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| POLICY | PROGRAM |
| Covenants we collectively choose to live by, as articulated in legislation and regulation. | Short-term interventions that create temporary improvements in the wake of challenges. |
| Method by which the government and affairs of a nation are, or may be, administered. | Programs help people manage the effects of injustices, but they don't overcome or cure them. |
| Policy isa set of rulesthat people must follow. | A program is a set of rulesand requirements that have a continuous goal.  |
| A system of public or official administration, as designed to promote the external or internal prosperity of a state. | A plan of action to accomplish a specified end or benefit. |
| A rule or plan of action, especially an official one adopted and followed by an organization or government. | A set of related measures or activities with a particular long-term aim. |
| EXAMPLE:Legislation surrounding taxes (economic issues), recycling (environmental issues), funding (scientific research), workplace safety, public health issues, and public transportation access for disabled people (transportation issues). As an example:* Texas 87th Legislature Session 3: S.B. No. 49 relating to a prohibition on the use of state or local money by certain hospitals to pay for travel nurses. [SB 49 Link](https://capitol.texas.gov/BillLookup/Text.aspx?LegSess=873&Bill=SB49)
* City of Kyle ORDINANCE NO. 427 An ordinance of the city of Kyle, Texas authorizing and creating mandatory water use management policies and procedures. [City Ordinance Link](https://www.cityofkyle.com/sites/default/files/fileattachments/utility_billing/page/524/watermanagementordinance-427_001.pdf)
 | **EXAMPLE:**Programs are typically ***services*** can be:* Informational approaches – directed at changing knowledge or attitudes about the benefits of and opportunities for healthy lifestyles
* Behavior or social approaches – designed to teach employees the behavioral management skills necessary for successful adoption and maintenance of behavior change

**As an example:** * **Classes or seminars on health topics such as fitness, nutrition, tobacco cessation, or stress management**
* **On-site influenza vaccine clinics or other mobile health clinics**
* **Chronic disease self-management tools**
* **Emails or newsletters with health information**
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**Program Development and Implementation:**

