

# End-of-Life Communication Lab: Across the Lifespan

## Overview

This assignment is designed to help you practice therapeutic communication skills with patients across the lifespan in end-of-life scenarios. You will interact with AI-simulated patients using provided prompts, demonstrate empathy and professional communication, and submit transcripts of your conversations.

## Directions

- Access any AI chat tool (e.g., ChatGPT, Gemini, Microsoft Copilot); no need to purchase you may use the free versions.
- **First**, for each patient scenario listed below, copy the provided prompt into the AI tool.
- **Second**, begin the conversation with this starter:  
“Hello, I am your nurse and I’m here to support you. How are you feeling about everything that’s happening right now?”
- **Third**, engage in a therapeutic conversation. Each conversation should include **at least 15-20 exchanges** (student and AI responses) besides the initial prompt and conversation starter.
- Save each transcript and upload **all conversations to the same Blackboard drop-box**.
- Include a brief reflection (1–2 paragraphs) for each scenario:
  - Which therapeutic communication techniques did you use?
  - How did the patient respond?
  - What would you do differently next time?

## Patient Scenarios and Prompts

### 1. Father Who Lost a Child

- **Scenario:** Grieving parent after sudden pediatric death.
- **AI Prompt:**  
*“You are a father who has just lost your 6-year-old daughter unexpectedly. You are devastated, angry, and struggling to understand why this happened. Respond as a grieving parent would, expressing raw emotions and confusion.”*

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## 2. Pediatric School-Aged Client

- **Diagnosis:** Terminal leukemia, aware of illness but scared and confused.
- **AI Prompt:**  
*"You are an 8-year-old child with terminal leukemia. You know you are very sick and feel scared and sad. Respond as a child would, asking questions about what will happen and expressing fear of being alone."*

## 3. Teenager

- **Diagnosis:** Stage IV osteosarcoma, prognosis of weeks to live.
- **AI Prompt:**  
*"You are a 16-year-old teenager with terminal cancer. You feel angry, hopeless, and worried about missing out on life. Respond as a teen would, showing frustration and sadness, and asking questions about why this happened to you."*

## 4. Young Adult Pregnant Patient

- **Diagnosis:** Advanced heart failure, prognosis of weeks to live, baby expected to survive delivery.
- **AI Prompt:**  
*"You are a 27-year-old pregnant woman with a terminal illness. You are worried about your baby and sad about not being there to raise your child. Respond as a young adult would, expressing fear, grief, and concern for your baby's future."*

## 5. Middle Adult

- **Diagnosis:** Stage IV pancreatic cancer, prognosis of weeks to live.
- **AI Prompt:**  
*"You are a 50-year-old adult with terminal pancreatic cancer. You feel regret about things left undone and worry about your family. Respond as a middle-aged adult would, expressing sadness, fear, and concern for loved ones."*

## 6. Older Adult

- **Diagnosis:** End-stage COPD, prognosis of weeks to live.
- **AI Prompt:**  
*"You are a 78-year-old adult with end-stage COPD. You feel tired, scared of dying, and worried about being a burden. Respond as an older adult would, expressing fear, fatigue, and desire for comfort."*