



# CULTURAL COMPETENCY IN HEALTH CARE FOR NURSING STUDENTS

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## Introduction

- CSUF founded in 1957 is a public university in Orange County, California.
- The largest student body of the California State University system with more than 40,000 students enrolled in Fall 2022.
- CSUF is an Hispanic-Serving Institution, and is eligible to be designated as an AANAPI serving Institution.

## The Purpose

The purpose of this project is to:

- Evaluate the current course offered in the prelicensure nursing Program.
- Assess the need for a renewed course by surveying both students and faculty on health diversity and cultural competency.
- Develop and integrate a cultural competency course in health care tailored to prelicensure nursing students.

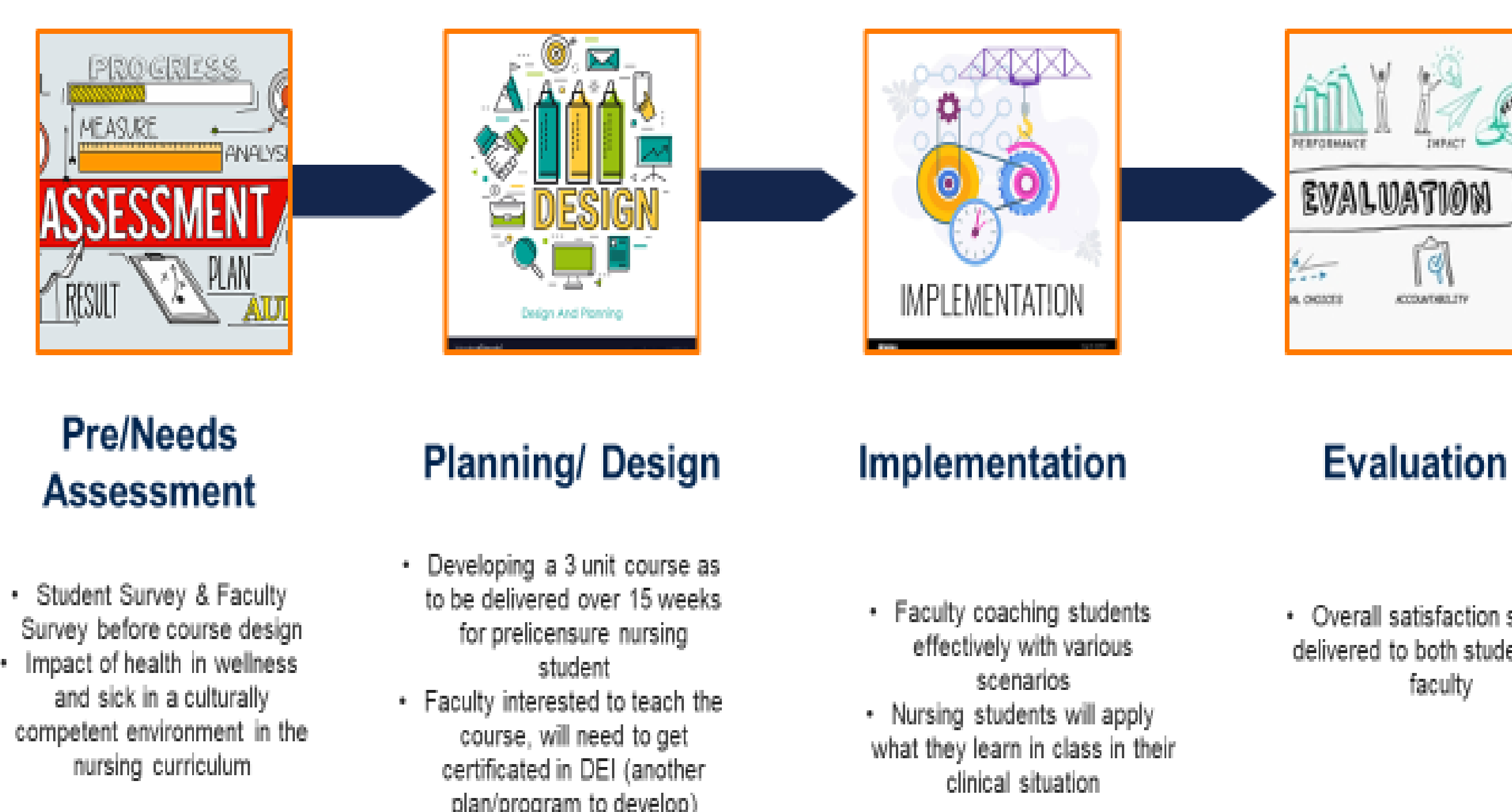
## Implementation Timeline

- Spring 2023: Preassessment
- Fall 2023: Needs Assessment
- Fall 23-Spring 2024: Planning the course and Approval
- Summer 2024: Faculty workshops on DEI and cultural competency
- Fall 2024: Offering the course
  - End of Fall 24: Course evaluation

## Problem Statement & Significance

- Inequality between student body with that of the OC population and that of the faculty enrolled in CSUF,
- Nursing curriculum needs to incorporate the necessary tools to educate our future nurses on Health diversity through the development of a course on cultural competency.
- Incorporating such a course will ensure preparing our future nurses to be culturally competent, especially that the majority of our students are from a culturally diverse backgrounds.
- Currently, the prelicensure nursing students take a one unit course on diversity, equity and inclusion in wellness and sickness as an online course in 8-weeks barely touching on issues related to diversity, equity and inclusivity.

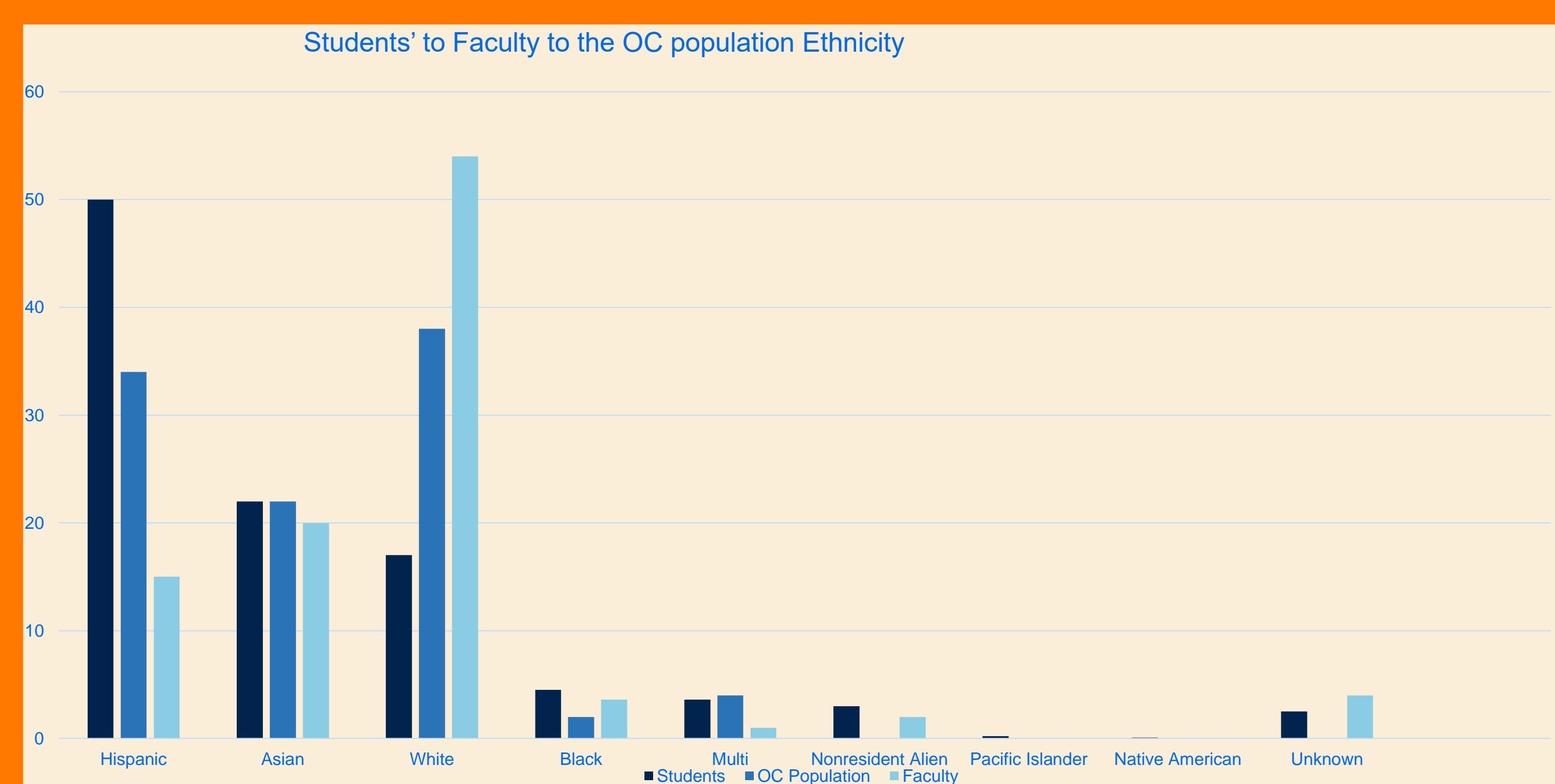
## The Plan



Cal State Fullerton

## The course

- It focuses on transforming prelicensure nursing students, by preparing them for nursing practice, research, education, and public health policy for the improvement of patient healthcare outcomes in our increasingly diverse society, by ensuring them being culturally competent to provide equal health care and ensure inclusivity and be sensitive to the diverse population they serve.
  - Course's SLO:
    - Prioritize the social and cultural factors that affect health in designing and delivering care across multiple contexts.
    - Construct socially and empirically derived cultural knowledge of people and populations to guide practice and research.
    - Identify healthcare systems in need of transformation to address social justice and health disparities.
    - Conduct culturally competent scholarship that can be utilized in practice.
    - Reflect on their own values, perspectives, and experiences, as they relate to their ability to be a culturally competent healthcare provider.



## Rational

- It is know that people of diverse backgrounds experience significant health disparities and limited access to appropriate healthcare services.
- Ensuring that prelicensure nursing students be culturally competent upon graduation, will enable them to provide patients with a more culturally sensitive care.

## Conclusion

- Enabling nursing students to be culturally competent is our responsibility as faculty.
- Ensuring faculty are aware and competent as well before starting a course.
- The future of nursing care lays upon educating our nurses to be inclusive, competent and sensitive to others, in order to promote health equity in a very diverse environment.

# diversity, equity, & inclusion

## American Association of Colleges of Nursing

### Diversity Leadership Institute: Capstone Presentations and Graduation

#### Cultural Competency in Health Care for Nursing Students

Najood Azar, PhD, MSN, MSN-Ed, RN

##### Biography

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Dr. Najood Azar is an Associate Professor at the SON, CSUF. She earned her BSN from Jordan University of Science and Technology, a master degree in Nursing Education from University of Jordan, a masters degree in research (Family and caregiving) from University of Alabama at Birmingham, and her PhD in Nursing from Azusa Pacific University.

Dr. Azar brings several clinical and academic experiences from the United States and overseas, including medical-surgical and pediatrics as a practicing clinical nurse since 1997. Dr. Azar has also been involved in academia since 2001, she teach across programs (undergraduate, Upper Transfer Programs, Entry Level Master programs and Doctoral as well). She supervised many MSN students projects, comprehensive exams, and mentored several DNP and PhD students, both as a primary and secondary advisors, and as a committee member and chair.

Dr. Azar's research interest include that related to immigrants' health especially the pediatric population. She has worked on research related to smoking, secondhand smoke, children with disabilities, acculturation, etc..

She has several papers published in journals, edited a book chapter related to the health of the Jordanian American population in Transcultural Nursing: Assessment and Intervention book.

##### Contact Information

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