

# CIVILITY IN THE WORKPLACE



# AGENDA

- Welcome & Purpose
- Expectations & Ground Rules
- Icebreaker
- Incivility vs. Civility
- Difficult Personalities
- Strategies to Enhance Civility
- Team Case Study
- Q & A

# WELCOME

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THE UNIVERSITY OF  
**MEMPHIS**<sup>®</sup>  
Loewenberg College of Nursing

# EXPECTATIONS



## Your Role...

- ✓ Contribute your knowledge, experience and ideas.
- ✓ Bring out the best in the people around you.
- ✓ Have fun.

# GROUND RULES

1. Everyone actively participates.
2. All ideas are valued.
3. Be curious, ask and listen.
4. Observe timeframes.

# GROUND RULES

5. Seek higher ground and inspired action.
6. Create relationship-enhancing conversations.
7. Stay present.
8. No cell phones please.



# ICEBREAKER

*5-Minute Personality Test*

Dr. Gary Smalley

*The 4 Personality Types*

Integrity Consultants

# LION

<b>Strengths</b>	<b>Weakness</b>	<b>Limitations</b>
<ul style="list-style-type: none"><li>• Gets things done</li><li>• Decisive</li><li>• Persistent</li><li>• Initiates change</li><li>• Goal- Oriented</li></ul>	<ul style="list-style-type: none"><li>• Insensitive to others</li><li>• Impatient (overlooks risks and facts)</li><li>• Stubborn and unyielding</li><li>• Argumentative</li><li>• Dictatorial</li></ul>	<ul style="list-style-type: none"><li>• Needs to learn to LISTEN.</li><li>• Want to do it MY way.</li><li>• Greatest fear is losing CONTROL or not having a CHALLENGE.</li></ul>



# OTTER

Strengths	Weakness	Limitations
<ul style="list-style-type: none"><li>• Very Social</li><li>• Optimistic</li><li>• Personable</li><li>• Enthusiastic</li><li>• Inspirational</li></ul>	<ul style="list-style-type: none"><li>• Impulsive</li><li>• Verbally manipulative</li><li>• Lacks follow-through</li><li>• Permissive</li><li>• Extremely talkative</li></ul>	<ul style="list-style-type: none"><li>• Needs to learn to PAUSE.</li><li>• Wants to do it the EXCITING way.</li><li>• Greatest fear is losing FACE or not having SOCIAL APPROVAL.</li></ul>

# GOLDEN RETRIEVER

Strengths	Weakness	Limitations
<ul style="list-style-type: none"><li>• Calm</li><li>• Accommodating</li><li>• Supportive</li><li>• Loyal</li><li>• Values relationships</li></ul>	<ul style="list-style-type: none"><li>• Indirect with others</li><li>• Resists quick change</li><li>• Overly tolerant</li><li>• Indecisive</li><li>• Unable to express emotion</li></ul>	<ul style="list-style-type: none"><li>• Needs to learn to <b>INITIATE</b>.</li><li>• Wants to do it the <b>SAME</b> way.</li><li>• Greatest fear is losing <b>STABILITY</b> or losing a <b>RELATIONSHIP</b>.</li></ul>

# BEAVER

Strengths	Weakness	Limitations
<ul style="list-style-type: none"><li>• High Standards</li><li>• Orderly</li><li>• Thorough</li><li>• Analytical</li><li>• Pursues excellence</li></ul>	<ul style="list-style-type: none"><li>• Too Perfect</li><li>• Unrealistic expectations of self &amp; others</li><li>• Lacks spontaneity</li><li>• Critical</li><li>• Overly cautious</li></ul>	<ul style="list-style-type: none"><li>• Needs to learn to ADAPT.</li><li>• Wants to do it the RIGHT way.</li><li>• Greatest fear is being WRONG or being a CRITICIZED.</li></ul>

# WORKSHOP OBJECTIVES

- Define incivility and civility
- Identify the different types of disruptive workplace behaviors
- Explore strategies to enhance civility and encourage a healthy and productive work atmosphere

# CIVILITY IN THE WORKPLACE

Recent studies and polls indicate that Americans view incivility as a serious problem that is getting worse. One study found that **60% of employees** believe that ***co-workers' annoying behaviors negatively impact the workplace*** and, as a result, **40% reported that they are looking for new employment.**

# INCIVILITY vs. CIVILITY

- **Incivility** - “rude or disrespectful behavior that demonstrates a lack of regard for others.” (Rau-Foster M. Workplace civility and staff retention. *Nephrol Nurs J.* 2004;31(6):702)
- **Civility** - authentic respect for others that requires time, presence, the will to engage in genuine discourse and intention to seek common ground. (Clark, 2010)

# CIVILITY ISSUES

- Rudeness
- Bullying
- Inappropriate jokes
- Swearing or gestures
- Sexual Harassment
- Discrimination/Racial slurs
- Unprofessionalism

# CIVILITY ISSUES

- Gossiping
- Being Ignored
- Lying
- Favoritism
- Insubordination
- Passing Blame for Mistakes
- Setting Others Up to Fail



# COSTS OF INCIVILITY

- Time
- Income/Profit
- Lack of Energy at work
- Low Morale
- Productivity
- Lack of Confidence
- Job Enjoyment
- Integrity
- Reduced job satisfaction
- More staff turnover
- Mental/Physical health issues

“Everyone thinks of changing the world, but no one thinks of changing himself.”



-Leo Tolstoy

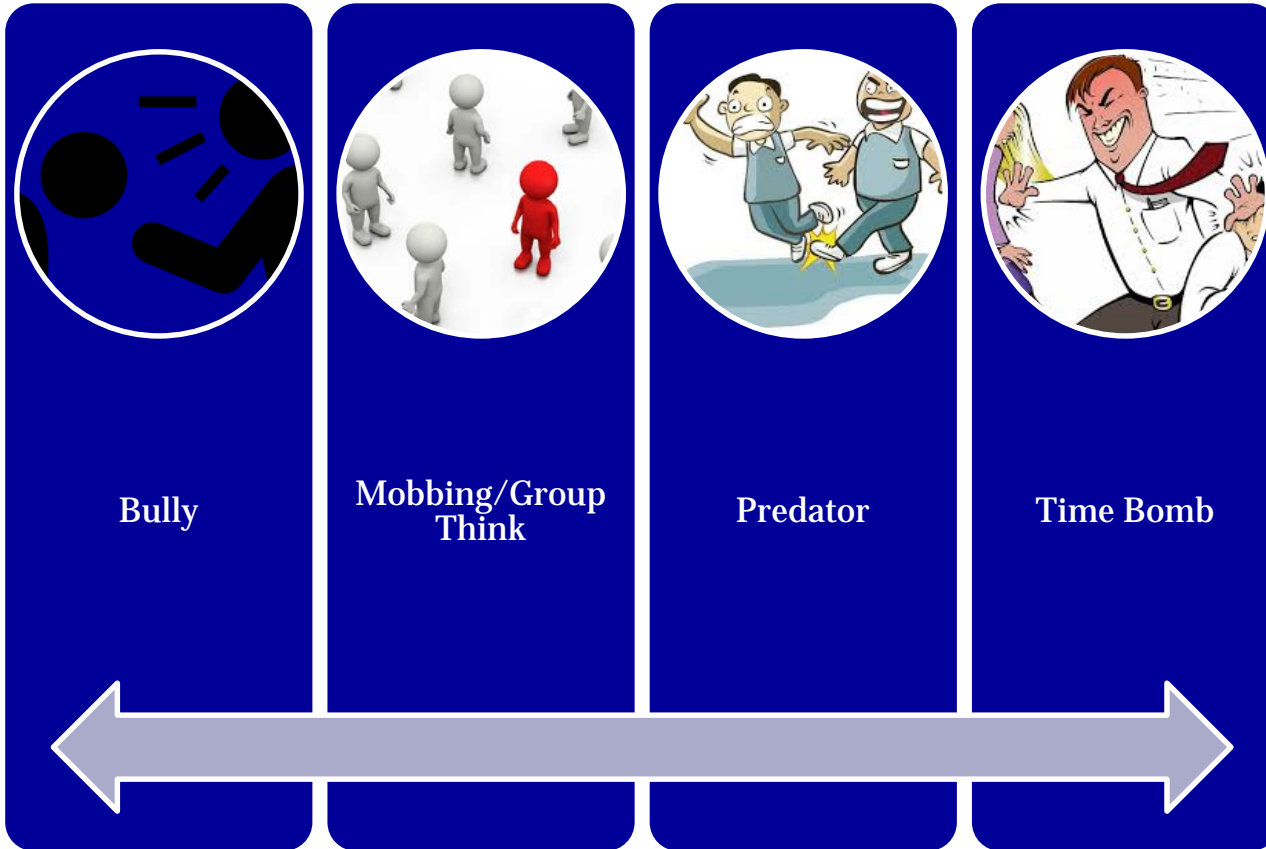
# ARE YOU CIVIL?

Take the Assessment

<http://www.christineporath.com/take-the-assessment/>

“Mastering Civility: A Manifesto For The Workplace:  
Christine Porath

# DIFFICULT PERSONALITIES



# DIFFICULT PERSONALITIES

## “BULLY”

- Blames others for mistakes
- Questions and cross-examines unnecessarily
- Makes unreasonable demands
- Withholds information from or shuts others out
- Sabotages by giving misinformation

# **DIFFICULT PERSONALITIES**

## **“MOBBING/GROUP THINK”**

- Initiates innuendo and rumors
- Publicly discredits & isolates Target from others
- Brands Target as “difficult”
- Assigns work with little or no direction
- Negative, abusive communication

# DIFFICULT PERSONALITIES

## “PREDATOR”

- Actively seeks ways to discredit the Target
- Publicly interrupts or corrects
- Steals credit for the Target’s work
- Sets unreasonably high standards that cannot be met
- Keeps running tally of every error and mistake

# DIFFICULT PERSONALITIES

## “TIME BOMB”

- Threatens to fire
- Loses control – yelling and in your-face behavior
- Has recognized “trigger” events that staff and co-workers avoid
- Blames Target for their behavior
- Curses or threatens



# MANAGING THE WORKPLACE BULLY

## Managing the Workplace Bully Video

### Workplace Bullies



**"I throw everyone under the bus the minute their back is turned."**

**"My time is more valuable than yours."**

**"I want to know exactly what you're doing."**

**"This place would close up without me."**

**"I can't be trusted."**

**"How stupid are you?"**

**"It's my way or the highway."**

**"If I leave I'll take all my clients with me."**

**"Fetch doggy."**

**"You're incompetent."**

**"I need it now, I said now!"**

**"I'm the MVP here. Everyone knows it."**

**"I'm more important than the team."**

**"You're useless"**

**"I'm nosey."**

**"You're a failure."**

**"I treat people like peasants."**

**"Get out of my way."**

**"I tell your secrets."**

**"I spread gossip everywhere I go."**

**"It's your fault the project failed."**

**"Everything you do is crap."**

**"I take all the credit when things go right."**

# CIVILITY IN THE WORKPLACE

*Ten Tips for Creating Respect and Civility in  
Your Workplace*

Adapted from

Lorman Education Services Newsletter

Employment and Labor Update – April 2007

# 10 TIPS FOR CREATING RESPECT & CIVILITY

1. Think before acting
2. Create and inclusive work environment
3. Self-monitor the respect you display
4. Understand your “hot buttons”
5. Take responsibility for your actions

# **10 TIPS FOR CREATING RESPECT & CIVILITY**

- 6. Adopt a solution-driven approach**
- 7. Rely on facts rather than assumptions**
- 8. Consider the needs of others**
- 9. Don't sweat the small stuff**
- 10. Be a role model and bridge builder**

# CIVILITY IN THE WORKPLACE

## Civility in the Workplace Video



"All this talk about civility is interfering with my constitutional right to yell at my co-workers."

# CIVILITY IN THE WORKPLACE

If *each employee develops an awareness* of respectful behaviors and necessary skills, it is anticipated that employees *will serve as role models* and that these *behaviors will spread in the workplace and beyond.*



# THANK YOU!!!

“Nothing will work unless you do.”

-John Wooden

