

ELNEC AWARD WINNERS, 2010-2011**ELNEC-CORE:****Michele Gaguski, MSN, RN, AOCN, CHPN, APN-C**

For the past year, Michele has worked at the Atlanticare Cancer Care Institute in Egg Harbor Township, NJ as the Clinical Director of Medical Oncology and Infusion Services. Since Michele received her ELNEC training in 2007, she has held 25 ELNEC training courses for a variety of interdisciplinary colleagues. Before going to Atlanticare, Michele was an Oncology Clinical Nurse Specialist at Ocean Medical Center (NJ). Under her leadership, the staff of the inpatient oncology unit, which included nurses, social workers, case managers and nurse managers, completed ELNEC training over a period of 9-10 months in 2008. The principal goal of the training program was to provide education and information on end-of-life/palliative care and provide resources to integrate this care content into clinical practice, ensuring best practices were provided for patients and their families. A celebration in recognition of the staff's effort, commitment and achievement was held in 2009 where each participant was presented with their official ELNEC training certificate. Over 70% of the oncology staff received ELNEC training! In her current role, Michele serves as a co-educator with the Palliative Care Nurses and is also a member of the Palliative Care Leadership Team at Atlanticare. Michele is very active in the Oncology Nursing Society (ONS), as she currently serves as a Director-at-Large (2009-2012). She received the Advanced Oncology Certified Nurse of the Year award by the Oncology Nursing Certification Corporation (ONCC) in 2007 and the *Pearl Moore Making A Difference Award* by ONS in 2004.

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**C. Andrew Martin, RN, MSN, CHPN**

C. Andrew Martin is employed full time as a Quality Assurance and Performance Improvement (QAPI) Coordinator at Beacon Hospice, Inc. in Charlestown, MA. He also works part time as Adjunct Online Faculty at Saint Joseph's College of Maine, located in Standish, ME, and as a Consultant at the Hospice Education Network (HEN), Inc., located in Hyannis, MA. Starting first as a Hospice Volunteer and then as a nurse in the hospice industry for the past 17 years, Andrew is passionate about promoting end-of-life education to colleagues, nursing students, and the community. After attending the national ELNEC train-the-trainer course in 2006, Andrew integrated the ELNEC curriculum into his monthly, new staff, orientation program at Seacoast Hospice, located in Exeter, NH. He also used the ELNEC-Core curriculum to prepare RN, LPN, and Hospice Aide staff to pursue hospice and palliative care certification through the National Board for Certification of Hospice and Palliative Nurses (NBCHPN®), earning Seacoast Hospice the Employer Supporter Program recognition status. In 2008, recognizing the emerging delivery of online education and the challenges of providing face-to-face education to staff, Andrew initiated a strategic partnership between ELNEC and HEN to bring the ELNEC curriculum to subscribers of HEN. Andrew has taught *Death & Dying* at the University of New Hampshire; the *Palliative Care III Practicum* at Boston College, and *End-of-Life Care: Promoting Awareness through Film, Life Stories, and Case Studies* at Saint Joseph's College of Maine. All curricula he develops include the HEN/ELNEC online modules for students to view. In addition to his hospice and academic work, Andrew is the President-Elect of the Hospice and Palliative Nurses Association (HPNA)-Boston Chapter and he serves

on the national HPNA Membership Committee. He has also earned Level II Designee of the National Hospice and Palliative Care Organization Hospice Manager Development Program. Educating the community about end-of-life care continues through the recent publication of his book, *Reflections of a Loving Partner: Caregiving at the End of Life* (www.candrewmartin.com). candrewmartin@comcast.net



Sarah McSpadden, RN, BSN, MPH

Sarah is Director of Quality Assurance and Performance Improvement at the Silverado Hospice in Irvine, CA. She provides an ELNEC train-the-trainer course once a year and flies leadership members in from all of their hospice programs for a three-day course so they can be the direct link to education in their respective locations. By having the leadership team attend, they are able to review each ELNEC module and then develop the annual education plan for the current year. Once the schedule is complete, they hold conference calls once-a-month to discuss the module that will be presented that month. All nurses are required to complete the modules within 18 months, as ELNEC training has been added to their job descriptions. In the past year, Sarah and her colleagues have trained 53 nurses and 12 interdisciplinary team members. Silverado Hospice has 8 hospice programs and ELNEC has been taught 96 times throughout all of these programs. "Our nurses have expressed how grateful they are to the company for offering such a wonderful educational program each month in subject areas that really make their clinical care of patients more thorough and clinically appropriate," states Sarah. Sarah is currently working on a secondary Master's in Health Care Administration and will finish in June, 2011. "I have been working in hospice and home health for 15 years and ELNEC is the first educational program that I felt really offered the clinical team well-rounded education, supporting both the patient and the family," said Sarah. "I believe ELNEC has done more for our clinical team development than anything else we offer for two reasons: First, the trainers in each location get an opportunity to teach their respective clinical team members modules that build the team's strengths and improve patient care. Secondly, the trainers become speakers when they get up in front of their team and teach. This encourages them to feel comfortable to spread the ELNEC training out into the community through educational outreach," said Sarah. smcspadden@silveradohospice.com

ELNEC-PEDIATRIC PALLIATIVE CARE



Garry Pea, MBA

Garry Pea is the Manager of Education for Hope HealthCare Services, an innovative organization that provides care for 2,300 individuals in a nine-county service area in Florida. He has been with the organization for 10 years, managing staff in areas of education, compliance and billing. Garry is also a member of the National Hospice Work Group's Education and Research Forum. Through the ongoing continuing education and learning opportunities instituted and supported by Hope HealthCare Services, Garry says he has been able to provide "live" ELNEC training to 2,000 participants in the past two years. Additionally during this period, Hope HealthCare Services staff completed 1,400 on-line ELNEC modules available through the Hospice Education Network (HEN). Through Hope, ELNEC training has been provided to assisted living and skilled nursing facilities, Edison State College, Florida Children's Medical Services, Florida Workforce Development Council and South Florida Community College. Hope hosted an ELNEC-Pediatric Palliative Care train-the-trainer course in Fort Myers, February 2010, under Garry's coordination and guidance. Fifty-two chaplains, physicians, mental health counselors, nurses, social workers and other healthcare-related providers completed the process to become ELNEC trainers. This invaluable session

complements in-house education for Hope staff working with Florida's Partners In Care Program, a program that enables children with life-threatening conditions and their families to have an enhanced quality of life. "The ELNEC Core Curriculum stands on its own as a great tool to provide a culture of awareness of end-of-life issues. The Pediatric Modules fine tune the offering to address needs of our youngest. I look forward to incorporating the Geriatric and Veterans ELNEC Modules into Hope HealthCare Services training for our staff and community," Garry said. Garry.Pe@hopehospice.org

ELNEC-CRITICAL CARE



Jacqueline C. MacNeil, MSN, RN, CCRN and Lisa Preston, BSN, RN

Jacqueline works in the MICU and Lisa works in the Medical Cardiology Intermediate Care Unit at Brigham and Women's Hospital in Boston, MA. For the last few years they have been committed to improving the quality of life for the acutely and chronically critically ill through education, practice and research. Both understand the importance of education, as people can not practice what they do not know. Since obtaining their ELNEC training in 2006, 2007 respectively, they have provided 4 ELNEC training courses with 154 participants in attendance. They have been vigilant in reaching out to nurses in various clinical settings throughout Brigham and Women's Hospital. For example, care coordinators, nurse administrators, clinical educators, nurses from various clinical specialties (i.e. oncology, bone marrow transplant, GYN-oncology, ambulatory infusion clinic, emergency department, burn/trauma ICU, surgical, neuro-surgery, and thoracic ICU, surgical, medical/surgical and cardiac intermediate care, cardiac surgical and medicine ICU, MICU, labor & delivery, and NICU) have all benefited from the ELNEC teaching that Jacqueline and Lisa have provided over the past 3 years. Knowing that many patients transition from one unit to the next, they understand the importance of seamless palliative care being provided, irrespective of the unit the patient is on. "The variety of practice areas represented at each session indicates the demand for this education at our institution. This program is a unique collaboration among staff nurses and our hospital and community nursing experts. We are fortunate to be supported by our nursing leadership to continue to bring the ELNEC curriculum to our nurses," said Jacqueline. JMACNEIL1@PARTNERS.ORG, LPRESTON@PARTNERS.O

ELNEC-GERIATRIC



Nanci McLeskey, MCG, MDiv, RN-BC, FNGNA

Nanci is a geriatric nurse educator at the University of Utah School of Medicine Division of Geriatrics and adjunct faculty member at the College of Nursing at the University of Utah in Salt Lake City, UT. Nanci is both a practicing nurse, with a Masters in Clinical Gerontology and has completed a Clinical Pastoral Education (CPE) Unit, as well as a Master's in Divinity. Since Nanci became an ELNEC trainer in 2009, she has taught 15 sessions for nursing students and faculty. In addition, she was instrumental in arranging for ELNEC-Geriatrics to be presented at the National Gerontological Nursing Association (NGNA) meeting in the fall of 2009 in St. Louis, MO. She also served as faculty at this training. To date, Nanci has trained 234 individuals in ELNEC-Geriatrics. In her work with nursing students, Nanci has found that once they receive ELNEC training, they are

empowered to speak more openly and with greater confidence with their patients about their terminal illness. In addition, her students have shared that they have a better understanding of how end-of-life care can provide hope to patients and their families. Students and practicing nurses have valued the self-care resources, as they have learned that they must care well for themselves so they, in turn, can have the physical, emotional, and spiritual resources to care for others. "What a privilege it is for me to educate both established nurses and future nurses at the College of Nursing, University of Utah and NGNA in order that they may provide more enlightened and better care to older adults, especially those approaching the end of life. My passion and goal lies in being part of the development process of nurses across the country and around the world to enable them to become more competent in supporting patients during some of the most precious moments of their lives. Through the ELNEC program, I have been enabled to plant seeds in healthcare professionals that will assist them throughout their professional lives in helping the older adult patients they serve," said Nanci.

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Lores Vlamincck, RN, BSN, MA, CHPN

Lores is Principal, Owner of Lores Consulting in Rochester, MN. She spends most of her days traveling and mentoring/consulting staff working in community hospice, home care, assisted living and skilled nursing facilities. Lores uses not only the ELNEC-Geriatric curriculum, but also the ELNEC-Core and Veteran curricula as she goes across the country as an independent consultant, working with nurses and other members of the interdisciplinary team. Her ELNEC training was essential, along with the experiences as the administrator/director of a Medicare certified home care and hospice agency in her rural community for the past 20 years. Lores states, "The ELNEC curriculum has been especially beneficial for the compilation of referenced material as an excellent resource of best practice guidelines, and permission for ELNEC trainers to utilize copyrighted material." Lores appreciates hearing that her training affirms the current practice of her many participants and/or that they wish they had received this education many years ago. For many, they share how the training will motivate them to empower their colleagues to deliver better palliative care. Lores is a member of the Minnesota Organization of Leaders in Nursing (MOLN), Hospice and Palliative Care Nurses Association (HPNA), Board Member of the Minnesota Hospice and Palliative Care Organization and Sigma Theta Tau.

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ELNEC-INTERNATIONAL



Joyce Gatwiri Marete, KRCHN, DIPHEd Palliative Care UK.

The national ELNEC project team first met Joyce in the summer of 2009 at an ELNEC train-the-trainer course in Nairobi, Kenya. Joyce was working on a research project related to wound care. The national team was so impressed with her research, as well as her dream to start a palliative care center in Nanyuki, Kenya. Currently, Joyce is the project coordinator for the Laikipia Palliative Care Centre (LPCC) in Nanyuki, Kenya. "I have always had a passion for improving the quality of life of easily forgotten groups of patients. Patients with fungating cancer wounds have very bad experience during the course of their illness, hence poor quality of life," states Joyce. Because of this, Joyce conducted the wound research, funded by the Diana Princess of Wales Memorial Fund, which was carried out in Nairobi Hospice and was assisted by staff from Nairobi hospice and The Kenyatta Hospital Palliative Care Unit.

Since completing the research in 2009, Joyce has embarked on establishing a palliative care centre in Nanyuki, a small town in Kenya with no palliative care services. "I am grateful for the technical assistance and encouragement from Kenya Hospices and Palliative Care Association (KEHPCA) in helping with this new work," said Joyce. Joyce works tirelessly with the community health workers, as they understand the way of life and culture of the local people. Though there are many current taboos associated with death and dying in some communities in Laikipia, Joyce believes that training is essential. This continued education seems to be paying off, as Joyce and her team are receiving more palliative care referrals and many are seeking pain relief for their patients. To date, Joyce has trained over 30 community health workers and 10 health care providers from the local facilities. This year, Joyce and her team have a goal to train 100 more community health workers. "The beginning had its ups and downs but we are still soldering on. I would like to share this honor with our many colleagues who are helping us grow; our National Association (KEHPCA) for their continued technical & professional support and medical supplies, Nyeri Hospice for their generous donation of medicine and means of transport for far distant home visits, and Meru Hospice for donation of medicine and assorted medical equipment. We have a good working relationship with Nanyuki District Hospital. Daraja Academy has offered a base for our operation. I am grateful to the East African women leagues – Nanyuki branch, for patient care support and for Mrs. M. Kinoti for donating the office space we are currently operating from. We cannot forget to acknowledge The True Colors' Trust for their eminent funding on equipping our office and setting up a mobile Palliative care service," stated Joyce. joyce.marete@yahoo.com



Hyun Sook Kim, PhD, RN, MSN, MSW

Hyun Sook Kim is an Associate Professor at the Chungju National University, Department of Social Welfare in Jeungpyeong-gun, Chungbuk, Republic of Korea. In the past two years, Hyun has organized and held 2 national ELNEC train-the-trainer courses in Korea. In 2009, she held an ELNEC-Core course with 145 participants completing the training. In 2010, she held an ELNEC-Geriatric course, in which 203 people completed the 2-day training. Her vision and leadership have been critical in educating nurses and other interdisciplinary team members across Korea in palliative care. Her efforts have also promoted the Korean government to develop advanced hospice palliative care education courses for nurses and other interdisciplinary team members. Several participants came for ELNEC training from other countries (i.e. Indonesia and Japan). Some Korean ELNEC trainers have traveled to other less developed countries (i.e. Mongolia) to provide training. This has allowed for further dissemination in remote areas of the world. Also under Hyun's leadership, she brought together a team of ELNEC-Korea trainers and translated ELNEC into Korean. This was a major effort, not only in translation, but also making the curriculum culturally sensitive to those in Korea and surrounding countries. hyunsookkim@cju.ac.kr