# Using Simulation in Palliative Care Nursing Education: Panel Discussion

Facilitators

Megan Lippe, PhD, MSN, RN Associate Professor UT Health San Antonio, School of Nursing 2019 Cambia Health Foundation Sojourns Scholar Andra Davis, PhD, MN, RN Associate Professor, University of Portland, School of Nursing Co-Investigator, ELNEC Undergraduate/New Graduate & ELNEC Graduate



## Support for Webinars

Dr. Betty Ferrell, Professor City of Hope

Principal Investigator ELNEC Project

Three-year grant to advance work strengthening the nursing workforce in caring for patients and families with serious illness (2021-2023)

Develop a regional model of excellence – targeting 4-state region (WA, UT, ID, OR)

Supports efforts to reach schools with high proportion of diverse students/faculty within underserved communities

## Objectives

Describe	escribe critical elements of high-quality simulation in nursing lucation and available resources				
Explore	xplore different primary palliative care and end-of-life care imulations being conducted around the United States				
Consider	Consider opportunities to implement primary palliative care simulation as a means of evaluating student competence				

# Introduction to Simulation

HELPFUL RESOURCES FOR DESIGN AND IMPLEMENTATION



## **NLN/Jeffries Simulation Theory**

Critical Design Characteristics

- Objectives
- Fidelity
- Complexity
- Cues
- Debriefing

Jeffries PR. (2005). A framework for designing, implementing, and evaluating: Simulations used as teaching strategies in nursing. *Nursing Education Perspectives (National League for Nursing), 26*(2), 96–103.



## HEALTHCARE SIMULATION STANDARDS OF BEST PRACTICE™

- Professional Development
- Prebriefing
- Simulation Design
- Facilitation
- Debriefing Process
- Operations
- Outcomes & Objectives
- Professional Integrity
- Simulation-Enhanced-IPE
- Evaluation of Learning and Performance





https://www.inacsl.org/healthcare-simulation-standards



#### **Simulation Innovation Resource Center (SIRC)**



#### Simulation Innovation Resource Center

For Nurse Educators Developing Simulation Teaching & Learning Skills

https://www.nln.org/education/education/sirc/sirc/sirc





#### **Simulation Design Template**

(revised May 2019) (name of patient) Simulation

Date: Discipline: Nursing Expected Simulation Run Time: Location: Today's Date:: File Name: Student Level: Guided Reflection Time: Twice the amount of time that the simulation runs. Location for Reflection:

#### **Brief Description of Client**

https://www.nln.org/docs/default-source/uploadedfiles/professional-development-programs/sirc/simulation-design-template-2019newlogo.docx?sfvrsn=d26a60d\_0





#### Faculty Development Toolkit of Simulation Resources

https://www.nln.org/docs/default-source/uploadedfiles/professional-development-programs/sirc/faculty-development-toolkit-february-2016.pdf?sfvrsn=4926a60d\_0



#### Low-Fidelity Manikins and Skills Trainers

Designed for skills implementation

Less similarity with true anatomy and physiology More cost efficient

Products shown from: Laerdal, Gaumard, CAE Healthcare













#### High-Fidelity Manikins

Closely mimic human anatomy and physiology

Corresponding vital signs monitor

More realistic

Expensive

Require specially-trained operators

Pictures show products from: CAE Healthcare- Lucina and Luna Gaumard- Pediatric HAL Laerdal- SimMan 3G Plus



## **REPOSITORY OF INSTRUMENTS USED IN SIMULATION RESEARCH**



- Skill Performance
- Learner Satisfaction
- Knowledge/Learning
- Critical Thinking/Clinical Judgement
- Self-confidence/Self-efficacy
- Debriefing
- Video Training Tools
- Facilitator Competence
- Organization-level Evaluation



https://www.inacsl.org/repository-of-instruments

## **Specialty Simulation Certification**



https://www.ssih.org/Credentialing/Certification/CHSE



# Simulation Exemplars around the Country

# Interprofessional Withdrawalof-Life-Sustaining Measures Simulation

Megan Lippe, PhD, MSN, RN Associate Professor UT Health San Antonio, School of Nursing 2019 Cambia Health Foundation Sojourns Scholar



Conducted at University of Alabama Capstone College of Nursing

Medical Residents (MR), Nursing Students (NS), Social Work Students (SWS)

Perceived competence to care for dying patients

CARES-PC- Significant improvement No difference between professions

Interprofessional team communication Gap-Kalamazoo Communication Skills Assessment Form



**Lippe, M.,** Stanley, A., Ricamato, A., Halli-Tierney, A., & McKinney, R. (2020) Exploring end-of-life care team communication: An interprofessional simulation study. *American Journal of Hospice and Palliative Medicine, 37*(1), p. 65-71. doi: 10.1177/1049909119865862

**Lippe, M.,** Davis, A., Threadgill, H., Ricamato, A. (2020). Development of a new measure to assess primary palliative care perceived competence. *Nurse Educator* 45(2), p. 106-110. doi: 10.1097/NNE.00000000000682



#### Phase One: Family Decision-Making

Objectives	Prebriefing	Performance Simulation Room	Performance Observation Room	Debriefing
<ul> <li>Communication with family</li> <li>Treatment decision</li> <li>Interprofessional communication</li> </ul>	All participants • Introduction to patient • Principles of effective communication among team and with patient and family	<ul> <li>MR, SVVS, 3-4 NS</li> <li>MR discusses goals of care, health status, treatment options</li> <li>NS answer family follow-up questions</li> <li>SVVS discuss advanced directives (fall 2017) or manage family disagreements (spring and fall 2018)<sup>a</sup></li> </ul>	Remaining NS <ul> <li>Observe simulation room via live video feed</li> </ul>	All participants • Team perceptions of communication



## Phase Two: Change in Patient Status

Objectives	Prebriefing	Performance Simulation Room	Performance Observation Room	Debriefing
<ul> <li>Patient assessment</li> <li>Interprofessional communication</li> </ul>	<ul> <li>MR leave room and receive written abbreviated report</li> <li>SWS and NS receive status report and discuss team communication strategies for acute patient changes</li> </ul>	MR and 3-4 NS <ul> <li>NS conduct assessment</li> <li>NS provide bedside report to MR</li> </ul>	Remaining NS and SWS • Observe simulation room via live video feed	All participants • Strategies to improve communication



## Phase Three: Withdrawal of Life-Sustaining Measures

Objectives	Prebriefing	Performance Simulation Room	Performance Observation Room	Debriefing
<ul> <li>Communication with family</li> <li>End-of-life care</li> </ul>	<ul> <li>All participants</li> <li>Conducting critical conversations about treatment plans</li> <li>Concerns about breaking bad news</li> </ul>	MR, SWS, 3-4 NS <ul> <li>Family meeting</li> <li>about patient</li> <li>condition</li> <li>Withdrawal of life-sustaining</li> <li>measures</li> <li>Bereavement care</li> </ul>	Remaining NS <ul> <li>Observe simulation room via live video feed</li> </ul>	All participants <ul> <li>Methods to</li> <li>improve end-</li> <li>of-life</li> <li>communication</li> </ul> <li>Response to <ul> <li>simulation</li> <li>Questions or</li> </ul> </li>
	ORA			Concerns UT He San Antonio

## **Nursing-Only Versions**

- Jeffers, S., Lippe, M., Justice, A., Ferry, D., Borowik, K., & Connelly, C. (in press). Nursing Student Perceptions of End-of-Life Communication Competence: A Qualitative Descriptive Study. *Journal of Hospice & Palliative Nursing*
  - Conducted at Widener University
- **Pfitzinger Lippe, M**. & Becker, H. (2015). Improving attitudes and perceived competence in caring for dying patients: An end-of-life simulation. *Nursing Education Perspectives, 36*(6), 372-378. doi:10.5480/14-1540
  - Conducted at University of Texas at Austin







# Questions?

Simulation templates available upon request

Contact information: lippe@uthscsa.edu



## High-Fidelity Simulation: Conversations Had at Trying Times (CHATT)

Amisha Parekh de Campos, PhD, MPH, RN, CHPN

UCONN SCHOOL OF NURSING

Caring | Innovating | Advocating

#### **CHATT Simulation Framework**



## Methods

- Study consisted of 2 phases:
  - I) Simulation Development & 2) Simulation Testing

#### • Simulation Development:

- Construct validity
  - DeVellis's Instrument Development
- Content Validity
  - Expert review

## Simulation Development (7 steps):



### **NLN Simulation Template**

- Pre-brief script
- Sim learning objectives:
  - General
  - Specific
- Equipment/Supplies
  - SPs (2 patient, adult child)
  - ID band, O2 tubing, standards Medical-Surgical Unit setup
- Report to participants
- Scenario progression outline
- Debrief through PEARLS
  - Plus additional resources

(Jane Franklin)	Simulation
Date: Discipline: Nursing Expected Simulation Run Time: 10 minutes Location: Middlesex Health Simulation Laboratory Today's Date:	File Name: ACR_Jone_Erupkins Student Level: Registered Nunes Guided Reflection Time: Twite the amount of time that the signal polycopy runs. Location for Reflection: Middlesex Health Debriefing Room
Brief Descrip	ption of Client
Name: Jana Franklin	
Date of Birth: 6/25/1941	
Gender: F Age: 77 Weight: 105lbs Height	r. 5°2
Race: Caucasian Religion: Catholic	
Major Support: Daughter, Emily Support Phone	e: 860-523-0896
Allergies: Banana- hives In	nmunizations: Shingrix, Flu 10/2019
Attending Provider/Teams Dr. Leave Janking her	nitelist
Attenuing Provincer/Peans. Dr. Leona Senkins, nos	pitellot
Past Medical History: anxiety, arthritis, chronic res emphysema, former smoker, history of GI bleed, hy extremity edema, oxygen-dependent, peptic ulcer di shortness of breath	spiratory failure, COPD, depression, eczema, perlipidemia, hypertension, hypothyroidiam, lower sease, pulmonary hypertension, pulmonary nodules,
History of Present Illness: 77-year-old female com a history listed above, who presented to the emerger mental status and being unservouring to staff	ing from Wellington Park skilled nursing facility with cy department today with reports of having altered
The patient was just discharged to Wellingto	on Park last week after being readmitted for acute on
the second	he maining ning signer. She was stabilized in the

chronic hypercapnic respiratory failure due to possible malfunctioning BiPAP. She was stabilized in the hospital and was discharged to Wellington Park on BiPAP at 18%. According to the daughter, she did well on discharge and was placed on CPAP for two nights after discharge, but the noted that the patient has been off it incre. Frider and the washed man dow usawit raw www. Based on the facility's note that

<b><u>Timing</u></b>	Expected Interventions
(approx.) 0-3 mins	<ul> <li>Introducing selves</li> <li>Recognize distress between patient and daughter</li> <li>Sits at eye level with patient and daughter</li> <li>Provide education about Morphine and use</li> </ul>
3-6 mins	• Provide information on specifics of advanced directives Explain the difference between DNR/DNI & the living will
6-10 mins	• Initiate discussion on ACP

#### Instruments

- Researcher-developed Demographic Instrument
- Advance Care Planning Knowledge, Attitudes & Practice Behaviors Scale (ACPKAP) (Zhou et al., 2010)
- Caring Efficacy Scale (CES) (Reid et al., 2015)
- Feasibility: (available through NLN) (Franklin et al., 2015; Unver et al., 2017)
  - Simulation Design Scale (student version)
  - Student Satisfaction and Self-Confidence in Learning Scale

## Results

Knowledge	RNs overall improved ACP knowledge from pre-to post-simulation But still had a low percentage of correct answers			
Attitudes	Younger participants Less experience in nursing Less experience in H&P care = Had the largest change in attitude between pre-and post-simulation			
Self-Efficacy	As years of experience increased, self-efficacy in ACP increased			

## Implications for Nursing Practice...

- Nurse residency programs:
  - Entry-level nurses
    - Not prepared for ACP conversations
  - Communication skills
    - Multifaced skill difficult to develop in school
  - Mentorship

- Staff development
  - Resources available through:
    - End-of-Life Nursing Education Consortium (ELNEC)
    - Center to Advance Palliative Care (CAPC)
    - National Hospice and Palliative Care Organization (NHPCO)

## Questions?

#### Simulation template available upon request

# **Contact Information:** amisha.parekh\_de\_campos@uconn.edu



COMPARING ACTIVE VERSUS VICARIOUS LEARNERS' SELF-EFFICACY DURING A PEDIATRIC PALLIATIVE CARE SIMULATION



Stephanie Clark, EdD, RN University of North Alabama

Barger, S., March, A., & Lippe, M. (2019, October). Comparing Active Versus Vicarious Learners' Self-Efficacy During a Pediatric End-of-Life Simulation. *Sigma Repository*. https://sigma.nursingrepository.org/handle/10755/18581



#### **DESIGN AND INSTRUMENT**

- Purpose: Examine vicarious learning as an effective pedagogy for increasing BSN students' perceived self-efficacy in therapeutic communication during palliative care simulation
- Quasi-Experimental Design
- Multi-site study
  - University of Alabama Capstone College of Nursing
  - University of Northern Alabama
- Self-efficacy in Communication Scale (SECS)
  - Measured perceived self-efficacy pre-sim, post-sim, post-debriefing



#### FINDINGS AND IMPLICATIONS FOR NURSING EDUCATION AND PRACTICE

- Vicarious learning equally efficacious as active learning
- Addresses common pitfalls of simulation
  - Requires less simulation lab space and time
  - Less expense by running fewer simulations
  - **□**Fewer palliative care-trained faculty needed
- Effective simulation with larger student audience



## CONCLUSION

- Vicarious learners: equal and sometimes greater improvement in perceived self-efficacy
- Vicarious learning: excellent alternative to traditional active learning in palliative care simulation
- Non-traditional pedagogy using simulated situations may transform the way palliative care is taught and may change the perceived negatively nature of the experience



#### QUESTIONS



- Simulation templates available upon request
- Contact information sbarger1@una.edu

## Palliative Care in Simulation: Logistics and Implementation



Kaleigh Barnett, RN, MNE, OCN, CHSE



## Modalities

- Use of Standardized Patients (SP)
  - Focus on communication/critical conversations
  - Portrayal of family at bedside
- Lifecast manikin
  - Postmortem care
- High fidelity manikin, hybrid
  - Could be used depending on focus of sim

University Fortland

## Logistical Challenges

- SP training and standardization
- Staffing challenges
- Heavy tech involvement
- Faculty directing and prebriefing responsibility

## Interprofessional Palliative Care Simulations

#### Mandy Kirkpatrick, PhD, RN

#### **Associate Professor**

Brooks Scholar, College of Nursing FIRE Initiative 2021-2024 Josiah Macy Jr. Faculty Scholar 2019-2021 Jonas Nurse Scholar 2016-2018

**Creighton University College of Nursing** 



Creighton UNIVERSITY Center for Interprofessional Practice, Education and Research

## Palliative Care: An Ideal Platform for IPE





UNIVERSITY Center for Interprofessional Practice, Education and Research

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## Who?

- 1. In-Person End-of-Life Simulation
  - Undergraduate BSN
  - Graduate DNP
  - Chaplain Residents

2. Online Distance Palliative & Hospice Sims

- UG & Grad Nursing
- Medicine & PA
- Pharmacy
- OT & PT
- Social Work
- Chaplaincy
- Dentistry

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## Using Frameworks

# JAN

#### JOURNAL OF ADVANCED NURSING

#### DISCUSSION PAPER

# Development of a shared theory in palliative care to enhance nursing competence

Jean-François Desbiens, Johanne Gagnon & Lise Fillion

Creighton UNIVERSITY Center for Interprofessional Practice, Education and Research



Figure. CHAARM concept model of palliative care nursing (including CHAARM approach) developed through a concept analysis using the Walker and Avant model.

Advances in Nursing Science Vol. 00, No. 00, pp. 1-14 Copyright © 2017 Wolters Kluwer Health, Inc. All rights reserved.

Creighton UNIVERSITY Center for Interprofessional Practice, Education and Research A Concept Analysis of Palliative Care Nursing Advancing Nursing Theory

Amanda J. Kirkpatrick, MSN, RN-BC; Mary Ann Cantrell, PbD, RN, FAAN; Suzanne C. Smeltzer, EdD, RN, FAAN



#### Figure 1. Theoretical framework diagram. PCQN=Palliative Care Quiz for Nursing: FATCOD-B=Frommelt Attitudes Toward Care for the Dying-Form B Pallia

Palliative care knowledge and self-awareness in active and observing undergraduate nursing students after end-of-life simulation

Amanda J Kirkpatrick, Mary Ann Cantrell and Suzanne C Smeltzer

International Journal of Palliative Nursing 2020, Vol 26, No 3

Creighton UNIVERSITY Center for Interprofessional Practice, Education and Research



Creighton ĔRSITY Center for Interprofessional Practice, Education and Research

Amanda J. Kirkpatrick<sup>a,\*</sup>, Andrea M. Thinnes<sup>b,c</sup>, Cindy L. Selig<sup>a</sup>, Helen S. Chapple<sup>d</sup>, Lindsay M. Iverson<sup>a</sup>, Kelly K. Nystrom<sup>b,e</sup>, Nancy Shirley<sup>a</sup>, Maribeth Hercinger Diane Jorgensen<sup>f</sup>, Gladyce O. Janky<sup>g,b</sup>, Brianna F. Baumberger<sup>a</sup>, Amy Pick<sup>i</sup>

# Why?

- Mixing learner levels
- Distance learners
- Partnering institutions
- Flexible location
- Student connections



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## What/Where?

- Nursing Care Unit Primary PC Nursing
   Objective: Difficult Conversations & EOL Care
- Hospital Setting Palliative Care Team
   Objective: Goals of Care
- Home Setting Hospice Team
   Objective: Caregiver Support

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## How?

 Pre-simulation module
 Plan is transparent to students
 Standardized patients are trained
 Feedback using evaluation instruments

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## **Preparatory Materials**

#### Required Resources (Prelab for Simulation)

- Read <u>student behavior and participation expectations</u> for interprofessional simulation.
- View PHASE 1 Simulation Prequel Video



• Review patient chart (H&P, labs, advance directive, etc.).

#### Admit Day 1.docx

#### ○ <u>Admi</u> ○ <u>Hazel</u>

#### Advance Directives Document (Page 1 of 4)

ΤΕ	I, Hazel Smith, appoint Victor Smith,
d β	whose address is111 Creighton Drive, Omaha, NE 68601,
RO	and whose telephone number(s) are: (home) 402-280-9999 (cell) 402-555-9999 as
SUR (S)	my surrogate decision-maker, known in this document as my "Attorney-in-Fact for Healthcare".
ation about my s decision-maker(	I appoint <u>Bradley Smith</u> whose address is <u>111 Somewhere, California</u> and whose telephone number(s) are: (home) <u>919-555-3333</u> (cell) <u>818-555-4444</u> as my successor surrogate decision-maker (known in this document as my "Attorney-in-Fact for Healthcare") if the person named above is unavailable or unwilling to make decisions on my behalf.
INFORMA	behalf if and when it is determined that I am unable to make my own decisions. I give them responsibility for advocating on my behalf for healthcare and treatment that represents my values, beliefs and preferences, and ensures my physical, emotional, and spiritual well-being.

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Creight	on					
UNIVERSI	ΤΥ					
Smith, Haze	MRN: FIN: 6	123456 54321	Age: 80 Years Race: White	Admitted Admission	: Admit Day 1 n Reason: SOB	Location: CSICU 14 Physician: Hill MD, Roberta
History of Present Illr	Allerg	ies: None	Gender: Female	Discharge	u:	DOB 02/5/1957
<ul> <li>Son was visiting f</li> </ul>	rom out of	town, notices the conditio	n of her apartment (n	ormally very well	kept and keeps a	tidy apartment dishes
stacking up, not v	acuumed.	and appears disheveled) a	nd weight loss	,,		
<ul> <li>Son brought in th</li> </ul>	rough eme	ergency department with S	OB		P. 11.1. (01.00)	
<ul> <li>This is Hazel's 3rd</li> </ul>	admission	in 2 months		<ul> <li>Past me</li> <li>auit in 1</li> </ul>	dical history (PMH)	) - COPD, smoking history but
• THIS IS TIAZETS 5	aumission	in 2 monuis		quit in 1	970 s, non-O2 dep scion: Chronic Kide	endent; Heart Fallure;
Notes				detector	t by family doctor	diagnosod in hor mid 70's not
80-vo female, pleasa	nt ladv. pre	esents with PMH brought to	o ED by son. CXR	a good o	urgical candidate f	for stanosis rapair
reveals no acute dise	ase	0	,	Hashad	3 admissions in th	e last 2 months due to
				debydra	tion (dyspneal fatir	gue cachevia loss of appetite
Vitals		Labs		SOB w/a	ambulation delirio	us at NOC): managed with IV
BP 130	/55	Potassium 4.6		fluide 8	Lasiv (sepal and ca	rdias balance): DCD refers to
		MRN: 123456	Age: 80 Years	Adm	itted: Admit Day 3	Location: PINS 34
BR Smith,	Hazel	FIN: 654321	Race: White	Adm	ission Reason: SOB	Physician: Hill MD, Roberta
SpO2		Allergies: None	Gender: Female	Disch	harged:	DOB 02/5/1937
History of Pre	esent Illnes	s				
<ul> <li>Son was v</li> </ul>	isiting from	n out of town, notices the c	ondition of ner apartm	ent (normally very	well kept and ke	eps a tidy apartment disnes
stacking u	p, not vacu	umed, and appears disneve	eled) and weight loss			
Aspir	nt in throu	ign emergency department	with SOB	Cardiology	Consult Note:	
Aten	zel's 3 <sup>rd</sup> adr	mission in 2 months		80 F w,	/ Hx of AVS, L vent.	EF has fallen which is a very poor
Furo: Notes		de anne de cale de la company	whether FD have an	progno	stic sign	
Ibupi 80-yo remaie	pleasant la	ady, presents with PiviH broi	ught to ED by son.			
- Vitals		1-b-		Assessment	e An televisionet a servicio	the state of the form
Recon BP	132/60	Labs	6	<ul> <li>CAR rev</li> </ul>	eais bibasilar ateleo	ctasis, stenosis of AV from ECHU
HR	78	Cl 10	- 00	0.38 cm	2	initio, peak velocity 4.74m/s, AVA
т	98.2	Creat 1.	27	<ul> <li>HEDEE</li> </ul>	- L vontricular EE 30	3.35% Grade ILLV diastelic
RR	20	Na 13	38	- HUREL	tion, sovere portici	staposis EE has decroased from 60
spoz (it oz,	9470	Ca 8.	6	65% 3 \	icion, severe dorde.	stenosis, er has deeredsed hom oo
		Glucose 10	) 19	<ul> <li>Elevate</li> </ul>	d trononin likely rel	lated to heart strain from Ao
		Creat 1.	27	stenosi	а сторотніт іністу те: к	
		BUN 34	1	<ul> <li>AKLreso</li> </ul>	- olving – Creat has ci	ome down to 1.27 today
Current Me	dications			Mild.co	nfusion	
Furosemide		40 mg IV once				
Atenoloi		50 mg oral, BID 81 mg Daily		Recommen	dation-	
Heparin		5000 Units SO a	a 8h	I would sug	gest that hospice ca	are is probably appropriate but will
Ipratropium	-Albuterol	3 mL nebulizer	q 6h while awake	defer to pri	mary team to ultim	ately make that decision.
Tylenol		500 mg oral q 6	ih PRN			
Zofran		4-8 mg IV q 8h I	PRN			

Recommendation: Treat her with diuretics as needed to keep her comfortable; Patient not open to TAVR, no surgical intervention warranted, Consult Palliative care for goals of care discussion, continue Atenoiol and ASA, add <u>subg</u> Heparin, continue with Lask 40mg po daily, request screenings/evaluation by PT, OT, and Social work for discharge planning.

# Prebriefing & Psychological Safety

#### Required Resources (Prelab for Simulation)

- Read student behavior and participation expectations for interprofessional simulation.
- View PHASE 1 Simulation Prequel Video



Smith, Hazel		Age: ou rears	Admitted: Admit Day 1	Location: CSICU 14		
	FIN: 654321	Race: White	Admission Reason: SOB	Physician: Hill MD, Robe		
	Allergies: None	Gender: Female	Discharged:	DOB 02/5/1937		
History of Present Illness						
Son was visiting from	out of town, notices the cor	ndition of her apartment (norm	ally very well kept and keeps a	tidy apartment dishes		
stacking up, not vacuu	med, and appears dishevel	ed) and weight loss				
Son brought in throug	h emergency department w	vith SOB	Past medical history (PMH)	- COPD, smoking history bu		
<ul> <li>This is Hazel's 3<sup>rd</sup> adm</li> </ul>	ission in 2 months		quit in 1970's non-02 dep	endent: Heart Failure:		
			Hypertension: Chronic Kidn	ev Disease: Heart murmur		
Notes			detected by family doctor, diagnosed in her mid-70's not			
	i al month		deceeted by failing deeter,	and Briddeed in their time i to by t		
80-yo female, pleasant lac	iy, presents with PiviH brou	ght to ED by son. CXR	a good surgical candidate fi	or stenosis renair		
80-yo female, pleasant lac reveals no acute disease	iy, presents with PiviH brou	ght to ED by son. CXR	a good surgical candidate fi Has had 3 admissions in the	or stenosis repair last 2 months due to		
80-yo female, pleasant lac reveals no acute disease	iy, presents with PMH brou	ght to ED by son. CXR	a good surgical candidate fi Has had 3 admissions in the debydration (dyspnea_fatio	or stenosis repair Elast 2 months due to ue, cachevia, loss of annetit		
80-yo female, pleasant lac reveals no acute disease Vitals	Labs	ght to ED by son. CXR	a good surgical candidate fi Has had 3 admissions in the dehydration (dyspnea, fatig SOB w/ ambulation, delirio	or stenosis repair e last 2 months due to ue, cachexia, loss of appetit us at NOC1: managed with IN		
80-yo female, pleasant lac reveals no acute disease Vitals BP 130/55	Labs Potassium 4	ght to ED by son. CXR	a good surgical candidate fi Has had 3 admissions in the dehydration (dyspnea, fatig SOB w/ ambulation, delirion fluida 8 lateir (receil and act	or stenosis repair elast 2 months due to ue, cachexia, loss of appetit us at NOC); managed with IN disa balence). DCD refere to		
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80-yo female, pleasant lac reveals no acute disease Vitals BP 130/55 HR T Smith. Haz	Labs           Potassium         4.           MRN: 123456         FIN: 654321	6 Age: 80 Years Race: White	a good surgical candidate f Has had 3 admissions in the dehydration (dyspnea, fatig SOB w/ ambulation, delirio duide 8 todie (see al ond ease Admitted: Admit Day 3 Admission Reason: SOB	or stenosis repair last 2 months due to ue, cachexia, loss of appetit us at NOC); managed with IV dise balance). POD softworks Location: PINS 34 Physician: Hill MD, Ro		

Review patient chart (H&P, labs, advance directive, etc.).

Notice: Standardized patient may die by the end of scenario. Student may experience some emotional distress given the nature of the scenario and discussion regarding end of life. The faculty wish to promote students' psychological safety and preparation for this event. There are also resources posted in the syllabus for those needing additional support following the simualtion.

Craighton

INFORMATION ABOUT MY SUR DECISION-MAKER(S)

my surrogate decision-maker, known in this document as my "Attorney-in-Fact for Healthcare". Bradley Smith 111 Somewhere, California I appoint \_ whose address is \_\_\_\_ and whose telephone number(s) are: (home) \_\_\_\_\_919-555-3333 (cell) \_\_\_\_\_818-555-4444 \_\_\_\_ as my successor surrogate decision-maker (known in this document as my "Attorney-in-Fact for Healthcare") if the person named above is unavailable or unwilling to make decisions on my behalf. I authorize these individuals to receive information and to make healthcare and treatment decisions on my

phone number(s) are: (home) 402-280-9999

behalf if and when it is determined that I am unable to make my own decisions. I give them responsibility for advocating on my behalf for healthcare and treatment that represents my values, beliefs and preferences, and ensures my physical, emotional, and spiritual well-being.

Ca CO2 Glucose <u>Creat</u> BUN	8.6 30 109 1.27 34	dysfunction, severe aortic stenosis, EF has decreased from 60 65% 3 years ago • Elevated troponin likely related to heart strain from <u>Ao</u> stenosis
CO2 Glucose Creat BUN	30 109 1.27 34	<ul> <li>65% 3 years ago</li> <li>Elevated troponin likely related to heart strain from Ago stenosis</li> </ul>
Glucose <u>Creat</u> BUN	109 1.27 34	<ul> <li>Elevated troponin likely related to heart strain from <u>Ao</u> stenosis</li> </ul>
Creat BUN	1.27 34	stenosis
BUN	34	
		<ul> <li>AKI resolving – Creat has come down to 1.27 today</li> </ul>
		<ul> <li>Mild and states</li> </ul>
40 mg IV o	once	<ul> <li>Mild confusion</li> </ul>
50 mg ora	I, BID	
81 mg Dai	ly	Recommendation-
5000 Unit	s SQ q 8h	I would suggest that hospice care is probably appropriate but will
3 mL nebu	ilizer q 6h while awake	defer to primary team to ultimately make that decision.
500 mg or	al q 6h PRN	
4-8 mg IV	g 8h PRN	
	40 mg IV c 50 mg ora 81 mg Dai 5000 Unit 3 ml. nebu 500 mg or 4-8 mg IV	40 mg IV once 50 mg oral, BID 81 mg Daily 5000 Units 50,q 8h 3 mL nebulizer q 6h while awake 500 mg oral q 6h PRN 4-8 mg IV q 8h PRN

ecommendation: Treat her with diuretics as needed to keep her comfortable; Patient not open to TAVR, no surgical intervention warranted, Consult Palliative care for goals of care discussion, continue Atenolol and ASA, add subg Heparin, continue with Lasix 40mg po daily, request screenings/evaluation by PT, OT, and Social work for discharge planning.

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## Example Simulation Plan

- 1. Team case discussion Establish plan (20 mins)
- 2. Patient interview (30 mins)
  - 1. Phase 1: Goals of care discussion
  - 2. Phase 2: Caregiver support
- 3. Team recommendations "Consult Note" (10 mins)
- 4. Debriefing Reflect on team dynamics (30 mins)

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#### Nursing Evaluation: CCEI-PC

#### Modified Creighton Competency Evaluation Instrument - Palliative Care Version<sup>®</sup> (CCEI-PC<sup>®</sup>)

Studer	nt Name:	0=Doe 1=Der	es not	demon	Date:/_/
Evalua	tor Name:	NA=N	ot app	licable	e MM / DD / YYYY
SSMENT	<ol> <li>Obtains Pertinent Data [Holistic approach: includes assessment of patient and family member(s), identifies patient's preferences and/or reviews patient's advance directives, conducts systematic physiologic assessment (includes pain, oral, dyspnea, delirium), &amp; performs cultural/spiritual assessment]</li> </ol>	0	1	NA	COMMENTS:
S	2. Performs Follow-Up Assessments as Needed	0	1	NA	
AS	3. Assesses the Environment in an Orderly Manner	0	1	NA	
	<ol> <li>Communicates Effectively with Intra/Interprofessional Team (Team STEPPS, SBAR, Written Read Back Order)</li> </ol>	0	1	NA	
N	<ul> <li>5. Communicates Effectively with Patient and Significant Other (verbal, nonverbal, teaching)</li> <li>a. Efforts to establish trust (through demonstration of empathy, active listening, and outbacking pressure)</li> </ul>	0	1	NA	
INICATIO	<ul> <li>b. Uses language that is culturally/spiritually sensitive, age-appropriate, and situation appropriate. (e.g. avoid medical jargon &amp; "I know how you feel", instead "This must be really hard for you", use open ended statements/questions)</li> </ul>	• 0	1	NA	
MMU	<ul> <li>Utilizes resource(s) to improve communication (e.g. education pamphlet, advance directives, coping techniques, etc.)</li> </ul>	0	1	NA	Nurse Education Today 73 (2019) 23-30
					Nurse Education Today

Relationships among nursing student palliative care knowledge, experience, self-awareness, and performance: An end-of-life simulation study

Amanda J. Kirkpatrick<sup>a,\*</sup>, Mary Ann Cantrell<sup>b</sup>, Suzanne C. Smeltzer<sup>c</sup>

\* Villanova Untversity, M. Louise Rizpairtick College of Nursing, Creighion University, College of Nursing, 222 Criss II Bldg, 2500 California Plaza, Omaha, NE 68178,

Final Original Conversion, Inc. Longen Leaguestics, Configue of Humang, Configue of Humang, 2020 Conference and Configue of Humang, 2022 Distribution Hail, 8000 Lancauser Ave, Villanova, DA 190085, United Statest Willianova, University, M. Loutos Pitapartick College of Humang, 222 Distribution Hail, 8000 Lancauser Ave, Villanova, DA 190085, United Statest Conter of Ownship Research, Villanova University, M. Loudos Humang, 2022 Distribution Hail, 8000 Lancauser Ave, Villanova, DA 190085, United Statest Conter of Ownship Research, Villanova Distributions, M. Loudos Humang, M. Sharika, 2022 Distribution Hail, 8000 Lancauser And Antonio Marchaelling, Control Humang, Contention, Contenti

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#### Team Evaluation: C-ICE

ues/Ethics for Interprofessional Practice		0=Does not demonstrate competency 1=Demonstrates competency NA- Not applicable		
emplifies patient-centered care (i.e. patient dignity, confidentiality, diversity, etc.)	Circle Appropriate Score for all			
<ul> <li>Involves patient as a member of health care team (acknowledges, solicits information and listens to patient, NA if patient not present)</li> </ul>	O	ile Criteria 1	N/A	
<ul> <li>Values patients' right to make their own health care decisions (references patient's perspective)   — Team does not allow son to monopolize the conversation and ensures patient voice is heard in discussion</li> </ul>	0	1	N/A	
<ul> <li>Identifies factors influencing health status of the patient (verbalizes factors) – Addresses patient's diagnosis and what she understands about her chronic condition(s)</li> </ul>	0	1	N/A	
<ul> <li>Integrates patient-specific circumstances into care planning (considers factors in plan) – Considers patient safety factors (lives alone, son is not in the area) and patient values/preferences (may include spirituality, diet, etc.)</li> </ul>	0	1	N/A	
Demonstrates team goal setting	1		0.0000	
<ul> <li>Identifies patient's goals (from patient's perspective, verbalizes goals) – Returning home</li> </ul>	0	1	N/A	
<ul> <li>Identifies team goals for patient (verbalizes goals) - Comfort and maximized QQL</li> </ul>	0	1	N/A	
<ul> <li>Prioritizes goals (NA if only one goal established) – Code status and symptom management as priorities in discussion (minimum requirements)</li> </ul>	0	1	N/A	

Fig. 3. Example Criteria for Performance Evaluation. This example shows faculty-identified criteria for evaluating student performance during an interprofessional palliative care distance simulation using the Creighton Interprofessional Collaborative Evaluation© instrument.



#### Questions?

- Resources & reference list are posted
- Thank you on behalf of our faculty course team -Amanda J. Kirkpatrick, PhD, RN, Diane Jorgensen, MA, MSW, LMHP, BCC, Helen S. Chapple, PhD, RN, MA, Maribeth Hercinger, PhD, RN,
   Lindsay M. Iverson, DNP, APRN-NP, ACNP-BC, Kelly K. Nystrom, PharmD, BCOP, Amy M. Pick, PharmD, BCOP,
   Cindy L. Selig, DNP, APRN, RNC-OB, CPLC, Nancy Shirley, PhD, RN, and Andrea M. Thinnes, OTD, OTR/L

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## **Panelist Contact**

Megan Lippe: lippe@uthscsa.edu Amisha Parekh de Campos amisha.parekh de campos@uconn.edu Stephanie Clark: sbarger1@una.edu Kaleigh Barnett: Barnett@up.edu Amanda J. Kirkpatrick: mandykirkpatrick@creighton.edu

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#### **Upcoming Webinars**

- Evaluating Learning Outcomes in Palliative Care Nursing Education: Tools and Strategies Facilitated by Andra Davis, PhD, MN, RN
  - Monday, February 28th, 8:00-9:00AM PST/11:00AM-12:00PM EST Click to Register
  - Tuesday, March 1st, 3:00-4:00PM PST/6:00PM-7:00PM EST
     Click to Register
- Teaching Innovation with Palliative Care TBD, Facilitated by Andra Davis, PhD, MN, RN

#### **Faculty Spotlight**

Dr. Andra Davis interviews faculty who currently use ELNEC Undergraduate and/or ELNEC Graduate. Check back often to see updated interviews.

February 2022: Casey Shillam, PhD, RN, Dean & Professor, School of Nursing, University of Portland. Watch Interview

Past Faculty Spotlight Interviews



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- Critical Care
- Geriatric
  - Pediatric
- Communication

#### Fall Summit: Chicago Area

#### (Oak Brook, IL) | October 20-21

- APRN Adult
- Core

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#### AACNNURSING.ORG/ELNEC

#### Interprofessional Communication Curriculum (ICC)

#### Portland, OR - August 24-26

- NCI Grant Funded: FREE registration, hotel lodging, and more
- For Teams of Oncology Nurses, Chaplains, and Social Workers

