

TOPIC: CULTURAL AND SPIRITUAL ASSESSMENT

Description	<p>The purpose of this video is to show a cultural and spiritual assessment. The principles in this video align with concepts taught in:</p> <ul style="list-style-type: none">• ELNEC Undergraduate/New Graduate<ul style="list-style-type: none">○ Module 1: Introduction to Palliative Care○ Module 2: Communication○ Module 5: Loss, Grief, and Bereavement○ Module 6: Final Hours• ELNEC Graduate<ul style="list-style-type: none">○ Module 1: Introduction to Palliative Care○ Module 2: Communication○ Module 5: Final Hours○ Module 6: Advance Practice Nursing (APN) Leadership in Serious Illness
Learning Objectives	<p>Upon completion, the learner will be able to:</p> <ol style="list-style-type: none">1. Discuss components of a thorough cultural assessment.2. Identify best practices for conducting a spiritual assessment.3. Explore strategies for nurses to respect cultural and spiritual values, beliefs, and preferences within their practice and with the interprofessional team.
Faculty Instructions	<ol style="list-style-type: none">1. Students should watch the entire video at least once. The video can be shown additional times to inform discussion and debriefing.2. Then debrief about what went well/opportunities for improvement related to the cultural and spiritual assessment. Given the design of this vignette, students should identify more correct practices compared to opportunities for improvement. It may be helpful to use the FICA mnemonic for spiritual assessment. All components of this mnemonic are addressed at least once in the vignette.<ul style="list-style-type: none">• F: Faith or Beliefs• I: Importance or influence• C: Community• A: Address

DEBRIEFING RESOURCES

FICA Questions within Vignette	
F: Faith or Beliefs	<p>Do you consider yourself spiritual or religious?</p> <p>Do you follow a particular faith or religion?</p> <p>Sometimes patients will tell us about specific aspects of their religion that are important to include in their care. Can you tell me about any of your religious practices or beliefs we should incorporate into your care?</p>
I: Importance or influence	Are there any other things that are important to you and give your life meaning?
C: Community	You mentioned your family and church family are important to you. Is your community a source of support?
A: Address	How can we best respect your values and make you feel safe while we are caring for you?

Articles to Support Teaching and Debriefing	
<ul style="list-style-type: none"> • National Consensus Project for Quality Palliative Care. (2018). <i>Clinical Practice Guidelines for Quality Palliative Care</i> (4th ed.). National Coalition for Hospice and Palliative Care. https://www.nationalcoalitionhpc.org/ncp • National Hospice and Palliative Care Organization. (2016). <i>Reflections on Conducting a Spiritual Assessment: An Interdisciplinary Approach for Palliative Care Professionals</i>. National Hospice and Palliative Care Organization. https://www.nhpco.org/wp-content/uploads/2019/04/PALLIATIVECARE_SpiritualAssessment_0.pdf • Jones, T., Luth, E. A., Lin, S. Y., & Brody, A. A. (2021). Advance care planning, palliative care, and end-of-life care interventions for racial and ethnic underrepresented groups: a systematic review. <i>Journal of Pain and Symptom Management</i>, 62(3), e248-e260. • Nissen, R. D., Falkø, E., Stripp, T. K., & Hvidt, N. C. (2021). Spiritual needs assessment in post-secular contexts: an integrative review of questionnaires. <i>International Journal of Environmental Research and Public Health</i>, 18(24), 12898. 	

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Curricular Alignment- Undergraduate Programs

Competencies And Recommendations for Educating Nursing Students (CARES, 2nd. ed.)

- #4 Demonstrate respect for diversity, equity, and inclusion as essential for the delivery of culturally sensitive, quality palliative care.
- #5 Communicate effectively, respectfully, and compassionately with patients, families, interprofessional team members, and the public about palliative care.
- #7 Demonstrate respect for person-centered care by aligning the plan of care with patient and family values, beliefs, preferences, and goals of care.
- #10 Utilize evidence-based tools to perform a holistic health assessment of pain and other symptoms, considering physical, psychological, social, and spiritual needs.

Alignment with AACN Essentials: Entry-Level Professional Nursing Education		
Domains	Competencies	Sub-Competencies
Person-Centered Care	2.1	2.1a, 2.1c
	2.2	2.2a, 2.2b, 2.2d, 2.2f
	2.3	2.3a, 2.3b, 2.3c, 2.3f
	2.5	2.5a, 2.5b, 2.5g
	2.6	2.6b
	2.8	2.8d
	2.9	2.9a, 2.9b, 2.9e
Interprofessional Partnerships	6.1	6.1a, 6.1b, 6.1d, 6.1e, 6.1f
	6.4	6.4a, 6.4b
Professionalism	9.1	9.1c, 9.1g
	9.2	9.2a, 9.2c, 9.2d, 9.2e, 9.2f, 9.2g
	9.3	9.3g
	9.5	9.5c, 9.5e
	9.6	9.6a
Personal, Professional, and Leadership Development	10.2	10.2f

Alignment with AACN Essentials Concepts:

- Clinical Judgment
- Communication
- Compassionate Care
- Diversity, Equity, and Inclusion
- Ethics
- Evidence-Based Practice
- Social Determinants of Health

Resource: American Association of Colleges of Nursing and End-of-Life Nursing Education Consortium (2021). Primary palliative care competencies for undergraduate and graduate nursing students (CARES/G-CARES, 2nd ed): Alignment with the 2021 AACN Essentials. <https://www.aacnursing.org/Portals/42/AcademicNursing/Tool%20Kits/Essentials/Alignment-CARES-G-CARES-Essentials.pdf>)

Curricular Alignment- Graduate Programs

Graduate Competencies And Recommendations for Educating Nursing Students (G-CARES, 2nd. ed.)

- #4 Demonstrate leadership guided by principles of ethics, social justice, equity, and moral courage in the advancement of quality palliative care.
- #7 Utilize advanced palliative care communication skills with patients, families, and team members as appropriate to one’s functional area of nursing practice and the professional context.
- #8 Promote delivery of care that supports holistic assessment and management of pain and symptoms common in serious illness at the full scope of practice.
- #9 Collaborate with healthcare team members to coordinate culturally sensitive, patient-centered, and family-focused palliative care across care settings.

Alignment with AACN <i>Essentials</i>: Advanced-Level Professional Nursing Education		
Domains	Competencies	Sub-Competencies
Person-Centered Care	2.1	2.1d, 2.1e
	2.2	2.2g, 2.2j
	2.3	2.3h
	2.5	2.5h
	2.6	2.6e, 2.6g, 2.6j
	2.9	2.9f, 2.9h
Interprofessional Partnerships	6.1	6.1g, 6.1i
	6.4	6.4g
Informatics and Healthcare Technologies	8.2	8.2j
Professionalism	9.1	9.1i
	9.2	9.2h, 9.2i, 9.2k, 9.2l
	9.3	9.3i
	9.5	9.5h
	9.6	9.6d, 9.6g, 9.6h

Alignment with AACN *Essentials* Concepts:

- Clinical Judgment
- Communication
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- Diversity, Equity, and Inclusion
- Ethics
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