

Licensed Nursing Staff: Caring for Older Adults in Long-term Care During the Pandemic and Unlicensed Staff: Caring for Older Adults in Long-term Care During the Pandemic

Updates

COVID-19 information shared in the PowerPoint presentations continue to evolve and change. All of resources listed in this section are from the Centers for Disease Control and Prevention (CDC), which can be accessed at www.cdc.gov, or the Centers for Medicare and Medicaid Services (CMS), which can be accessed at www.cms.gov, of which all are available for free.

- CDC. (May 13, 2020). Symptoms of Coronavirus Retrieved July 14, 2020 from: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html
- CDC. (June 25, 2020). People of any Age with Underlying Conditions. Retrieved July 14, 2020 from: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html
- CDC. (June 25, 2020). Older Adults. Retrieved July 14, 2020 from: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/older-adults.html
- CDC. (July 2, 2020). Testing Guidelines for Nursing Homes. Retreieved July 14, 2020 from: https://www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-homes-testing.html
- CMS. COVID-19 Nursing Home Data. Retrieved July 14, 2020 from: https://data.cms.gov/stories/s/COVID-19-Nursing-Home-Data/bkwz-xpvg/
- CMS. (May 18, 2020). Nursing Home Reopening Recommendations for State and Local Officials. Retrieved July 14, 2020 from: https://www.cms.gov/files/document/gso-20-30-nh.pdf
- CMS. (May 18, 2020). Nursing Home Reopening Recommendations Frequently Asked Questions. Retrieved July 14, 2020 from: https://www.cms.gov/files/document/covid-nursing-home-reopening-recommendation-faqs.pdf

Supplemental Materials

Advance Care Planning in Long-Term Care

Advance Care Planning During a Crisis: Key Information for Nursing Facility Staff
12-minute webinar published on April 2 by the Indiana University Center for Aging Research,
Regenstrief Institute. Retrieved July 14, 2020 from: https://www.capc.org/training/learning-pathways/community-health-care-providers-covid-19-crisis/

Caring for Persons with Dementia

- Alzheimer's Association. (2020). COVID-19, Alzheimer's and Dementia: What You Need to Know. Numerous resources. Retrieved July 14, 2020 from https://alz.org/alzheimers-dementia/coronavirus-covid-19
- The Society for Post-Acute and Long-Term Care Medicine (PALTC). (March 17, 2020). *Caring for PALTC residents with dementia during the COVID-19 outbreak*. Retrieved May 6, 2020 from: https://paltc.org/sites/default/files/Caring%20for%20Residents%20With%20Dementia.pdf

Caring for Older Adults During a Disaster

- Gulley, K. H., Altman, B. A., Strauss-Riggs, K., & Schor, K. (Eds). (2015). *Caring for older adults in disasters: A curriculum for health professionals*. Rockville, MD: The National Center for Disaster Medicine and Public Health, Uniformed Services University of the Health Sciences.
- Long, C. O., Creating Joy and Resilience during Uncertain Times. Retrieved July 14, 2020 from https://www.aacnnursing.org/Portals/42/ELNEC/PDF/Creating-Joy-Resilience-in-Times-of-Uncertainty.pdf

Coping Strategies

- Centers for Disease Control and Prevention (CDC). (n.d.). *Coping with a disaster or traumatic event*. Retrieved July 14, 2020 from: https://emergency.cdc.gov/coping/pdf/Coping_with_Disaster.pdf
- Substance Abuse and Mental Health Services Administration (SAMHSA). (October, 2014). *Coping with stress during infectious disease outbreak*. Pub. ID SMA14-4885. Retrieved from May 6, 2020 from: https://store.samhsa.gov/product/Coping-with-Stress-During-Infectious-Disease-Outbreaks/sma14-4885
- Substance Abuse and Mental Health Services Administration (SAMHSA). (April, 2020). *Taking care of your behavioral health during an infectious disease outbreak. Tips for social distancing, quarantine, and isolation*. Pub. ID SMA14-4894. Retrieved from May 6, 2020 from:

 https://store.samhsa.gov/product/Taking-Care-of-Your-Behavioral-Health-During-an-Infectious-Disease-Outbreak/sma14-4894
- Substance Abuse and Mental Health Services Administration (SAMHSA) (July, 2020). Tips for Healthcare Professionals: Coping with Stress and Compassion Fatigue. Pub ID. PEP20-01-01-016 https://store.samhsa.gov/product/Tips-for-Healthcare-Professionals-Coping-with-Stress-and-Compassion-Fatigue/PEP20-01-01-016?referer=from_search_result

COVID-19: Audio-visual Resources

- COVID-19: What Older Adults Need to Know. March 10, 2020. Retrieved July 14, 2020 from: http://www.youtube.com/watch?v=TjcoN9Aek24
- Preparing Nursing Homes and Assisted Living Facilities for COVID-19. July 13, 2020. Retrieved July 14, 2020 from: https://www.youtube.com/watch?v=jzXdRq6cvjo

Hospice in Long-term Care Settings

American Health Care Association (AHCA), National Center for Assisted Living (NCAL), National Hospice and Palliative Care Organization (NHPCO). (April 9, 2020). Guidance on the role of hospice services in LTC facilities during COVID-19 pandemic. Retrieved July 14, 2020 from https://www.nhpco.org/wp-content/uploads/Hospice-and-LTC Facilities-During-COVID-19 040920.pdf