

Advancing Palliative Care Education in Schools of Nursing

2023 Innovations Series



ELNEC Graduate

Module 2 - Communication

April 2023

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American Nurses Association Professional Issues Panel

Call for Action:
Nurses Lead and Transform Palliative Care

Approved by ANA Board of Directors
March 13, 2017

Developed in Partnership With Organizational Affiliate
Hospice and Palliative Nurses Association

Historical Context

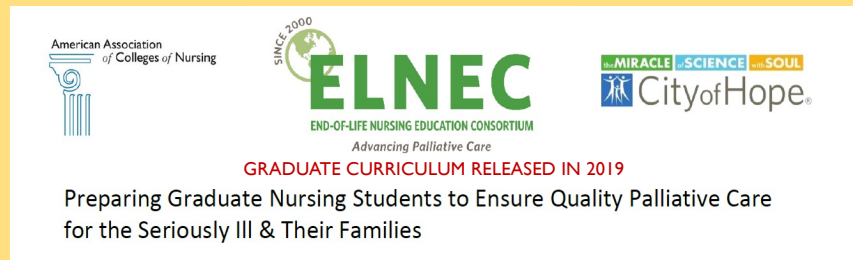
ANA Professional Issues Panel & HPNA.
(2017). Call for action: Nurses lead &
transform palliative care.
<http://www.nursingworld.org/CallforAction-NursesLeadTransformPalliativeCare>



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Recommendation #1

“Adopt the End of Life Nursing Education Consortium (ELNEC) curricula (Core, Geriatric, Critical Care, Pediatric, Advanced Practice Registered Nurse [APRN], and **Online for Undergraduate Nursing Students**) as the standard for primary palliative nursing education for pre-licensure, graduate, doctoral, and continuing education for practicing registered, vocational, and practical nurses and advanced practice registered nurses” (p. 3)



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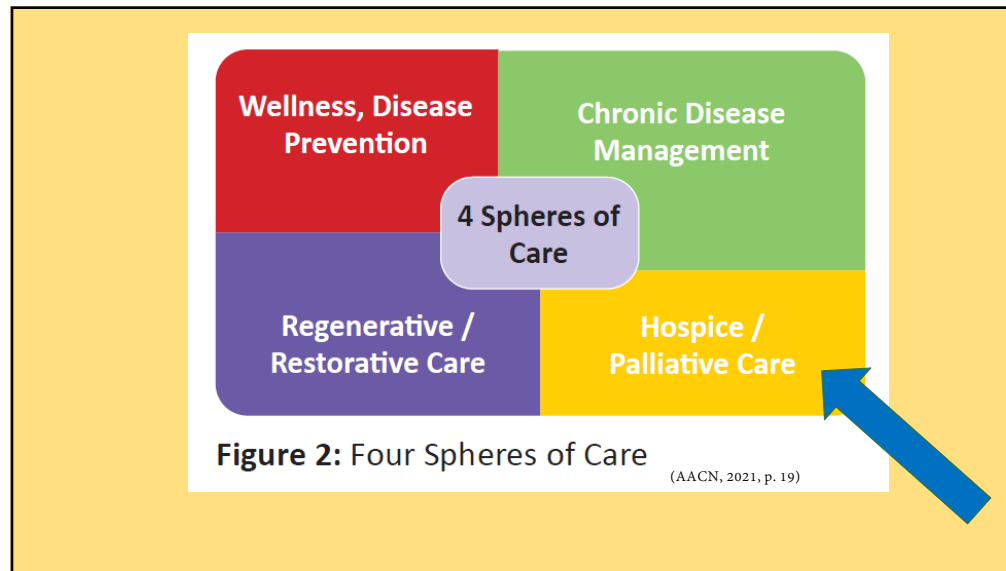
ESSENTIALS MODEL

LEVEL 1	LEVEL 2
AACN Essentials Entry-Level Professional Nursing Education sub-competencies	AACN Essentials Advanced-Level Nursing Education sub-competencies – and – Specialty/role requirements/competencies
Used by programs preparing a nurse for an initial professional nursing degree.	Used by programs preparing a nurse for an advanced nursing practice specialty or advanced nursing practice role.

Figure 1: Model for Nursing Education (AACN, 2021, p. 17)

American Association of Colleges of Nursing. (2021). *The Essentials: Core Competencies for Professional Nursing Education*. American Association of Colleges of Nursing.
<https://www.aacnursing.org/Portals/42/AcademicNursing/pdf/Essentials-2021.pdf>

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G-CARES COMPETENCY STATEMENTS

Advanced-Level Nursing

- G-CARES (2019) = Eight (All graduate Masters/DNP) + Five Direct Care
- G-CARES (2nd ed.) = 12 competency statements

Endorsed March 2022

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G-CARES COMPETENCY STATEMENTS

#7: Utilize advanced palliative care communication skills with patients, families, and team members as appropriate to one's functional area of nursing practice and the professional context.

#9: Collaborate with healthcare team members to coordinate culturally sensitive, patient-centered, and family-focused palliative care across care settings.

#11: Advocate for environments of care that uphold the dignity of the patient and family during the dying process and after death through culturally sensitive and compassionate end-of-life care.

12: Contribute to an environment that fosters well-being for self, patients, families, and team members to cope with suffering, grief, loss, and bereavement.

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ELNEC HISTORY

End of Life Nursing Education Consortium

- 2000: Curriculum Developed
- 2001: 1st National ELNEC Course
- Currently 10 ELNEC Curricula:
 - ELNEC Core
 - ELNEC Geriatric
 - ELNEC Pediatric Palliative Care
 - ELNEC Critical Care
 - ELNEC APRN
 - ELNEC International
 - ELNEC Undergraduate/New Graduate (2017)
 - ELNEC APRN Oncology
 - ELNEC Communication (2018)
 - ELNEC Graduate (2019)



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PRIMARY PALLIATIVE CARE EDUCATION

ELNEC_Graduate


Evidence-based palliative care education



2019

1. Introduction to Palliative Nursing
2. Communication in Serious Illness
3. Pain Assessment and Management (Advanced)
4. Symptom Assessment and Management (Advanced)
5. Loss, Grief, and Bereavement
6. Final Hours/Care at the End of Life
7. Leadership in Primary Palliative Care

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**ELNEC Undergraduate/
New Graduate**

- ❖ 1103 Undergraduate Schools

ELNEC Graduate

- ❖ 372 Schools



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ELNEC UNDERGRADUATE/ NEW GRADUATE MODULE 2:

Communication in Palliative Care

LET'S TAKE A LOOK

stance in viewing and/or navigating this module, click the "Help" button located in the top right.



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Activity #1:

How have you incorporated the ELNEC Graduate program into your curriculum? Success Stories, Barriers, Additional Learning Activities

Activity #2:

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ADDITIONAL VIDEO RESOURCES

- Frontline Communication (2020). *Breaking Bad News over the phone SPIKES model*. <https://www.youtube.com/watch?v=wUrzflDrIg> (9 minutes)
- The Guardian (2019). *Before I die: a day with terminally ill patients/Death Land #2*. What does it feel like to know you're dying? In episode two of Death Land, Leah Green meets people who are facing up to the end of their lives. She follows palliative care doctor Sunita Puri as she helps her patients come to terms with their own mortality. Difficult conversations – goals of care. Excellent 14-minute video of goals of care and a beautiful conversation between the provider (identifies as Hindu) speaking with a Spanish-speaking family. (14 minutes) VIDEO: <https://www.youtube.com/watch?v=aZdDXNmD9wk&t=5115>
- RSA (2014). *Brene Brown on Empathy*. <https://www.youtube.com/watch?v=1Ewvgu369Jw>

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ADDITIONAL VIDEO RESOURCES

- *Family Conferences for Serious Illness: A Clinician's Guide*: Outlines 7 steps in order to facilitate a family conference to make decisions with families when patients have a serious illness and are not able to participate. <https://www.vitaltalk.org/topics/conduct-a-family-conference/>
- *The Power of Words*: Change the words, you can change the world
<https://www.youtube.com/watch?v=Hzgzm5m7oU>
- *IMPACT-ICU (Integrating Multidisciplinary Palliative Care into the ICU)*: These are a series of videos that is a communication skills training program to integrate palliative care into the ICU by training and supporting bedside nurses. These videos can be viewed at the Vital Talk website at: <http://vitaltalk.org/resources/impact-icu/>
- *It's Not About the Nail*: A short video that illustrates that sometimes it is best to listen than to try to "fix it" ... <https://www.youtube.com/watch?v=yWcEhtg7W3s>
- *Listening (testimonial)*: The importance of listening to patients and their stories.
<https://vimeo.com/reliaslearning/elnec/video/131017866>

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ADDITIONAL VIDEO RESOURCES

Communication vignettes to review and practice:

- Diffusing conflicts: Responding to anger:
<https://www.vitaltalk.org/topics/defuse-conflicts/>
- Track and respond to emotions:
<https://www.vitaltalk.org/topics/track-respond-to-emotion/>
- Offer prognostic information: How to balance hope and realism (Asking Permission): <https://www.vitaltalk.org/topics/offer-prognostic-information/>

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AACN / ELNEC FACULTY CORNER FOR SCHOOLS OF NURSING

“New Publications & Resources”



<https://www.aacnnursing.org/End-of-Life-Care-ELNEC/ELNEC-Schools-of-Nursing-Faculty-Corner>