

| Sub-competency | Progression Indicators (Observable Behaviors) | | | |
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| | Developing | Developed (Competence) | | |
| 2.1 Engage with the individual in establishing a cari | 2.1 Engage with the individual in establishing a caring relationship. | | | |
| | Listen to patients using verbal and nonverbal cues to understand their needs and concerns. | Anticipate patients' needs based on non-verbal cues and the clinical context, responding with appropriate emotional and clinical support. | | |
| 2.1a Demonstrate qualities of empathy. | Use simple, person-centered language when explaining procedures or plans of care. | Leverage communication skills to elicit verbal and nonverbal information to inform the plan of care. | | |
| | Use open-ended questions to elicit patient values and preferences, documenting them accurately in the medical record. | Ensure patient preferences are consistently revisited and reflected in interdisciplinary team discussions. | | |
| 2.1b Demonstrate compassionate care. | Demonstrate presence through eye contact, active listening, and appropriate verbal/nonverbal actions. | Remain fully present even in high-stakes or emotionally charged situations. Integrate individual patient preferences and emotional support into every interaction. | | |
| | Identify individual preferences to begin incorporating them into actions and conversations. | Engage with healthcare team members to create a seamless, person-centered care experience, respecting holistic needs. | | |
| | Use clear, patient-centered language and encourage patients to ask questions and clarify misunderstandings. | Adjust communication approaches in real-time as needed, ensuring concerns from the patient and their significant others are addressed. | | |
| 2.1c Establish mutual respect with the individual and family. | Identify culture, values, beliefs, background, and developmental needs. | Integrate understanding of patients and significant others into actions and conversations. | | |
| | Seek input and affirmation from the patient and significant others. | Engage family members or other key support individuals in conversations to ensure understanding and two-way communication. | | |



| 2.1d Promote caring relationships to effect positive outcomes. | Demonstrate active listening, understanding, therapeutic communication, support, and trust in the context of holistic care. | Adjust the care environment to align with patient and significant others' preferences, ensuring emotional and physical comfort while involving them in holistic care decisions. |
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| | Engage with patients to explore questions and concerns, using open-ended questions to gain a comprehensive view of their situation. Validate others' experiences and emotions in | Use patient concerns and situations to individualize holistic care. |
| 2.1e Foster caring relationships. | health care. Build trust by maintaining eye contact and acknowledging concerns with appropriate verbal and non-verbal affirmations to demonstrate understanding and relatability in patient interactions. | Tailor interventions to respect the cultural, ethical, and spiritual preferences of patients and families. |
| 2.2 Communicate effectively with individuals. | | |
| | Use therapeutic communication strategies and demonstrate empathy when interacting with patients, families, and caregivers, ensuring clear and respectful communication. | Integrate patients' cultural, emotional, and social needs into care plans. |
| 2.2a Demonstrate relationship-centered care. | Collaborate with patients and other healthcare team members to identify patient preferences, values, and cultural considerations without making | Facilitate patient autonomy by involving them in decision-making and providing relevant resources to support informed choices. |
| | assumptions. Contribute to team discussions by sharing insights from patient interactions to support a holistic care approach. | Advocate for the patient's needs and preferences within the care team, ensuring they are reflected in care decisions. |



| 2.2b Consider individual beliefs, values, and personalized information in communications. | Acknowledge patients' beliefs, values, and cultural practices during care. | Apply cultural humility and cultural competence in care discussions, fostering mutual understanding and respect. |
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| | Incorporate patient preferences into communication. | Resolve potential misunderstandings with cultural humility, mitigating implicit biases. |
| | Identify standard communication methods to share and receive information effectively with patients and team members. | Apply appropriate communication methods to share clear and comprehensive information tailored to diverse healthcare settings. |
| 2.2c Use a variety of communication modes appropriate for the context. | Adjust communication style based on the needs of patients. | Customize communication approaches to align with the patient's needs to ensure understanding. |
| | Demonstrate respect and professionalism when communicating with diverse individuals. | Demonstrate skills in interdisciplinary communication, fostering effective teamwork and mutual understanding. |
| | Prepare for sensitive conversations by reviewing relevant patient information and considering cultural and emotional factors affecting the interaction. | Create an environment fostering trust, privacy, and emotional safety, ensuring patients and families feel comfortable expressing their thoughts and concerns. |
| 2.2d Demonstrate the ability to conduct sensitive or difficult conversations. | Use empathetic language and demonstrate active listening, ensuring patients or families feel heard and understood. | Handle conversations involving conflicting perspectives or heightened emotions with professionalism and composure, focusing on the patient's needs and goals. |
| | Convey information clearly and respectfully, using simple language to discuss complex topics while ensuring comprehension. | Utilize reflection, validation, and de-escalation techniques to navigate sensitive or emotionally charged topics effectively. |



| | Identify and select evidence-based education | |
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| | materials aligning with the patient's health literacy levels and preferences. | Tailor evidence-based teaching materials to meet |
| | levels and preferences. | individual patients' or families' specific educational |
| 2.2e Use evidence-based patient teaching | Demonstrate cultural humility by selecting | needs, cultural context, and preferences. |
| materials, considering health literacy, vision, | materials that are respectful and relevant to the | |
| hearing, and cultural sensitivity. | patient's cultural background and values. | Anticipate and address barriers to understanding |
| | | using interpreters and/or culturally appropriate |
| | Ensure understanding by asking open-ended | resources. |
| | questions and encouraging patients to repeat key information in their own words. | |
| | Identify and respond appropriately to verbal and | Demonstrate self-awareness and self-regulation |
| | non-verbal emotional expressions from patients, | while communicating. |
| 2.2f Demonstrate emotional intelligence in | families, and team members. | _ |
| communications. | | Lead sensitive discussions confidently and |
| | Identify appropriate strategies to deliver bad | tactfully, ensuring all parties feel respected and |
| | news. | supported. |
| | Use advanced communication strategies to | Lead interdisciplinary discussions by employing advanced facilitation skills, ensuring alignment |
| | communicate ideas. | with objectives, and fostering team collaboration. |
| | | with objectives) and rostering team conductation |
| 2.2g Domonstrate advanced communication skills | Demonstrate accuracy and clarity in electronic and | Leverage advanced technologies to enhance |
| 2.2g Demonstrate advanced communication skills and techniques using a variety of modalities with | written documentation, ensuring information is accessible and actionable for interdisciplinary | communication efficacy and accessibility for |
| diverse audiences. | teams. | diverse populations. |
| | | Douglan and implement in such a section and the |
| | Solicit and integrate patient, family, and team | Develop and implement innovative methods to educate, inform, and engage diverse audiences, |
| | feedback to refine communication approaches and | ensuring complex health information is accessible |
| | enhance mutual understanding. | and empowering to all stakeholders. |



| 2.2h Design evidence-based, person-centered | Identify evidence-based guidelines to develop engagement materials. | Design tailored materials integrating individual goals, values, and contexts. |
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| engagement materials. | Create materials using clear, concise language and visuals to accommodate health literacy levels and ensure comprehension across diverse populations. | Implement systematic methods to evaluate the impact of materials on outcomes. |
| | Explain the importance of integrating genetic/genomic, pharmacogenetic, and environmental exposure information into patient assessments and care plans. | Incorporate advanced genetic/genomic, pharmacogenetic, and environmental data into comprehensive individual or system-level plans, ensuring alignment with the latest evidence-based guidelines. |
| 2.2i Apply individualized information, such as genetic/genomic, pharmacogenetic, and environmental exposure information in the delivery of personalized health care. | Consult with specialists to ensure accurate interpretation and application of complex data. | Utilize advanced tools and resources to optimize clinical decisions impacting patient care. |
| | Educate patients and others on the relevance of genetic and environmental information using clear and accessible language to promote understanding and informed decision-making. | Develop and deliver tailored communication strategies to explain complex genetic and environmental data to patients, families, and team members, ensuring their understanding and active participation in care decisions. |
| 2.2j Facilitate difficult conversations and disclosure | Deliver sensitive information clearly and compassionately, ensuring the patient, family, or team understands the content. | Lead difficult conversations with diverse patients, families, and healthcare teams while acknowledging different perspectives. |
| of sensitive information. | Use empathetic verbal and nonverbal communication strategies to create a supportive and nonjudgmental environment during difficult discussions. | Address conflicts arising during difficult conversations using advanced communication skills. |
| 2.3 Integrate assessment skills in practice. | | |



| 2.3a Create an environment during assessment that promotes a dynamic interactive experience. | Initiate assessments using professional communication to build trust and encourage open dialogue. Utilize open-ended questions to actively engage patients in sharing health history, concerns, and goals. | Tailor communication to create a caring and respectful environment based on patient needs. Identify and address communication barriers by using innovative strategies and tools. |
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| 2.3 b Obtain a complete and accurate history in a systematic manner. | Employ focused questioning techniques to gather essential information about the patient's chief complaint, medical history, and lifestyle factors. | Synthesize comprehensive histories incorporating social, behavioral, physical, and cultural influences. Use open-ended questions to encourage patients to describe their health experiences in their own words. |
| 2.3c Perform a clinically relevant, holistic health assessment. | Identify and prioritize assessments addressing the patient's immediate needs and presenting symptoms. Collect subjective and objective data to support clinical decision-making. | Apply clinical judgment to determine assessment sequencing and urgency. Adjust assessment priorities in real-time based on clinical judgment and patient feedback. Prioritize assessments based on the patient's immediate needs and presenting symptoms. |
| 2.3d Perform point of care screening/diagnostic testing (e.g., blood glucose, PO2, EKG). | Follow policies and procedures when utilizing equipment and conducting point-of-care testing. Determine the necessity of point-of-care testing based on clinical indications. | Identify and manage errors in point-of-care testing. Collect and handle specimens according to established policies and procedures. |



| | Recognize and analyze normal and abnormal health findings. | Identify patterns in abnormal findings and correlate them with potential underlying |
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| 2.3e Distinguish between normal and abnormal health findings. | Consult clinical guidelines and evidence-based resources to verify deviations from normal findings. | Use abnormal findings to prioritize interventions and refine care plans. |
| | Differentiate between findings requiring urgent versus routine follow-up and communicate appropriately with healthcare team members. | Synthesize normal and abnormal findings in relation to the patient's disease process. |
| 2.3f Apply nursing knowledge to gain a holistic | Incorporate family dynamics and support systems into the assessment process. | Analyze data trends to assess their influence on patient well-being. |
| perspective of the person, family, community, and population. | Identify community-level factors affecting holistic patient care. | Integrate clinical findings with environmental and societal data to develop comprehensive, personcentered care plans. |
| 2.3g Communicate findings of a comprehensive | Document accurate assessment findings in the patient's health record. | Communicate key findings to the healthcare team during handoffs and case discussions. |
| assessment. | Provide patients with clear and comprehensible explanations of assessment findings to ensure their active involvement in care decisions. | Collaborate with healthcare team members to discuss and interpret findings, contributing to informed clinical decision-making. |
| 2.3h Demonstrate that one's practice is informed | Gather assessment data relevant to the patient's condition and advanced practice specialty. | Synthesize and prioritize data to guide practice decisions effectively. |
| by a comprehensive assessment appropriate to the functional area of advanced nursing practice. | Apply advanced nursing knowledge to interpret assessment findings within specific functional areas. | Demonstrate clinical reasoning and decision- making skills in analyzing complex cases and refining patient care plans. |
| 2.4 Diagnose actual or potential health problems and needs. | | |



| 2.4a Synthesize assessment data in the context of the individual's current preferences, situation, and experience. | Obtain relevant physical assessment data from patients and other sources. | Make evidence-informed decisions based on an understanding of the individual needs of the patient. Refine data continuously by integrating feedback from diverse sources and adjusting for the evolving patient status. |
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| 2.4b Create a list of problems/health concerns. | Identify key health concerns to generate a problem list based on assessment data from the patient and other sources. | Incorporate input from interdisciplinary team members to prioritize the problem list and integrate it into the care plan. |
| 2.12 Greate a list of prosterins, freaten contectins. | Share the problem list with the healthcare team to facilitate collaborative planning. | Update the problem list as new information becomes available, ensuring its accuracy and relevance. |
| 2.4c Prioritize problems/health concerns. | Organize health concerns based on immediacy and potential impact on the patient's well-being. Consider patient preferences when prioritizing identified health problems. | Analyze the interplay of multiple health concerns to anticipate and mitigate potential complications. Facilitate team discussions to ensure alignment on prioritization and care strategies. |
| 2.4d Understand and apply the results of social screening, psychological testing, laboratory data, imaging studies, and other diagnostic tests in actions and plans of care. | Interpret basic diagnostic results, distinguishing normal from abnormal findings. Interpret abnormal diagnostic findings in the context of individual health status and conditions. Integrate diagnostic data into the initial plan of care, ensuring alignment with the patient's clinical needs. | Recognize the interactions between multiple diagnostic findings and their cumulative impact on patient health. Engage in interdisciplinary discussions on diagnostic findings to inform and guide care decisions. |



| | Identify the etiology and underlying factors of | Anticipate relevant assessment and diagnostic |
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| 2.4e Contribute as a team member to the | various conditions. | tests for different health conditions. |
| formation and improvement of diagnoses. | Communicate key findings from assessments clearly to team members. | Provide informed recommendations regarding diagnoses to the healthcare team. |
| 2.4f Employ context driven, advanced reasoning to the diagnostic and decision-making process. | Analyze practice situations holistically using an unbiased and systematic approach. Ask targeted, evidence-based questions to assess diagnostic priorities. Recognize emerging patterns in patient data to identify potential diagnoses using advanced reasoning frameworks. Develop initial differential diagnoses aligning with the patient, system, or population context. | Synthesize contextual factors into diagnostic and care decisions. Anticipate potential complications or barriers to formulate diagnoses and implement proactive strategies to address them. Reassess diagnoses and decisions based on evolving clinical evidence. |
| 2.4g Integrate advanced scientific knowledge to | Incorporate the best available scientific evidence, clinical guidelines, and research findings into decision-making. | Seek out and integrate new scientific knowledge into practice to enhance patient care. |
| guide decision making. | Apply advanced scientific concepts to healthcare delivery. | Engage in reflective practice to evaluate decision-making processes and assess for potential biases. |
| 2.5 Develop a plan of care. | | |
| 2.5a Engage the individual and the team in plan development. | Gather perspectives from both the patient and team members. Respectfully acknowledge the contributions of all team members to the planning process. | Collaborate with the healthcare team to make informed healthcare decisions. Advocate for the patient in healthcare team |
| | Encourage patient participation in plan development to foster ownership and autonomy. | planning. |



| 2.5b Organize care based on mutual health goals. | Collaborate with patients and stakeholders to set achievable goals reflecting their priorities and capabilities. | Implement care activities to monitor progress toward health goals, adjusting as needed. |
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| | Organize activities logically to address prioritized goals efficiently. | Incorporate patient feedback to refine care organization and enhance goal achievement. |
| | | Synthesize short- and long-term care priorities based on patient feedback, evidence, and goals. |
| | Refer to the best available evidence to prioritize | |
| | interventions with the most significant impact on | Revise priorities as new evidence, conditions, or |
| | patient outcomes. | team input emerge. |
| 2.5c Prioritize care based on best evidence. | Evaluin the retionals for prioritized interventions | Synthesize evidence to support prioritization and |
| | Explain the rationale for prioritized interventions. | Synthesize evidence to support prioritization and decision-making. |
| | Identify necessary resources to meet goals. | decision making. |
| | and the second s | Advocate for evidence-based priorities aligning |
| | | with stakeholders' needs. |
| | Identify interventions supported by clinical or | Implement evidence-based interventions to |
| | policy guidelines. | address complex healthcare delivery issues. |
| 2.5d Incorporate evidence-based intervention to | Ensure chosen interventions prioritize safety. | Evaluate interventions for effectiveness and safety, |
| improve outcomes and safety. | Ensure chosen med ventions prioritize surety. | contributing to continuous quality improvement. |
| | Assess patient responses to interventions and | |
| | adjust as needed to ensure safety and | Apply emerging evidence and innovations to |
| | effectiveness. | enhance patient care outcomes. |
| | Identify potential outcomes of planned | Develop plans to prevent and mitigate potential |
| 2.5e Anticipate outcomes of care (expected, | interventions. | adverse outcomes. |
| unexpected, and potentially adverse). | | |
| anexpected, and potentially develocy. | Monitor for signs of adverse or unintended | Utilize clinical reasoning to anticipate complex or |
| | outcomes and take prompt action when needed. | unexpected outcomes of care. |



| 2.5f Demonstrate rationale for plan. | Identify relevant evidence to support decision-making. Align plan of care rationales with patient preferences and values. | Reflect on the plan of care rationales to ensure alignment with best practices and goals of care. |
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| 2.5g Address individuals' experiences and perspectives in designing plans of care. | Explore the patient's lived experiences and perspectives. Consider cultural, social, and emotional factors when designing care plans. | Maintain an ongoing dialogue with the patient to adapt the care plan as their needs evolve. Seek opportunities to understand experiences different from one's own to ensure comprehensive care. |
| 2.5h Lead and collaborate with an interprofessional team to develop a comprehensive plan of care. | Communicate clearly and effectively with the team to ensure a shared understanding of goals and interventions. | Contribute to interprofessional discussions to ensure efficient collaboration and alignment with evidence-based practices. Synthesize input from all team members into a cohesive, comprehensive plan. |
| 2.5i Prioritize risk mitigation strategies to prevent or reduce adverse outcomes. | Collaborate with the team to reduce patient risks and prevent harm. Educate the patient and other stakeholders on strategies to minimize risks and promote adherence to preventive measures. | Lead the healthcare team in prioritizing risk mitigation strategies. Implement strategies to reduce healthcare risks through team collaboration and leadership. |
| 2.5j Develop evidence-based interventions to improve outcomes and safety. | Document relevant evidence to inform intervention selection. Prioritize interventions enhancing patient safety and minimizing potential harm. | Evaluate data and measure the impact of interventions on patient outcomes, safety, and satisfaction. Adjust interventions based on data and outcomes to improve effectiveness. Lead the care team in implementing strategies to optimize patient safety and outcomes. |



| 2.5k Incorporate innovations into practice when evidence is not available. | Identify gaps in evidence and explore innovative approaches to improve healthcare outcomes. | Communicate potential person-centered solutions in the absence of established evidence. Advocate for the adoption and evaluation of innovative use of technologies or practices. |
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| 2.6 Demonstrate accountability for care delivery. | | |
| 2.6a Implement individualized plan of care using established protocols. | Follow established protocols and guidelines to implement the plan of care accurately and efficiently, ensuring it is tailored to the patient's needs. Coordinate with team members to ensure seamless implementation of the care plan. | Implement protocol-driven care based on the patient's specific context. Anticipate and address barriers to care implementation, evaluating continuity, patient outcomes, and effectiveness. |
| 2.6b Communicate care delivery through multiple modalities. | Provide concise, clear verbal updates to team members during shift handoffs and interdisciplinary meetings. Document and communicate care delivery using electronic health records (EHRs) and other digital tools. Explain care activities to the patient to ensure understanding and engagement while soliciting feedback. | Use appropriate communication tools and strategies to effectively share patient care updates, ensuring clarity and collaboration across healthcare teams. Facilitate real-time communication among team members across multiple modalities to enhance care delivery. Deliver patient education to empower individuals to participate actively in their care. |



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| | Identify tasks suitable for delegation based on the | |
| | scope of practice and team members' | |
| | competencies to ensure patient safety. | Delegate tasks according to expertise and roles |
| | | within the team. |
| | Provide clear instructions when delegating tasks to | |
| 2.6c Delegate appropriately to team members. | team members. | Foster a collaborative environment where |
| 2.00 Delegate appropriately to team members. | | delegation is structured and well-coordinated. |
| | Verify team members' understanding of delegated | |
| | tasks. | Address and resolve delegation-related issues |
| | | promptly and constructively. |
| | Monitor delegated tasks and provide feedback as | |
| | needed. | |
| | Observe patient responses to care interventions | |
| | and compare them to expected outcomes. | Monitor data and implement interventions to |
| | | mitigate potential complications. |
| 2.6d Monitor the implementation of the plan of | Identify and address deviations from the plan | |
| care. | promptly to maintain continuity of care. | Incorporate feedback from patients and team |
| | | members to refine the care plan. |
| | Communicate observations to the care team to | , , , , , , , , , , , , , , , , , , , |
| | support coordinated monitoring efforts. | |
| | Analyze evidence-based protocols and best | |
| | practices during care implementation. | |
| | Landon de Mondon London | A collaboration of the state of |
| | Implement evidence-based practices. | Apply best care practices within the team, |
| 2 Co Model book come uncettant to the toom | Advanta for a idea of board and board an estimation in | ensuring alignment with current evidence. |
| 2.6e Model best care practices to the team. | Advocate for evidence-based and best practices in | Address consists to an avention of a constitute |
| | healthcare delivery. | Address gaps in team practices, suggesting |
| | Cook and incorporate constructive foodback from | actionable improvements to enhance care quality. |
| | Seek and incorporate constructive feedback from | |
| | peers and supervisors to foster continuous | |
| | learning and improvement. | |



| 2.6f Monitor aggregate metrics to assure accountability for care outcomes. | Share relevant data trends and metrics with team members to promote awareness of care outcomes and suggest potential improvements. | Compare care outcomes against institutional or national benchmarks to assess performance. Develop and implement action plans to address identified gaps in care outcomes based on metric analysis. |
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| 2.6g Promote delivery of care that supports practice at the full scope of education. | Demonstrate an understanding of the roles and capabilities of all team members, ensuring their full utilization within the care team. Validate care delivery alignment with institutional policies and professional standards. | Advocate for team members' ability to practice at their full scope of education and training. Participate in reviewing and refining policies to support full-scope practice within the care team. |
| 2.6h Contribute to the development of policies and processes that promote transparency and accountability. | Provide constructive feedback on policies and processes to enhance transparency and accountability. Identify and address ethical implications in care policies to promote fairness and transparency. | Collaborate with key stakeholders to ensure policies reflect person-centered care principles. Evaluate the effectiveness of policies and propose evidence-based improvements. |
| 2.6i Apply current and emerging evidence to the development of care guidelines/tools. | Use current literature to identify gaps in existing care guidelines by analyzing current literature and opportunities, recognizing areas for improvement. Collaborate with interdisciplinary teams to review emerging evidence and adjust care tools accordingly. | Lead the integration of current and emerging research into evidence-based care guidelines to enhance patient-centered care. Evaluate the effectiveness of implemented care tools by analyzing patient outcomes and refining guidelines based on emerging evidence. Advocate for including diverse, high-quality evidence from interdisciplinary fields to develop culturally competent, individualized care tools. |



| 2.6j Ensure accountability throughout transitions of care across the health continuum. | Provide comprehensive handoffs during transitions of care using standardized communication tools. Develop follow-up plans to ensure continuity of care post-transition. Keep all relevant team members informed about transitions to prevent gaps in care. | Implement transition plans anticipating and mitigating risks across the care continuum. Manage transitions effectively, ensuring all roles are clearly defined and executed. |
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| 2.7 Evaluate outcomes of care. | | |
| 2.7a Reassess the individual to evaluate health outcomes/goals. | Conduct routine reassessments to evaluate progress toward health goals. Compare current findings with baseline data to identify changes in the individual's condition. Share reassessment results with the healthcare team to facilitate coordinated evaluation and decision-making. | Integrate physical, emotional, social, and cultural factors into reassessments to comprehensively evaluate health outcomes. Synthesize patterns and trends in reassessment data, linking them to the effectiveness of interventions. |
| 2.7b Modify plan of care as needed. | Identify necessary adjustments to the plan of care based on feedback from the patient and team members. Propose changes based on clinical guidelines and emerging patient needs. Engage the individual in discussions about plan of care adjustments to align with their preferences and values. | Collaborate with the interdisciplinary team to ensure care plan modifications are holistic and evidence-based. Provide a clear, evidence-supported rationale when modifying the care plan in discussions with the team or patient. |



| 2.7c Recognize the need for modifications to standard practice. | Identify specific patient factors that may necessitate deviations from standard practice. | Propose evidence-based alternatives based on the evaluation of current standard practices, meeting the individual's needs. |
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| | Suggest potential adjustments to care practices to better suit the individual's context and goals in collaboration with the team. | Consider ethical implications when deviating from standard practices, ensuring ethical and patient-centered decision-making. |
| 2.7d Analyze data to identify gaps and inequities in care and monitor trends in outcomes. | Collect and review patient data to identify variations in care delivery and outcomes across different populations. Recognize patterns in data suggesting disparities or inconsistencies in outcomes among different groups. Engage with team members to validate observed | Conduct in-depth evaluations to determine the underlying causes of gaps in care and inequities. Analyze trend data to assess the impact on healthcare outcomes. |
| | gaps and explore their potential causes and solutions. | |
| 2.7e Monitor epidemiological and system-level | Recognize how system-level factors impact healthcare outcomes. | Present epidemiological findings on healthcare outcomes. |
| aggregate data to determine healthcare outcomes and trends. | Utilize data analysis tools to monitor trends effectively. | Engage with the team to interpret epidemiological and system-level data and develop strategies to address emerging trends. |



| 2.7f Synthesize outcome data to inform evidence-based practice, guidelines, and policies.2.8 Promote self-care management. | Gather and organize outcome data to identify key findings relevant to practice and policy. Evaluate the quality and applicability of outcome data to current evidence-based practices, identifying areas where updates or refinements may be necessary. | Translate complex outcome data into actionable insights for practice improvement and policy development. Advocate for system-wide adoption of practices informed by synthesized data to enhance patient outcomes. Monitor the implementation of evidence-based guidelines and evaluate their impact, refining practices as needed. |
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| 2.8a Assist the individual to engage in self-care management. | Provide step-by-step instructions and demonstrations for specific self-care activities. Communicate ways individuals can take small, achievable steps toward self-care independence using positive reinforcement. Assess the patient's ability to perform self-care tasks, offering assistance and support as needed. | Design personalized self-care management plans aligned with the individual's health goals and lifestyle, adjusting the plan as needed. Support individuals in making informed decisions and encourage ownership of their self-care practices. Help individuals identify and overcome barriers to effective self-care. Collaborate with families or caregivers to support the individual's self-care efforts in a coordinated and sustainable manner. |



| | Identify the individual's preferred learning style, literacy level, and learning readiness. | Develop individualized educational plans informed by learning theories and methodologies. |
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| 2.8b Employ individualized educational strategies based on learning theories, methodologies, and health literacy. | Use plain language and visual aids to convey complex health information effectively. | Adapt materials and approaches to align with the individual's developmental stage, cultural background, and values. |
| | Employ standard educational materials and strategies to enhance understanding. | Assess the effectiveness of educational strategies and adjust them as needed to support self-care. |
| 2.8c Educate individuals and families regarding self-care for health promotion, illness prevention, | Provide clear, step-by-step instructions for health promotion and illness prevention practices. | Develop comprehensive education plans addressing health promotion, prevention, and disease management. |
| and illness management. | Distribute valid and reliable educational materials to support understanding of self-care practices. | Incorporate the latest research, guidelines, and cultural considerations into educational content for individuals and families. |
| 2.8d Respect individuals and families' selfdetermination in their healthcare decisions. | Honor the individual's right to make healthcare decisions, even when they differ from professional recommendations. Use empathetic and nonjudgmental language when discussing healthcare choices. Ensure individuals and families have all the necessary information to make informed decisions. | Advocate for the individual's and family's right to self-determination. Reflect on personal biases to ensure respect for diverse perspectives in healthcare decisions. |
| 2.8e Identify personal, system, and community resources available to support self-care management. | Guide individuals and families to access healthcare resources. Identify when additional resources or referrals are needed to support self-care management. | Create personalized resource plans integrating personal, system, and community assets. Advocate for expanded access to resources to address gaps in care and support. |



| | Conduct comprehensive assessments to identify | Develop multi-faceted self-care strategies |
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| | self-care management needs and barriers. | integrating behavioral, clinical, and environmental |
| 2.8f Develop strategies that promote self-care | | components. |
| management. | Design individualized, evidence-based self-care | |
| | strategies that align with the patient's preferences, | Align evidence-based self-care strategies with |
| | goals, and capabilities. | broader care plans to ensure continuity of care. |
| | Provide instructions for using self-care | |
| | technologies effectively and safely. | Utilize technology for self-care management based |
| | | on the patient's needs and preferences. |
| 2.8g Incorporate the use of current and emerging | Assess selected technologies to align with the | |
| technologies to support self-care management. | individual's technical skills and access. | Monitor the impact of technology use on self-care |
| | | behaviors and health outcomes, adjusting as |
| | Explain the benefits and limitations of using | needed. |
| | technology for self-care management. | |
| | | Utilize comprehensive counseling strategies |
| | Demonstrate active listening and empathetic | integrating multiple therapeutic techniques to |
| | responses during counseling sessions. | advance wellness and self-care management. |
| 2.8h Employ counseling techniques, including | | |
| motivational interviewing, to advance wellness | Describe counseling techniques. | Apply effective counseling techniques, adjusting |
| and self-care management. | | strategies based on individual responses. |
| | Identify barriers to self-care and develop strategies | |
| | to address them. | Manage resistance or ambivalence during |
| | | counseling, fostering trust and collaboration. |
| | Identify existing personal, community, and system | |
| | resources available to the patient for self-care | |
| 2.8i Evaluate adequacy of resources available to | management. | Conduct thorough resource adequacy assessments |
| support self-care management. | | to promote self-care and address gaps as needed. |
| | Recognize limitations in available resources that | |
| | may hinder effective self-care. | |



| 2.8j Foster partnerships with community organizations to support self-care management. | Identify community organizations aligning with the patient's self-care needs. Maintain accurate records of community partnerships utilized in care planning. | Establish partnerships with community organizations to enhance self-care support networks. Assess the impact of community partnerships on patient self-care outcomes and identify areas for improvement. |
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| 2.9 Provide care coordination. | | |
| 2.9a Facilitate continuity of care based on assessment of assets and needs. | Identify the individual's care needs, available resources, and potential barriers to continuity during transitions. Participate in follow-up care to support seamless transitions and ensure all stakeholders are | Develop continuity supportive plans of care addressing immediate needs and long-term goals, integrating input from the individual and their family. Collaborate with the care team to align continuity |
| | informed. | efforts and ensure a smooth handoff. |
| 2.9b Communicate with relevant stakeholders across health systems. | Identify appropriate communication tools and techniques to support continuity of care. | Communicate effectively with stakeholders through multiple modalities to ensure seamless care transitions. |
| 2.9c Promote collaboration by clarifying responsibilities among individual, family, and team members. | Identify the roles and responsibilities of each care team member to the patient and family. | Communicate each care team member's roles and responsibilities to facilitate care coordination. Monitor the effectiveness of team collaboration and refine actions as needed to clarify roles. |
| 2.9d Recognize when additional expertise and knowledge is needed to manage the patient. | Acknowledge when additional expertise is required and seek assistance as needed. | Utilize available resources and services to access the necessary expertise. |
| 2.9e Provide coordination of care of individuals and families in collaboration with care team. | Facilitate communication and coordination among team members to ensure consistency in care delivery. | Track the effectiveness of care coordination efforts and make necessary adjustments to improve outcomes. |
| | Identify and organize resources needed to support individuals and families during care transitions. | Maintain clear and updated documentation of care coordination efforts in the patient's health record. |



| 2.9f Evaluate communication pathways among providers and others across settings, systems, and communities. | Utilize communication pathways among providers, systems, and community organizations to support patient care coordination. Assess the efficiency and clarity of current communication processes through observation and feedback. Recognize common barriers to effective communication and develop strategies to address them. | Critically analyze communication pathways, considering technological, interpersonal, and systemic factors. Propose actionable recommendations to optimize communication pathways across diverse care settings. |
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| 2.9g Develop strategies to optimize care coordination and transitions of care. | Identify gaps in current care coordination processes during transitions of care. Ensure strategies align with available resources, evidence-based practices, support services, and technological tools. | Leverage advanced tools and technologies to enhance care coordination and transitions. Test strategies to evaluate feasibility and impact before broader application. |
| | Facilitate communication and collaboration among providers across different systems. | Engage with cross-system teams to coordinate care for complex cases, ensuring consistency and alignment. |
| 2.9h Guide the coordination of care across health systems. | Validate that care coordination efforts prioritize patient goals and preferences. | Track and analyze care coordination outcomes to refine processes and enhance efficiency. |
| | Gather feedback on the coordination process to identify areas for improvement. | Guide peers and teams in adopting best practices for cross-system care coordination. |
| 2.9i Analyze system-level and public policy influence on care coordination. | Demonstrate an understanding of how public policies and system-level regulations affect care coordination. | Develop recommendations based on data analysis to inform policy and organizational decision-making. |
| | Use data to assess the impact of system-level factors on care coordination outcomes. | Monitor and evaluate the ongoing impact of system-level and policy changes on care coordination. |



| | Contribute to proposals for system-level changes aimed at improving care coordination. | Develop plans for sustainable improvements in care coordination at the organizational level. |
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| 2.9j Participate in system-level change to improve care coordination across settings. | Engage stakeholders in discussions about the benefits and challenges of proposed changes. | Utilize systems to monitor the impact of implemented changes and refine strategies. |
| | Support efforts to track the impact of system-level changes on care coordination. | Advocate for the widespread adoption of successful care coordination models across health systems. |