

Moral Resilience

Transforming Moral Suffering in Healthcare

Edited by

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- The first book to explore the emerging concept of moral resilience from a variety of perspectives including nursing, bioethics, philosophy, psychology, neuroscience, and contemplative practice
- Offers tangible solutions to support the healthcare workforce in light of ethically inspired burnout, which include what individuals, healthcare leaders, and the system itself can do to shift the ever-increasing prevalence of moral suffering
- Applies a template for culture change, used worldwide, to guide system re-design to foster a culture of ethical practice

Suffering is an unavoidable reality in healthcare. Not only are patients and families suffering, but more and more the clinicians who care for them are also experiencing distress. The omnipresent, daily presence of moral adversity is, in part, a reflection of the burgeoning complexity of healthcare, clinicians' role within it, and the expanding range of available interventions that must be balanced with competing demands.

Moral resilience is a pathway to transform the effects of moral suffering in healthcare. Dr. Rushton and colleagues offer a novel approach to addressing moral suffering that engages transformative strategies for individuals and systems alike and leverages practical skills and tools for a sustainable workforce that practices with integrity, competence, and wholeheartedness.

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