

# AURORA UNIVERSITY

## A Culture & Diversity Nursing Course: Key Aspects

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## Culture & Diversity

When people discuss culture it typically focuses on geography and diversity focuses on race. However, to accurately talk about culture & diversity, one must consider race, ethnicity, gender, sexual orientation, religion, socio-economic status, being able bodied and various learning styles.



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## Aurora University Freshman Course: Professional Nursing, Culture, & Health Care

- This Freshman course introduces culture & diversity. It promotes empathy & growth, focusing on cultural competency. A cultural competency self-assessment is taken both at the beginning and end of course. A reflection on this growth is a focus.



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Cultural Competence Self-Assessment Checklist		www.rapworkers.com 1			
Awareness		Never	Sometimes/ Occasionally	Fairly Often/ Pretty Well	Always/ very well
Value Diversity	I view human difference as positive and a cause for celebration				
Know myself	I have a clear sense of my own ethnic, cultural and racial identity				
Share my culture	I am aware that in order to learn more about others I need to understand and be prepared to share my own culture				
Be aware of areas of discomfort	I am aware of my discomfort when I encounter differences in race, colour, religion, sexual orientation, language, and ethnicity.				
Check my assumptions	I am aware of the assumptions that I hold about people of cultures different from my own.				

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## Six Diverse Group Case Studies

- Sexual orientation & gender identity
  - Caitlyn Jenner; transgender
- Race & ethnicity
  - Rodney King (1992) & George Floyd (2020)
- Class & income
  - Redlining (Chicago), Healthcare disparities
- Gender
  - Gender gap – for last 20 years females make 82%
- Mental disabilities
  - Andrea Yates; Postpartum depression, drowned 5 children
- Physical disabilities
  - Stephen, a wheelchair user needing an adjustable desk in an accessible meeting room and clear isles

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## Strategies to promote learning

- Cultural competence self-assessment
- Culture paper
- Culture presentation
- Six different diverse groups are presented with case studies to promote empathy, critical thinking and reflection.
- Live interviews with people from 6 counties studied.
- Mentoring with Senior nursing students



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Questions for France:

1. What is the biggest difference between the US and France?
2. What is schooling like in France?
3. What hospitals are like compared to US hospitals?
4. What is a biggest flaw in the France's healthcare system?
5. What is the typical diet in France?
6. What is the ratio of female vs male nurses in France?
7. What happens during the typical MD visit? Take vital signs (Blood pressure, temperature, pulse)? Electronic medical record data entry? Are MRI's and CAT scans used frequently?
8. Are doctor office visits different?
9. How are patient/nurse/doctor interactions different in France?
10. What is out of pocket cost to deliver a baby in France?
11. Is insurance from the government or private in France?
12. Cost of insurance – who pays for it in France and how much is it compared to what you pay in the US?
13. How often do you go in for a wellness exam in France?
14. Is smoking/vaping popular in France?

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## Survey results of most effective teaching strategy

- Zoom interviews of a person from each of the 6 countries studied rated in top 2 for both years.



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## References

- ACHA guidelines (2011) Cultural Competency Statement
- Greater Vancouver Island Multicultural Society (N.D.) Cultural Competence Self-Assessment Checklist. [www.rapworkers.com](http://www.rapworkers.com).

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## Questions?



*Questions are the path to learning*

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