

**FLIP**  
**THE SCRIPT**

**4 HABITS TO RADICALLY INCREASE  
PRODUCTIVITY AND POTENTIAL**

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# THE BIG IDEA...

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- You could perform at such a high level that you blow yourself away by what you are able to accomplish.

Do you  
believe this  
statement?



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# JUST WONDERING...

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**What do you think are the biggest BARRIERS  
stopping people from getting results  
they desire?**

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# WHY NOT YOU?

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1 - Crazy Clutter

2 - Status Quo

3 - Negative Patterns

66%

54%

Only 10%

*Why does it  
matter?*

40,000

12.8/Day

4,672/Year

Limits Ability to Maximize Efficiency, Results and Potential

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# WHAT IF YOU COULD...

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**Thoughts**

**Emotions**

**Beliefs**



~~40,000 Negative thoughts~~

~~40,000~~



**How can I close the gap?**

**Focused  
Motivated  
Passionate**

**It's only a matter of time**

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# 4 CORE HABITS OF HIGH PERFORMERS

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**#2**

**Implement  
an Inspired  
Value System**

**#1**

**Morning  
Growth  
Routine**

**#3**

**Priority  
Performance  
Primer**

**#4**

**Strive to See Things Differently**

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# THE COMPOUND EFFECT

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GROWTH SYSTEM

1. Reading (30 min.)		10,950 minutes, 182 hours
2. Journal (10 min.)		3,650 minutes, 60.8 hours
3. Meditation (10 min.)		3,650 minutes, 60.8 hours
4. Goals/Values (5 min.)		1,825 minutes, 30.4 hours
5. Gratitude list (5 min.)		1,825 minutes, 30.4 hours

10 YEAR COMPOUND INTEREST

= 21,900 minutes, 365 hours

9 40-HOUR WORK WEEKS!!!

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**#1**

# THE MORNING GROWTH ROUTINE

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**#2**

# GIVE YOURSELF THE GIFT OF GRATITUDE

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**#3**

# IMPLEMENT AN INSPIRED VALUE SYSTEM

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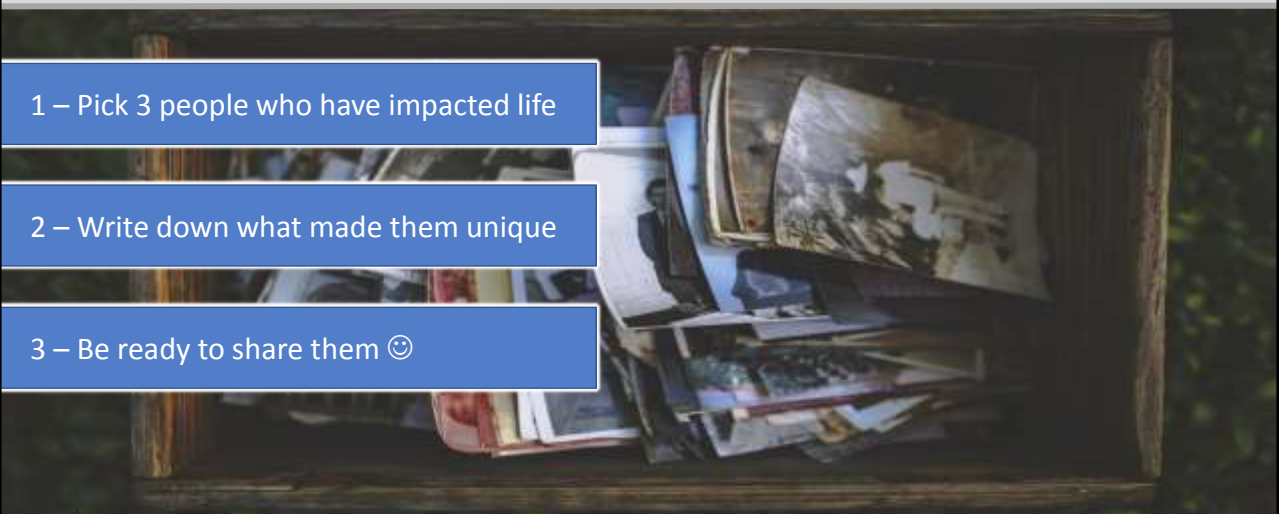
# MEMORY MAKER ACTIVITY

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1 – Pick 3 people who have impacted life

2 – Write down what made them unique

3 – Be ready to share them 😊



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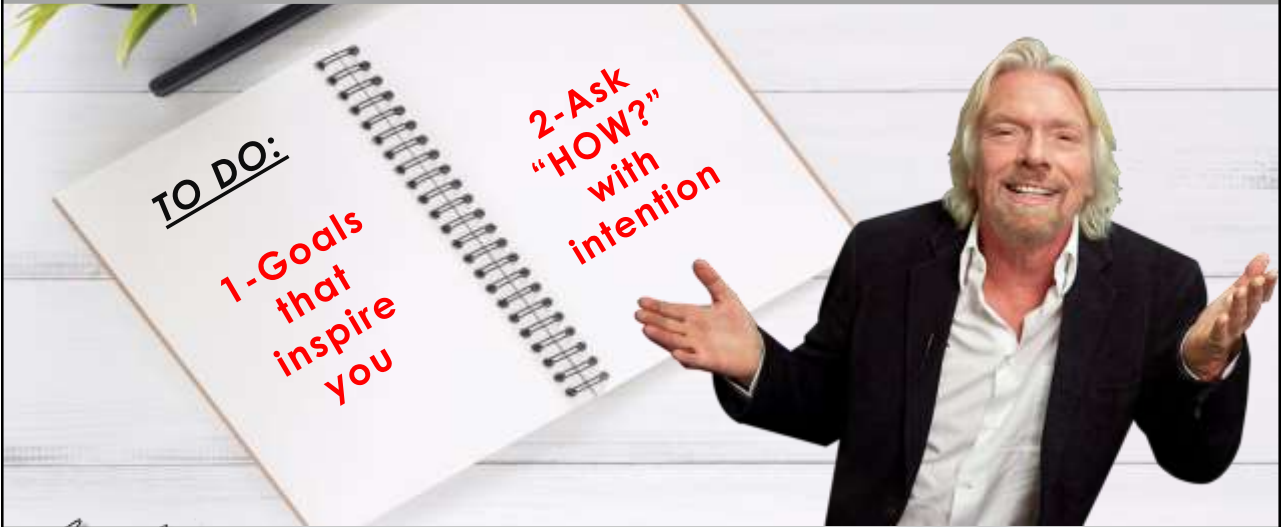
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#4

# GET YOURSELF SOME GOALS & MOVE

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# STRIVE TO SEE THINGS DIFFERENTLY



Mundane

**OBLIGATION**



Magical

**OPPORTUNITY**

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# 28-DAY CHALLENGE (PLUS RESOURCE)

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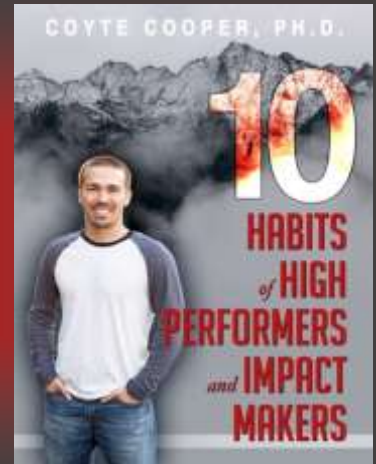
**Week #1: Read 15-Minutes Each Morning**

**Week #2: Gratitude Matrix Each Morning**

**Week #3: Revisit Values Each morning**

**Week #4: Goals + Empowering HOW Each Morning**

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# HOW CAN I HELP?

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**Email: [coytecooper@ollinliving.com](mailto:coytecooper@ollinliving.com)**

**Website: [www.coytecooper.com](http://www.coytecooper.com)**

**APPRECIATE YOU LISTENING!!!**

**EMPOWERING  
PEOPLE *Cooper*  
TO POTENTIAL**

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