# <u></u> Y'a

## Y'all In!!! American Association of Colleges of Nursing Diversity Leadership Institute 2021 Capstone Project

## RACHEL HIRSCHEY, PHD, RN

### BACKGROUND

Informed by the Framework for Diversity<sup>1</sup> that specifies 4 dimensions that operate around an institutional mission.



#### UNC School of Nursing Mission: Distinctly empowered to advance health for ALL

Dimensions	Examples of structures & activities in place at UNC SON
Institutional Viability & Vitality	<ul> <li>Associate Dean of Inclusive Excellence</li> <li>Office of Inclusive Excellence (OIE)</li> <li>OIE Advisory board</li> <li>Staff organization and events</li> </ul>
Access & Success	<ul> <li>Holistic admissions</li> <li>Student organizations (e.g. United We Stand)</li> </ul>
Education & Scholarship	<ul><li>Curriculum redesign</li><li>Syndemic research focus</li></ul>
Climate & Intergroup Relations	<ul> <li>Courageous dialogs</li> <li>Levine Wellness Center</li> <li>Y'all In!!!</li> </ul>



A program focused on climate & intergroup relations to facilitate and sustain faculty, staff, and students to lead activities through the Office of Inclusive Excellence

## Y'ALL IN PROCESS

- 1. Complete intent form & send to OIE Associate Dean
- Discuss & plan with OIE Associate Dean and/or OIE advisory board (Associate Dean will determine if advisory board input is warranted)
- 3. Refine proposal (if necessary)
- 4. Complete activity
- 5. Submit evaluation to OIE
  - Written reflective summary about experience with the activity (<200 words). May include reflections on what was difficult, what one enjoyed or learned from leading activity.
  - If formal assessment from participants completed, attach results
  - Will be used to help OIE track& evaluate activities
- 6. Post participation sign to help create visual commitment to DEI in the SON



### Y'ALL IN PILOT PROJECT: Stopping <del>Micro</del>aggressions in the SON

#### Y'all In: EXAMPLE INTENT FORM

**Describe activity (<100 words):** Interactive workshop to practice identifying, interrupting and recovering from being made aware you committed a micro-aggression. One hour session (10 min overview of microaggressions and steps to follow when you experience or witness one; 4 x 10 min case examples in which facilitators will role play a microaggression and intervention, followed by open discussion of all participants). After the first scenario, participants will be invited to play the role of the person who intervenes. If no one volunteers, the facilitators will play all roles.

#### Proposed timeline of planning, execution and evaluation:

2021 Aug-Sept: Planning meetings, Oct-Nov: hold 2 workshops

#### OIE support requested:

At least 2 people to help plan details and execute Assistance with scheduling and promoting

**Describe evaluation / feedback plan if applicable (<100 words):** Post workshop participant survey (1=not at all – 5=a great deal): This workshop...

- 1. increased my ability to identify microaggressions.
- 2. helped me identify strategies to interrupt microaggressions.
- 3. helped me identify strategies to accept feedback when I am made aware that I committed a microggression.
- 4. Please share any general feedback you have about this workshop.

#### REFERENCES

Worthington, R. L., Stanley, C. A., & Smith, D. G. (2020). Advancing the professionalization of diversity officers in higher education: Report of the Presidential Task Force on the Revision of the NADDHE standards of professional practice. Journal of Diversity in Higher Education 13(1), 1-22, Jhnres.//doi.org/10.1037/dhe0000175



HE UNIVERSITY of NORTH CAROLINA at CHAPEL HILL SCHOOL of NURSING

## Y'all In!!! American Association of Colleges of Nursing Diversity Leadership Institute 2021 Capstone Project

Rachel Hirschey, PhD, RN University of North Carolina at Chapel Hill

## **Biography**

# DIVERSITY LEADERSHIP INSTITUTE

DIVERSITY & DIVERSITY & DIVERSITY &

For academic nursing leadership committed to diversity, equity, and inclusion

Rachel Hirschey's research program focuses on designing and testing physical activity interventions to improve cancer outcomes and eliminate cancer disparities. Priorities in Dr. Hirschey's work include: (1) co-creating interventions with key stakeholders; (2) creating interventions to be scalable and sustainable in oncology practice; and (3) tailoring interventions for groups who are disproportionately impacted by cancer. Dr. Hirschey serves on the Oncology Nursing Society Triangle Chapter Board as co-chair of leadership and mentorship. She is passionate about working with oncology nurses and students to implement evidence-based practice changes and increase equity in nursing education, practice and research.



Contact Information Rachel Hirschey, PhD, RN Assistant Professor University of North Carolina at Chapel Hill <u>hirschey@unc.edu</u> (919)966-5686