
Impact is measured in different ways

Tangible goals setting

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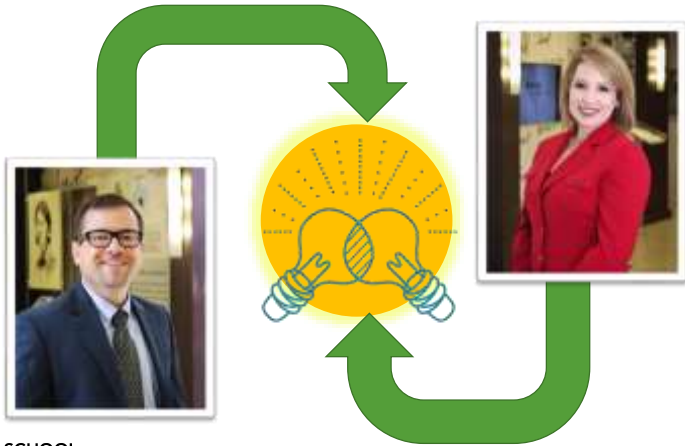
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BUILDING TEAM SCIENCE

Be open to unexpected collaborations



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The University of Alabama at Birmingham

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Synergistic Scholarship

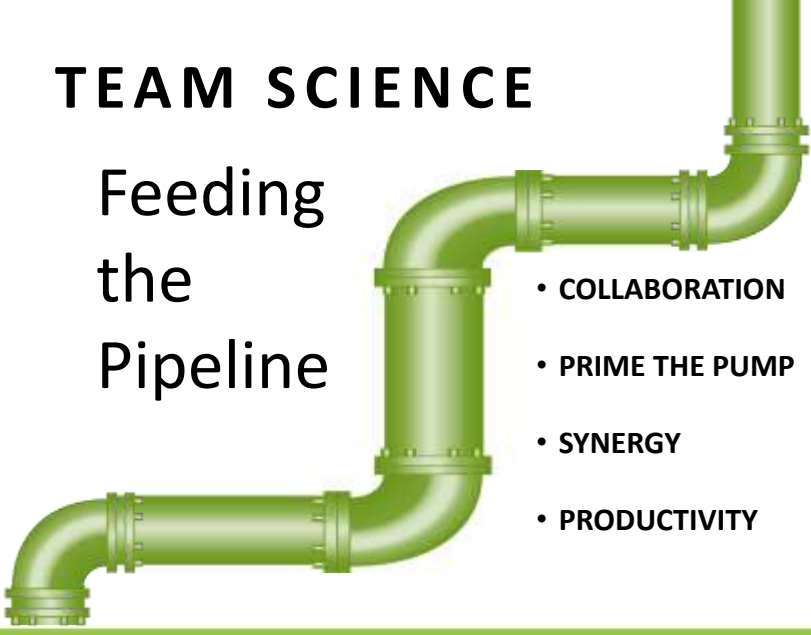


The image features a central photograph of a meeting room with several people seated around tables. Overlaid on this are three smaller inset photos: one showing two people in conversation, another showing a group of three people, and a third showing a man speaking. Two circular icons are also present: one with a brain and another with a lightbulb, both in a yellow and blue color scheme.

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TEAM SCIENCE

Feeding the Pipeline



- COLLABORATION
- PRIME THE PUMP
- SYNERGY
- PRODUCTIVITY

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RESEARCH SURVIVAL KIT

A rubber band to remember to be flexible

A sponge to remind you to be open to soaking up new ideas

A paper clip to remind you to hold it together

An eraser to remind you that mistakes are not permanent

Tootsie Rolls to remind you that sometimes you just have to roll with it.

A bandage to remind you to move on from hurts and criticisms

A compass to help you lead the way for your reviews.

Confetti to remind you to celebrate your hard work

A penny for your thoughts and to remind you that they are valuable

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School Mascot



Spirit Animals



Inspirational Quotes



UNB SCHOOL OF NURSING Tchotchkes, Talismans, and Souvenirs

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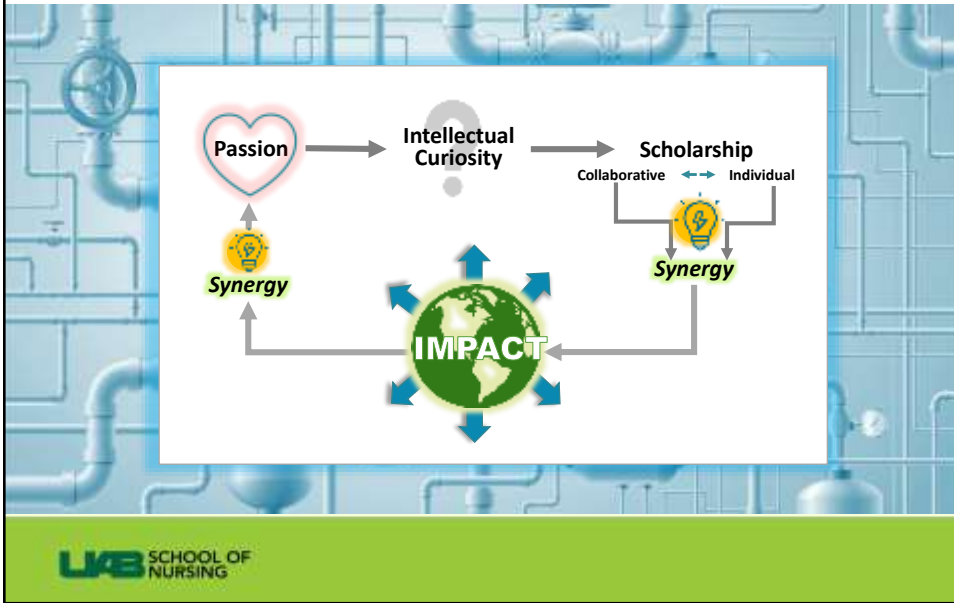


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The Scholarship Pipeline



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