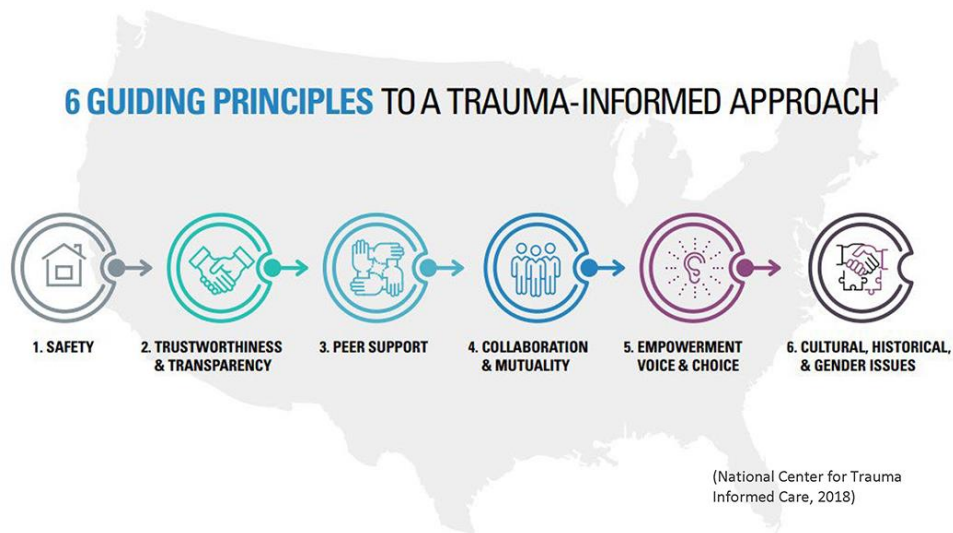


NRS 4041: Supporting a Trauma-Informed Learning Environment



"A program, organization, or system that is trauma-informed realizes the widespread impact of trauma and understands potential paths for recovery; recognizes the signs and symptoms of trauma in clients, families, staff, and others involved with the system; and responds by fully integrating knowledge about trauma into policies, procedures, and practices, and seeks to actively resist re-traumatization."

Substance Abuse and Mental Health Services Administration (SAMHSA)

The focus of NRS 4041 course is on communication skills needed to provide care to seriously ill or dying patients and their families. Films, readings, and the discussion forums are used to illuminate palliative care and communication issues. A "trigger warning" is a warning given with the intention of advising people who have experienced serious trauma in their past that the material they are about to encounter may have the potential to raise, or trigger, some of that latent trauma. While we believe a certain degree of intellectual and, in some cases, emotional discomfort is productive to growth in an educational setting, it is our goal to help you avoid feeling activated or re-traumatized through your encounters with the class material or discussions. Because this course deals with a diverse range of human experiences, many of which are disturbing or painful, and since there is no way to know precisely which issues will be potentially triggering for which students, we invite you to be aware of the possibility of triggers throughout the semester and to take the necessary measures to care for yourself and your fellow students if/when you feel triggered. *If you feel triggered by any of the learning activities in this course, stop the activity and reach out to Dr. Glover and Professor Schneider by email.*

If you or someone you know is feeling overwhelmed, depressed, and/or in need of support, services are available. For help, contact the OU Counseling Center in the Human Health Building at (248) 370-3465 or the SEHS Counseling Center at 250A Pawley Hall, (248) 370-2633, <https://oakland.edu/counseling/sehs-cc/> (link opens in a new window). Student resources can also be found at <https://www.oakland.edu/deanofstudents/student-resources/> (link opens in a new window). For immediate 24/7 services contact Common Ground at <https://commongroundhelps.org/#/> (link opens in a new window) via chat or call or text the word "hello" to 1-800-231-1127.

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