

Module 3-4
End-of-Life Nursing Education Consortium (ELNEC)
Undergraduate Online Course

The End-of-Life Nursing Education Consortium (ELNEC) undergraduate curriculum was designed to help nursing students achieve the primary palliative care competencies they will need for practice. The competencies, known as CARES (Competencies and Recommendations for Educating Undergraduate Nursing Students) were developed by the American Association of Colleges of Nursing (AACN) in 2016. Many nursing programs are frequently deficient in palliative care didactic content.

INSTRUCTIONS

Purchase the ELNEC undergraduate program at <https://elnec.academy.reliaslearning.com/>. The cost of the ELNEC course is \$29. **Please note:** the ELNEC token is provided at no cost to you. Please check your OU email for a message from Relias. If you do not receive an email, contact Dr. Glover.

Relias recommends using Google Chrome to activate your token and to complete the modules. If you have difficulty activating your ELNEC token, please do not hesitate to call Relias Customer Service at 1-844-735-2223 (Monday through Friday, 8AM – 8PM ET). I distribute tokens, but I am unable to assist if you have problems activating your token. If Relias does not help you, please email me, tglover@oakland.edu.

- Register as a student using your Oakland University email. Create a username and **unique password**. Please do not use the same password you set for your Oakland University account.
- Identify your school as Oakland University School of Nursing.
- Bookmark the ELNEC website so you can easily return to it when needed.

There are six ELNEC undergraduate modules. Each module takes approximately an hour to complete. A description of the modules follows; please note, these are learning objectives, **not** questions you need to answer.

Module 1: Introduction to Palliative Nursing

- Define the philosophy and principles of palliative care and hospice.
- Describe the role of the nurse, as a member of the inter-professional team, in providing quality palliative care for patients with serious illness and their families.
- Identify common symptoms and concerns associated with serious illness that affect the physiological, psychological, social, and spiritual domains of quality of life.

Provided by: Toni L. Glover, PhD, GNP-BC, ACHPN, FAAN (she/her)

Professor

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Module 2: Communication in Palliative Care

- Discuss the role of the nurse in communication with the patient, family, and interdisciplinary team across the serious illness trajectory and at end of life.
- Describe active listening and mindful presence as essential skills for providing empathic care of patients with serious illness and their families.
- Identify three communication techniques that the nurse can use to help patients and families discuss difficult topics in palliative care and at end of life.

Module 3: Pain Management in Palliative Care

- Explain the biopsychosocial and spiritual nature of pain.
- Describe the essential components of a comprehensive pain assessment.
- Describe pharmacological and non-pharmacological interventions used to relieve pain.
- Discuss the role of the nurse in pain assessment and management of patients with serious illnesses.

Module 4: Symptom Management in Palliative Care

- Apply the biopsychosocial/spiritual model of pain assessment and management to other symptoms associated with serious illness.
- Describe the assessment of common symptoms affecting patients with serious illness.
- Identify pharmacological and non-pharmacological interventions for management of common symptoms.

Module 5: Loss, Grief and Bereavement

- Describe loss, grief, and bereavement as it relates to quality palliative care.
- Identify the nurse's role in assessing and supporting grieving patients and families.
- Develop an awareness of one's own reaction to loss and expressions of grief.
- Identify healthy coping strategies you can use to deal with cumulative loss and prevent compassion fatigue and burnout.

Module 6: Final Hours of Life

- Discuss the role of the nurse in preparing the patient and family for death.
- Describe management of symptoms common at end of life.
- Identify cultural and spiritual components of quality end-of-life care.
- Describe the nurse's role in providing care for the body after death and bereavement support for the family.

You may stop and start the module as needed; you do not need to finish the module in one sitting. At the end of each module, there is an application quiz; you must pass the quiz with a score of at least 80%.

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Once you complete the module, download a PDF of the certificate to your computer. Using the following naming conventions:

- **ELNEC_M1_lastname**
- **ELNEC_M2_lastname**
- **ELNEC_M3_lastname**
- **ELNEC_M4_lastname**
- **ELNEC_M5_lastname**
- **ELNEC_M6_lastname**

Provide feedback on the ELNEC undergraduate modules using this **Word file** as a worksheet. **Type** your answers directly on this sheet.

QUESTIONS

Name:

1. Please provide feedback on the ELNEC modules. Was this content valuable to you? How do you see the ELNEC content influencing your care for seriously ill or dying patients and their family members?

SUBMITTING YOUR ASSIGNMENT

- **Save this Word file** with your responses, using the file naming convention:
ELNEC_Feedback_lastname
- **Save the ELNEC certificates** as PDFs using the file naming convention:
ELNEC_M1_lastname
ELNEC_M2_lastname
ELNEC_M3_lastname
ELNEC_M4_lastname
ELNEC_M5_lastname
ELNEC_M6_lastname
- **Submit** the completed documents via Moodle, under the Assignments tab. Submit one Word document and six PDF documents. Other file types are not accepted and will not be graded.
- **DUE: 10/17/25 by 11:55 pm**

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GRADES

The assignment is worth 24 points (10% of your total grade). Your written responses should be thoughtful and free from spelling and grammatical errors.

Given the proximity to the end of the semester and the need for final grades to be submitted, late submissions will be accepted, unless previous arrangements have been made with the instructor.

Grading Rubric:

Provides feedback on the ELNEC undergraduate modules. Assignment submitted as Word document.	6
Submits a PDF certificate for the ELNEC undergraduate modules 1-6.	18
Total Points	24

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