

Module 4: Advance Care Planning and Advance Directive Assignment

INSTRUCTIONS

In this module we will explore advance care planning and advance directives. To prepare, please review the advance care planning resources and websites listed below. All links to websites will open in a new window.

- [The Conversation Project](#)
- [Before I Die Project](#)
- [TED talk, Before I Die, I Want To..., Candy Chang](#) (6:20 minutes)
- [Death Over Dinner](#)
- [Go Wish Game](#) (scroll to bottom of page, *Try The Go Wish Cards Online*)

QUESTIONS

1. Advance Directive forms are state specific. There are many different options to record your end-of-life care wishes, sometimes leading to a paralysis of choice. Explore the websites below for the advance directive format that appeals to you. If you have a different format for an advance directive that you prefer, feel free to use it.

- [National Hospice and Palliative Care Organization \(NHPCO\) Caring Info website](#) (download the state-specific advance directive for Michigan).
- [PREPARE for your care](#)
- If you use a healthcare system and have a patient portal account (e.g., [Corewell Health](#), [Henry Ford Health](#)), you may create your advance directive online as download a copy to submit for your assignment. Use this option *only* if you want your advance directive to be a part of your medical record.

Complete an advance directive using the format of your choice. **If the idea of completing an advance directive cause you distress, please reach out to your instructor!** Submit your advance directive as a separate attachment. You do not need to obtain witness signatures on your advance directive for this assignment.

2. Indicate who you selected as your healthcare surrogate and why you chose this person.
3. Share your top three care preferences from the Go Wish game.

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SUBMITTING YOUR ASSIGNMENT

- **SAVE THIS WORD FILE** with your responses, using the class file naming convention: **ACP_lastname.doc**
- **SAVE YOUR ADVANCE DIRECTIVE** (PDF or Word document), using the class file naming convention: **AD_lastname.doc**
- **SUBMIT** the completed documents via Moodle in the Assignments tab
- **DUE: 10/17/25 by 11:55 pm**

GRADES

The assignment is worth 100 points (15% of your total grade).

Given the proximity to the end of the semester and the need for final grades to be submitted, no late submissions will be accepted, unless previous arrangements have been made with the instructor.