Hone your palliative care skills with expert faculty from UVA and the Charlottesville area!

**Date:** October 3, 2023  
**Time:** 7 AM – 5:15 PM  
**Location:** UVA Fontaine Research Park, 560 Ray C. Hunt Drive, Charlottesville, VA 22903

**Credits Offered:**  
- 8.5 Contact Hours  
- 8.5 Hours of Participation

**Overview**  
The End-of-Life Nursing Education Consortium (ELNEC) Project is a national and international end-of-life/palliative care educational program administered by City of Hope (COH) designed to enhance palliative care in nursing. The ELNEC curriculum addresses the essential components of palliative care, including the family as the unit of care, the important role of the nurse as advocate, the imperative for interdisciplinary care in ensuring quality palliative care, the importance of culture as an influence in palliative care, critical financial issues that influence palliative care, and the critical need for attention to special populations such as ethnic minorities, the poor, and the uninsured.

**Target Audience**  
Staff nurses, advanced practice nurses, undergraduate and graduate nursing faculty, administrators, and researchers who work in pediatric acute care settings (i.e. medical-surgical and oncology units), clinics, homecare, hospice, and palliative care settings.

**Desired Outcomes**  
Upon completion of this course, participants should be able to:
- Discuss principles of palliative care that can be integrated across settings to affect quality of care at the end of life  
- Describe five physical signs and symptoms of the dying process  
- Demonstrate components of a thorough pain assessment  
- Describe therapies used to relieve pain  
- Describe interventions that can diminish common symptoms associated with end-of-life processes for patients  
- Describe specific roles of the nurse in ethical decision-making in end-of-life/palliative care  
- Conduct a cultural and/or spiritual assessment of patients facing the end of life  
- Discuss communication characteristics that patient/families expect of healthcare professionals  
- Employ three interventions that may be appropriate to facilitate normal grief
Agenda

7:00 AM  Check-in and Refreshments (provided)
7:30 AM  **Palliative Nursing**  
  Clareen Wiencek, PhD, RN, ACNP, ACHPN, FAAN
8:00 AM  **Pain Management**  
  Clareen Wiencek, PhD, RN, ACNP, ACHPN, FAAN
9:30 AM  Break
9:45 AM  **Ethical Issues in Palliative Nursing**  
  Alina Fomovska, MD, HEC-C
10:45 AM **Communication**  
  Clareen Wiencek, PhD, RN, ACNP, ACHPN, FAAN
12:15 PM  Lunch (provided)
1:00 PM  **Cultural and Spiritual Considerations in Serious Illness**  
  Cathy Campbell, PhD, RN
3:00 PM  Break
3:15 PM  **Loss, Grief, and Bereavement**  
  Jordan Phillips, MA
4:00 PM  **Final Hours**  
  Cynthia Sinchak, MSN, RN, CHPN
5:00 PM  Closing Q&A and Evaluate  
  Clareen Wiencek, PhD, RN, ACNP, ACHPN, FAAN
5:15 PM  Adjourn

*The course syllabus will be available online only the week of the course until 30 days after the course.*

Course Faculty & Planning Committee

Clareen Wiencek, RN, PhD, ACNP, ACHPN, FAAN  
Course Director, UVA School of Nursing  
Professor of Nursing*

Adrienne J. Banavage, MSN, RN-BC, OCN  
Nurse Manager, UVA Comprehensive Cancer Center Infusion Center*

Cathy Campbell, PhD, RN,  
UVA School of Nursing Associate Professor of Nursing, Chair, Department of Acute & Specialty Care, Chair, Department of Family, Community, and Mental Health Systems

Alina Fomovska, MD, HEC-C  
Medical Director, Hospice of the Piedmont, Charlottesville, VA

Mina Ford, MSN, RN, NPD-BC  
Director of Education, Hospice of the Piedmont, Charlottesville, VA*

Jordan Phillips, MA  
Grief and Healing Manager/Counselor, Hospice of the Piedmont, Charlottesville, VA*

Kathryn B. Reid, PhD, RN, APRN, FNP-BC, CNL  
UVA School of Nursing Associate Professor, Director, School of Nursing Continuing Education (SONCE)*

Cynthia Sinchak, MSN, RN, CHPN  
RN Case Manager, Hospice of the Piedmont, Charlottesville, VA

Linda L. Hanson, MSM  
UVA SONCE Program Manager*

*Planning Committee Member
Accreditation and Designation Statement

In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Virginia School of Medicine and School of Nursing awards 8.5 contact hours to a nurse who participates in this educational activity and completes the post activity evaluation.

The University of Virginia School of Medicine and School of Nursing awards 8.5 hours of participation (consistent with the designated number of AMA PRA Category 1 Credit(s)™ or ANCC contact hours) to a participant who successfully completes this educational activity.

The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

Registration

Navigate to www.cmevillage.com and select Learning Portal to view offerings.

Registration will close at midnight on Wednesday, September 27, 2023. For those who register, the course syllabus will be available online the week of the course and will remain available for thirty days.

Please note:

Policies on cancellation, payment methods, and accommodation requests can be found in the FAQ section at this website: www.cmevillage.com.

Early Bird Rate through Sept. 3, 2023
Attendee ..................$75
Hospice of the Piedmont, Sentara - MJH, or UVA Employee.....$65
UVA Students ............$65

Rate Sept. 4 through Sept. 27, 2023
Attendee ..................$85
Hospice of the Piedmont, Sentara - MJH, or UVA Employee.....$75
UVA Students ............$75

Click to Register Now!

Requirements for Successful Completion of the Course:

Course participants requesting credit are required to complete the post-activity evaluation for the course sessions in which they participate.

Questions or accommodation requests?

Contact Linda L. Hanson, SONCE Program Manager, llh3x@virginia.edu.

Information about the ELNEC Project can be found at www.aacnnursing.org/ELNEC.

The End-of-Life Nursing Education Consortium (ELNEC) Project is a national and international end-of-life/palliative care educational program administered by City of Hope (COH) designed to enhance palliative care in nursing. Materials are copyrighted by City of Hope and the American Association of Colleges of Nursing (AACN) and are used with permission.