Preventing Complications in Critically Ill Adults

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Dr. Cindy L. Munro is the Associate Dean of Research and Innovation at the University of South Florida College of Nursing in Tampa, FL. Her research has focused on improving outcomes for critically ill patients through nursing interventions that reduce risk of complications which are important patient safety issues in the intensive care unit.

Her research is supported by two R01 grant awards from the National Institute of Nursing Research. She has studied the effect of oral care on ventilator-associated pneumonia for over two decades.

Her most recent project is testing whether scripted audio messages recorded by family and played back for the patient during daytime hours (Family Automated Voice Reorientation, or FAVoR) can prevent delirium while the patient is in the ICU, as well as reduce long-term cognitive problems and disability in ICU survivors.