Evaluating Learning Outcomes in Palliative Care Nursing Education: Tools and Strategies

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DISCLOSURES

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 - Dr. Betty Ferrell, Professor City of Hope
 - Principal Investigator ELNEC Project
 - Grant-funded subaward to Drs. Davis and Lippe support through Cambia grant to support advancement of palliative care education

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OBJECTIVES

- Review tools to evaluate palliative care student learning outcomes:
 - Knowledge
 - Attitudes
 - Perceived competence
 - Competency-based education outcomes

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STUDENT EVALUATION

Consider knowledge, skills, and attitudes (KSA) to develop competence in an area'

Competency-based education is outcomedriven

Linked to explicitly defined performance expectations

Conscious connections between KNOWLEDGE and ACTION

(AACN, 2021, p. 4; Meekin, et al., 2000)

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KNOWLEDGE

- Palliative Care Quiz for Nursing (PCQN)
 - Ross, McDonald, McGuinness (1996)
 - 20 item T/F measuring theoretical knowledge (symptom management, psychosocial, spiritual care and general principles of PC)
 - · Considered outdated though continues to be used
- Knowledge Assessment Tool (KAT)
 - Lange, Shea, Grossman, Wallace, Ferrell (2009)
 - 50-item multiple-choice measuring knowledge attainment
 - Based on ELNEC CORE curriculum

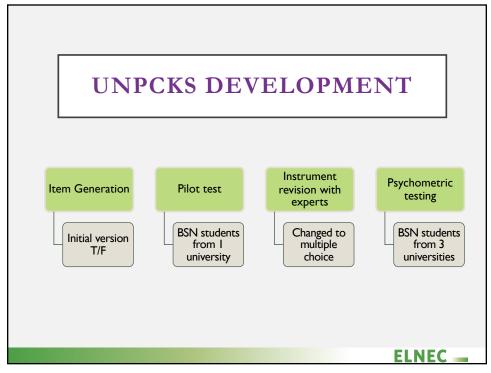
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UNDERGRADUATE NURSE PALLIATIVE CARE KNOWLEDGE SURVEY (UNPCKS)

- Davis, A., Lippe, M., Burduli, E., & Barbosa-Leiker, C. (2020). Development of a new undergraduate palliative care knowledge measure. *Journal of Professional Nursing*, 36(1), p. 47-52. doi: 10.1016/j.profnurs.2019.06.007
- 27-item measure reflecting CARES competencies
- Measures knowledge attainment across palliative care domains

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RESULTS

- All questions aligned with CARES statements and NCP Domains
- Exploratory factor analysis revealed two primary factors:
 - · Principles of Palliative Care
 - · Pain and Provider Self-Care
- · Content validity established by the expert panel
- UNPCKS 2.0 currently begin evaluated
 - 20 items based on prior EFA
 - Future analysis with KR-20

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NEXT STEPS

• For educational purposes

- Faculty request at pallcareed@up.edu
- · Qualtrics survey link sent based on start/end date requests
- · Students complete survey with university email
- Can elect for responses to be used in research
- Results provided to faculty with all student emails

• For research purposes

• Contact <u>pallcareed@up.edu</u> to discuss

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ATTITUDES

Attitudes

- Frommelt Attitudes Toward Care of the Dying FATCOD, Form B Frommelt, (2003)
 - Revised into 30 Likert-type items (equally worded positively and negatively statements)
 - Equally worded positive and negative statements to assess attitudes toward 'terminally ill' persons and their families

Death Anxiety Scales

- Thanatophobia Scale (TS) Merrill, Lorimor, Thornby, & Woods (1998)
- 7-item scale assessing healthcare professionals' attitudes
- Concerns about Dying (CAD)
 Mazor, Schwartz, & Rogers (2004)
 - 10 descriptive statements assessing healthcare providers and students comfort level and concerns about death; includes items related to spirituality

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INTEGRATING BEHAVIORS: COMPETENCE

AACN Essentials (2021):

- Competence: The array of abilities (knowledge, skills, and attitudes) across multiple domains or aspects of performance in a certain context.
- Competency: An observable ability of a health professional, integrating multiple components such as knowledge, skills, values, and attitudes.

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PERCEIVED COMPETENCY

Palliative Care Nursing Self-competence Scale (PCNSC)

10 dimensions of care measured in 50-items.

- Intended for use among any nurse caring for adult patients and families experiencing life-limiting illness or at end of life
- Desbiens & Fillion (2011)

Primary Palliative Care Perceived Competence

- 17-item 5-point Likert scale
- Aligned with CARES competencies to assess perceived competence among undergraduate nursing students
- Updates with CARES & G-CARES 2nd ed. in progress
- Lippe et al. (2020)

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COMPETENCY (SKILLS)

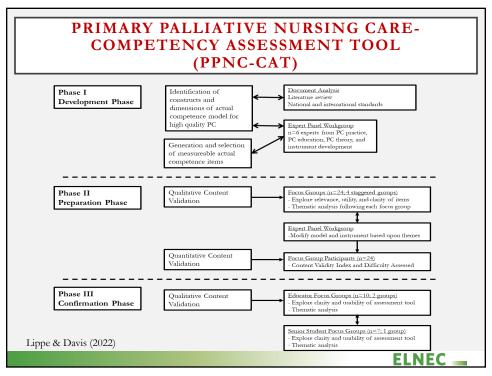
Nursing Students Competence Instrument (NSCI)

Lin, Wu, Hsiao, Han, & Hung (2017)

- 27-item 4-point Likert scale
- Measure nursing students' general competencies in four dimensions:
 - · integrating care abilities
 - · leading humanity concerns
 - · advancing career talents
 - · dealing with tension

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ASSUMPTIONS

- 1. Primary palliative care supports persons with serious illness or injury and their families, from the time of diagnosis across the lifespan and care settings.
- 2. The nurse plays a central role in integrating patients' values, preferences, and goals into holistic assessment, intervention, evaluation, and coordination of care.
- 3. The assessment tool evaluates the provision of primary palliative care by prelicensure students and entry-level nurses.
- 4. Use of the assessment tool presumes that the precursors have been part of the educational experiences of the individual being evaluated.

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PRECURSORS

Application of key foundational nursing principles

- Patient and Family Education
- Communication: Patient, Family, Interdisciplinary
- Shared Decision Making
- Person- and Family-Centered Care
- Ethical and Legal ConceptsCulturally-Inclusive
- Care

 Comprehensive
 Patient Assessment
 (across biological,
- psychological, social, spiritual domains)
 • Family Caregiving Assessment (knowledge, needs, capacity, resources)

Knowledge of primary palliative care domains

- Structure and Processes of Care
- Physical Aspects of Care
- Psychological and Psychiatric Aspects of Care
- Social Aspects of Care
- Spiritual, Religious, and Existential Aspects of Care
- Cultural Aspects of Care
- Care of the Patient Nearing the End of Life
- Ethical and Legal Aspects of Care

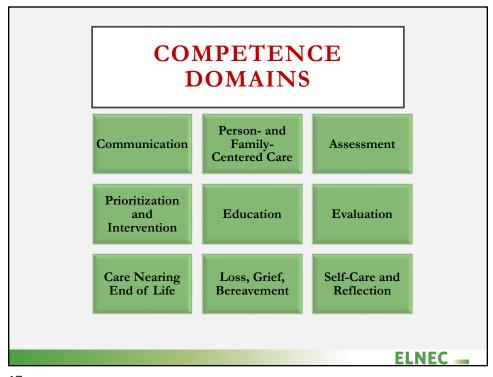
Exposure to / Experience

- Caring for patients with serious illness or who are dving
- With serious illness conversations, such as goals of care conversations and family meetings
- Supporting and educating family members of someone with serious illness or dying

Personal insight related to caring for persons with serious illness or dying

- Self-awareness of attitudes and comfort
- attitudes and comfort
 Perceived selfcompetence in
- performing PPC
 Reflective practice

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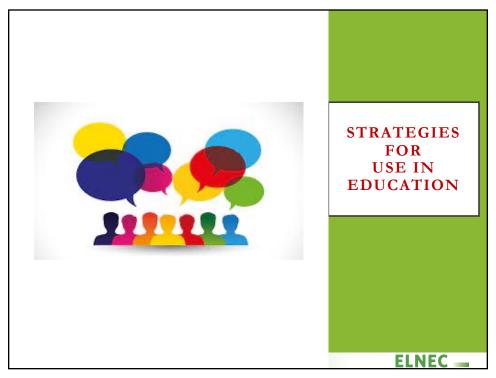
Dr. Lippe

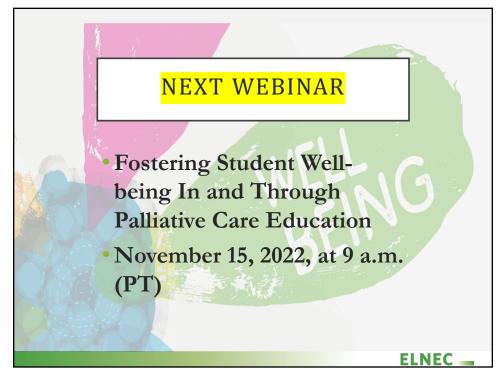
• lippe@uthscsa.edu

Palliative Care Evaluation Measures

- Pallcareed@up.edu
 - UNPCKS 2.0
 - CARES-PC 2.0 or G-CARES-PC 2.0
 - PPNC-CAT

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