



ELNEC AWARD WINNERS, 2016

ASIAN LEADERSHIP TEAM

(China, Japan, Malaysia, Philippines, Singapore)



In September, 2016, 20 nursing leaders from various parts of Asia attended a leadership-building day in Hong Kong, China. Palliative care is growing throughout Asia, partly due to the tremendous dedication nurses have to promote this care throughout the region. Participants attended this course, in an effort to see how they could learn from each other and to seek ways to collaborate together. For example, in Beijing, **China**, under the leadership of Yuhan Lu, MSN, Yana Liang, BSN, Feng Lifang, BSN, Quan Manman, BSN, Liu Minghui, BSN, Bo Xu, BSN, and Lujan Zhang, MSN, they collaborated with the Oncology Nursing Committee of the Chinese Nurses

Association, and held an ELNEC course with 386 participants. Since 2004, Sayaka Takenouchi, PhD from Kyoto University in Kyoto, **Japan**, and her many colleagues, including Kazuko Nin, PhD and Yuko Yamaguchi, RN have translated the ELNEC-Core, Geriatric, and Critical Care curricula into Japanese, and today have 1,630 ELNEC-Japan Core trainers throughout all 47 prefectures in Japan with funding from the Japanese Society for Palliative Medicine and the Health and Labour Sciences Research Grant. Since 2011, those ELNEC-Japan trainers educated over 18,000 nursing colleagues. Plans are underway now to develop the ELNEC-Pediatric Japanese curriculum. ELNEC was first taught in **Malaysia** at the Perak Palliative Care Society in May, 2016. Because ELNEC is relatively new in Malaysia, Christine Low Seiw, RN and her colleague, Thow Meei Jiun, RN from Hospis Malaysia, offers palliative care in the community and since attending the leadership workshop, they are using ELNEC to build a palliative care curriculum for new employee orientation. In the **Philippines**, the Ruth Foundation for Palliative and Hospice Care (TRF) has been involved in organizing annual ELNEC-Core trainings from 2012-2016. Much of this work has been developed and overseen by Rumalie Corvera, MD and Ayda Nambayan, PhD, who have taught over 400 nurses. In 2016, the first ELNEC-Pediatric Palliative Care course was held with Dr. Nambayan as the core faculty consultant. Dr. Corvera continues to do outreach work with The Ruth Foundation, offering free home visits to 471 patients and families as of January, 2016. In 2013, the first ELNEC training course was held at Dover Park Hospice (DPH) in **Singapore**, with 40 nurses from hospitals, hospices, academic institutions and long term care facilities attending. Since that training, SohMun Chin, from DPH has conducted a few ELNEC-Core trainings for ILTC and community settings and implemented the course in new staff orientation programs at DPH. Alice Chua & Diana See from the National Cancer Center have implemented ELNEC in new staff orientation programs and the National University of Singapore uses ELNEC for their nursing students. Fong Yoke Hiong from Tsao Foundation has conducted ELNEC courses in her community care training program. To date, over 2,000 nurses have received ELNEC-Core training in Singapore.

GARY BLUNT, RN, CHPN
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After attending the ELNEC train-the-trainer course in January, 2016, Gary, a nurse palliative care coordinator, quickly went to work planning and implementing a Palliative Care Champions program in his facility, utilizing the ELNEC-Core curriculum. With the help of existing evidence from ELNEC, Gary documented areas of improvement needed. He made a passionate sales pitch and was able to win the support and financial backing of his Chief Nursing Officer (CNO) and Unit Managers to implement the plan. In March and April of 2016, Gary, along with interdisciplinary support from Social Work and Spiritual Care, held two 2-day training courses for a total of 46 participants representing all non-OB adult care areas in the 240-bed hospital. Plans for another round of classes in 2017 are in place with a goal of 50-75% of nursing staff completing training by the end of 2017. Gary is measuring pre- and post-training RN self-assessments, physician pre- and post-training observations, and is tracking palliative care referrals associated with the Palliative Care Champions. Due to its success at Tarzana, Gary is also exploring opportunities with his Regional Director of Palliative Care to expand the program to the other five ministries in the Southern California region. Gary.Blunt@providence.org

SUSAN DUTY, MSN, ScD, RN, ANP-BC
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Susan Duty is a nurse research scientist at South Shore Hospital (SSH) and an assistant professor of nursing at Simmons College. A generous \$250K workforce transformation grant from the Commonwealth Corporation provided resources to conduct ELNEC-Core and ELNEC-Critical Care train-the-trainer workshops at SSH, where, 30/18 nurses received ELNEC-Core/ELNEC-Critical Care training, respectively. In addition, 595 nurses, social workers, nursing students, chaplains, case managers, educators, and nurse managers received palliative care education, using the ELNEC curriculum. Because this grant was an academic practice partnership, Susan led the way to revise Simmons Colleges' undergraduate and graduate curricula to include ELNEC modules. Clinically, an ELNEC resource team has been chosen to spread the concepts. Because of this education, knowledge scores significantly increased on the 50-question ELNEC assessment, the number of palliative care consults rose by 33%, hospice discharges increased by 22.4%, a 3-fold increase in the number of MOLST forms, and 78% more Health Care Proxy's were documented over 2 years. susan.duty@simmons.edu

MICHELLE COOK, MS, RN, RN-BC, CHPPN
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Michelle is an advanced education specialist at Johns Hopkins All Children's Hospital (JHACH) in St. Petersburg, FL. Michelle works closely with the Palliative Care Team to bring education to clinical staff in order to improve their comfort and confidence in the provision of palliative care to children and their families. With the help of her colleague, Amy Spence, Michelle has facilitated four ELNEC-Pediatric Palliative Care (PCC) workshops, training 185 people. Pre- and post-surveys have revealed dramatic increases in staff confidence in providing the critical aspects of palliative care. Michelle also coordinates the new Palliative Care Champions Program at JHACH. This program

seeks to build upon the foundations taught in ELNEC-PPC by providing further training to identified unit champions. These champions provide support, education, and mentorship to unit staff related to palliative care, and have also committed to obtain their CHPPN certification within 2 years.

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LINDA GOWENLOCK, MSN, MPH, ACNS-BC, CCNS, CHPN

Madigan Army Medical Center

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Linda is a clinical nurse specialist on the interdisciplinary inpatient palliative care team and also serves as Madigan Army Medical Center's palliative care training and education coordinator. Linda has assembled a diverse, expert, interdisciplinary ELNEC faculty, reflective of Madigan's philosophy that palliative care is everyone's job. To date, approximately 400 team members including nurses, social workers, chaplains and administrators have been trained in high demand ELNEC courses. The ELNEC curriculum has served as a cornerstone of a robust palliative care education and training program that crosses disciplines and departments. This training has

proved invaluable to supporting the readiness of Army medical personnel not only at home but during deployments to war zones. linda.s.gowenlock.civ@mail.mil

KENYA LEADERSHIP TEAM



In May, 2016, twelve hospice and palliative care leaders from nursing, medicine, social work, and administration throughout Kenya, attended a 3-day leadership workshop, in an effort to learn how to expand their programs and to better network with each other. Joyce Marete, RN, from **Aga Khan University Hospital**, Nairobi, Kenya, works with an interdisciplinary palliative care team. In October, 2016, Joyce and her team provided palliative care training for non-health care workers—many were cancer survivors.

Zipporah Ali, MD, Asaph Kinyanjui, MD, and David Musyoki, RN attended, representing the **Kenya Hospices and Palliative Care Association (KEHPCA)**, headquartered in Nairobi, Kenya. KEHPCA trained 22 palliative care providers from the 11 level 5 hospitals on monitoring and evaluation and included some aspects of leadership, self care and advocacy. They have networked with the other participants from the leadership course and surveyed each one on self-care and governance. They will partner with these colleagues and conduct capacity building on the identified areas of need. They are also working within the secretariat and at the board level to enhance palliative care advocacy work. The knowledge gained has enabled KEHPCA staff to administer and support member organizations during site visits on various governance aspects including communication improvement, leadership and delegation in team work and conflict resolution. At **Kimbilio Hospice and Palliative Care** in KipKaren, Kenya, Daniel Morago, SW, Rael Ototo, RN, Joel Sawe, Administrator, and Florence Toroitich, RN have been busy mentoring their staff, particularly in the area of delegation of duties. In this small community, the leadership team provided palliative care education to 153 community health volunteers in an effort to create awareness about this care. Much of Kimbilio's work is done through home visits throughout the village. Bereavement care is a central component at the Kimbilio Funeral Home (on the campus of the hospice). This is seen through providing a condolence message to families and follow-up phone call(s) as necessary. Susan Kipsang, RN and Daisy Rottich, RN from **Moi Teaching and Referral Hospital (MTRH)** in Eldoret, Kenya, frequently refer patients to Kimbilio Hospice and Palliative Care, 30 miles away. These

referrals allow patients to obtain specific care that they are unable to receive at MTRH. Eunice N. Ndiritu, RN from **Nyeri Hospice**, the first rural hospice established in Kenya in 1995, held a bereavement training course for a group of 60 community health volunteers. Joyce Njuguna works at **Nairobi Hospice** and uses the education she received at the Leadership Course to enhance her practice and to promote improved palliative care throughout her community.

MARY PAT JOHNSTON, MS, RN, AOCN®

**ProHealth Care and University of Wisconsin Cancer Center at ProHealth
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Mary Pat is an experienced oncology clinical nurse specialist and provides support for a dedicated inpatient oncology unit and outpatient medical and radiation oncology clinics across four campuses. Mary Pat served as an advocate and ELNEC faculty for 15 years at ProHealth Care, educating more than 300 nurses and other health care professionals in palliative care for people living with advanced disease and their families. Additionally, she has collaborated with other ELNEC trainers to teach in programs for other health care systems throughout Wisconsin. Mary Pat remains committed to educating nurses through ELNEC as she witnesses a transformation in the way nurses think about providing palliative and translating that education into practice. Mary Pat has published book chapters and articles related to pain and symptom management, palliative and survivorship care, and patient education. Mary Pat is currently pursuing her PhD in Nursing at Loyola University in Chicago, IL. marypat.johnston@phci.org

NANCI McLESKEY, DNP, MCG, MDiv, RN-BC, CHPN, FNGNA

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Nanci is an Assistant Professor and teaches ELNEC content in the undergraduate and graduate nursing programs, and in the Gerontology Interdisciplinary Program. Since becoming ELNEC trained (2007), Nanci has taught various ELNEC modules to more than 700 individuals (students and practicing nurses). Additionally, in 2015, she created a course entitled, "Improving End-of-Life Care: An Evidence-Based Curriculum" as her DNP scholarly project and piloted it to 3rd semester nursing students. The most significant change she has observed in her students, as a direct result of ELNEC content, is that their prior fear of caring for seriously ill and dying patients has been replaced with an increased confidence and comfort level. Another result is that the students feel better equipped in palliative clinical management techniques and communication skills. Currently, Nanci is Utah's primary lead for the new ELNEC-Undergraduate curriculum, which launched in January, 2017 and she has enrolled 85 out of 127 nursing students in this course as an optional offering in addition to their program of study. Nanci.McLeskey@nurs.utah.edu

KATHY ROBERTSON, RN, MEd

**Mountain Valley Hospice and Palliative Care (MVHPC)
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Kathy is a nurse educator and serves 19 rural counties in North Carolina and Virginia. Kathy became an ELNEC trainer in 2010 and has dedicated herself to ensure that nurses and other members of the interdisciplinary team are educated in hospice and palliative care. Her advocacy of the ELNEC program has expanded to include 6 ELNEC trainers actively involved in course planning. MVHPC is an approved provider of continuing nursing education and contact hours are awarded for each course. Their

orientation training includes ELNEC-Core for every new employee. Annually, ELNEC-For Veterans and ELNEC-Pediatric Palliative Care courses are provided as well as courses for those in the service area hospitals and facilities. Over the past four years, 40 ELNEC courses have been provided, with 365 healthcare professionals receiving this education. Kathy has enjoyed facilitating and teaching in every ELNEC course. She acknowledges that materials are outstanding and allows for the individuality of every trainer to present in a variety of methods to enhance palliative care education and thankful that she works for an organization that values education for every employee. krobertson@mtnvalleyhospice.org

LORI J. WENDT, MSN ,RN, ANP-BC, ACHPN, AOCN

Agnesian HealthCare Hospice Hope

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Lori is a nurse practitioner who attended her first ELNEC train-the-trainer course in 2001 and co-coordinated her first training program shortly thereafter. Through the span of 15 years, Lori's career paths have changed but her passion and commitment to the ELNEC training course has remained constant, as she estimates that she has been part of training 750+ participants. Within her role at Agnesian HealthCare, Lori works to coordinate and conduct the ELNEC training course annually. The ELNEC training program has become a mainstay for educating Agnesian nurses in palliative care but also is a community partnership for training nurses from long term care facilities, assisted living residences, group homes and the Department of Corrections. Lori continues to support other trainers around the state of Wisconsin and routinely teaches for other ELNEC courses. Lori feels it's easy to stay committed to doing this education when each and every time the responses from participants validate that ELNEC changes practice, restores confidence, and provides skills for end-of-life care. WendtL@agnesian.com