

BE WELL THERAPEUTIC SPA

Your On-Site Wellness Lounge

RESTORE. RECOVER. RENEW.



NURSE— THIS IS YOUR MOMENT.

You give everything.
Your time. Your energy. Your strength.
Shift after shift... patient after patient...
you keep showing up.

But let's be honest— Who's taking care of you?

Burnout is real.
The physical pain, the mental exhaustion,
the emotional weight—it doesn't just disappear.

*And you were never meant
to carry it alone.*



JOIN US | JUNE 10–12, 2026
9:00 AM – 9:00 PM DAILY
Sheraton Charlotte Hotel



American Association
of Colleges of Nursing

2026 ACE SYMPOSIUM

During the ACE Symposium,
step into a space designed
for one purpose:
YOUR RECOVERY.

THE BE WELL EXPERIENCE INCLUDES:



THERAPEUTIC
MASSAGE



STRETCH &
INFRARED
THERAPY



SALT
THERAPY



REFLEX
PAIN
THERAPY



RED LIGHT
THERAPY
(reduce inflammation +
accelerate recovery)

WHY YOU NEED TO BE HERE

- Because pushing through pain is no longer the answer.
- Because your body is talking—and it's time to listen.
- Because you deserve to feel restored and recover, not just "get through the day."

*You cannot pour into others
from an empty place.*



UNLIMITED ACCESS:

\$149

This isn't an expense.

It's an investment
in your longevity,
your energy,
and your purpose.

SECURE YOUR SPOT NOW:

<https://app.squareup.com/appointments/book/classes/gxsvefi1fd96n8/LG6204841JGWQ/classes>



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SHOW UP FOR YOURSELF—
THE SAME WAY YOU SHOW UP
FOR EVERYONE ELSE.