

# WELCOME TO GNAP 2018!!!

## Keeping Tempo with Change


### Survival Strategies

Graduate Nursing Admissions Professionals





# EMBRACE THIS OPPORTUNITY!

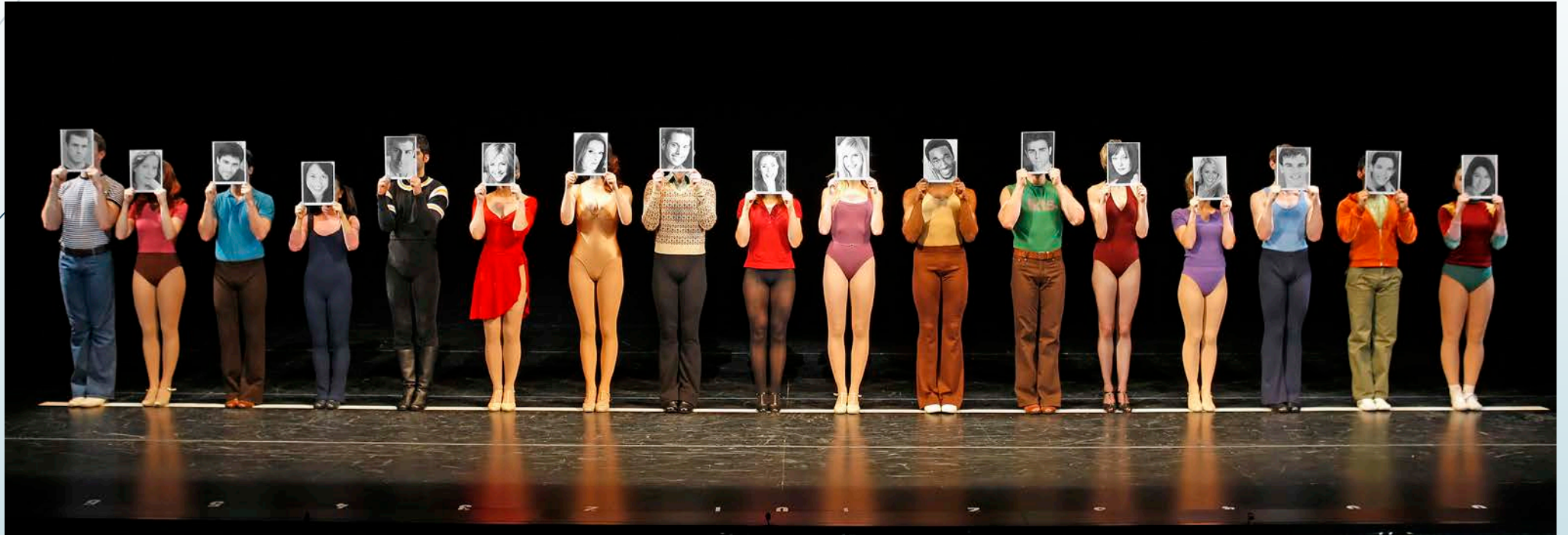
- PERSPECTIVE
  - RECONNECT
    - Tribe
      - Common Language
      - Support
    - Self
  - HAVE FUN
  - LEARN
- 

# EMBRACE THIS OPPORTUNITY!

- Remember, Sunshine, You are AMAZING!



# Who Am I, Anyway?



# The Only Constant Is Change

~ Heraclitus

- ▶ Nature
- ▶ Human Condition
- ▶ Inevitable=Certain to Happen=Unavoidable



# A Holistic Approach to Managing Change



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# Graduate Nursing Admissions

- ▶ New Programs
- ▶ New Admission Criteria
- ▶ New Technology
- ▶ New Staff
- ▶ New Partnerships
- ▶ New Policies



## Six Steps

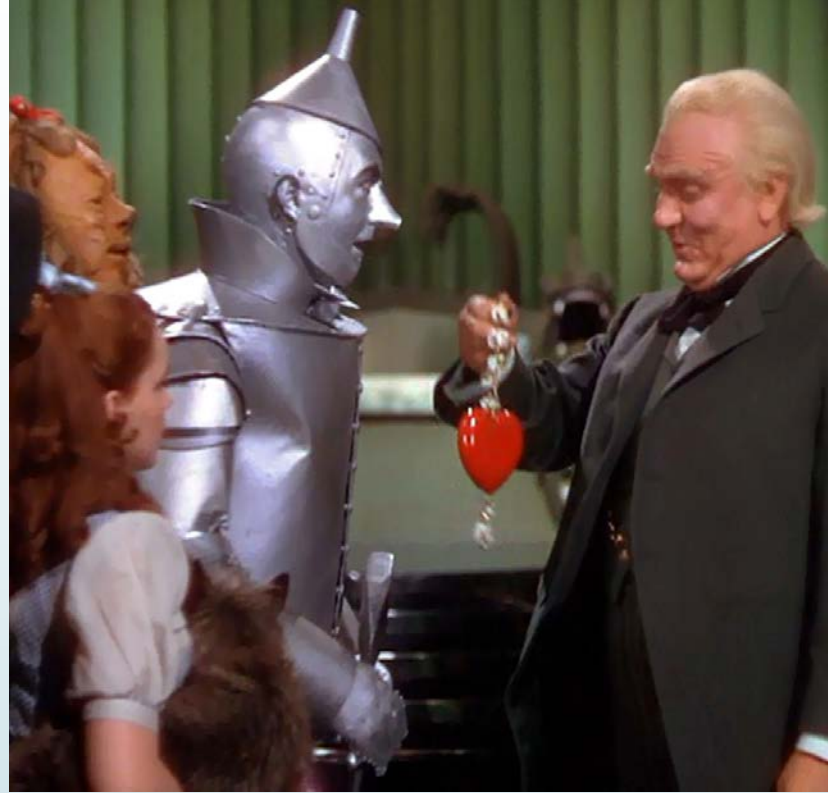
- 1. Assess with Perspective
- 2. Communicate with Intention
- 3. Craft Strategy with Integrity
- 4. Walk Your Talk
- 5. Take the Lead
- 6. Keep On Keepin' On



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# 1. ASSESS with PERSPECTIVE

- Step Away
- See Clearly and In a Meaningful Way
- Examine the Facts & Discern the TRUTH
  - SWOC/SWOT
  - Mind Map



“We make the best decisions when we approach the decision-making process from a balanced emotional and intellectual foundation.” ~ Madisyn Taylor, Daily Om Website



# You Gotta' Have Heart

- ▶ Change Your Perception
- ▶ Positive Stress
- ▶ Journal without Judgment
- ▶ Nature/Music
- ▶ Yoga/Meditation

## 2. Communicate with Intention



“Let’s begin our meeting.....  
Everybody talk; nobody listen.” ~ Leslie Stevens

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# Communication

- Have a Plan
- Speak Your Truth
- Listen

### 3. Craft Strategy with Integrity



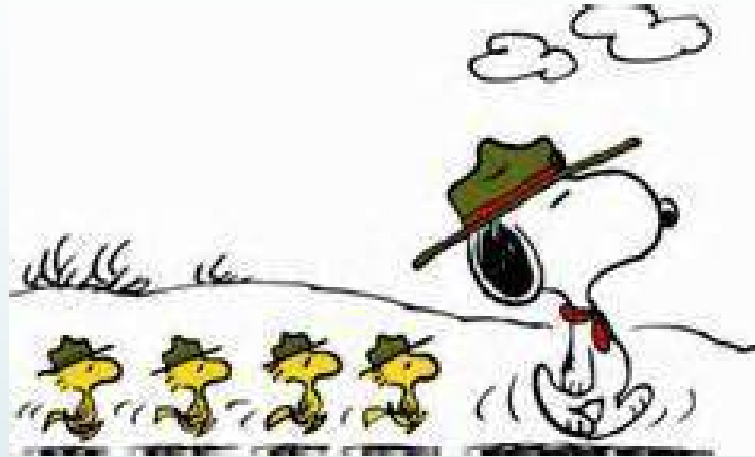
- Break It Down
- Eye on the Prize
- Heart in the Game

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## 4. Walk Your Talk

- Alignment Between Directives and Actions
- Authenticity
- Integrity
- Take Action
- Momentum
- Stay Open

## 5. Take the LEAD



- Be the Change
- Be a Positive Resource
  - Be Authentic
- Be an Influencer



## 6. Keep On Keepin' On!



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# Keep On

- Celebrate Wins
- Live and Learn
- Update Your Toolkit

Namaste





# Thank You

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