## From Silence To Voice: What Is To Be Done

By Suzanne Gordon

# Miss Colorado: The Story and Response

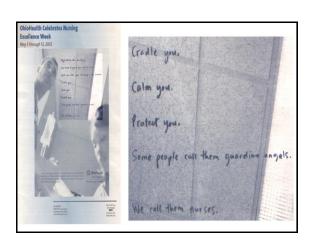
- Stethoscopes
- What she said
- What else she could have said

## How Do Nurses Learn to Tell the Story?

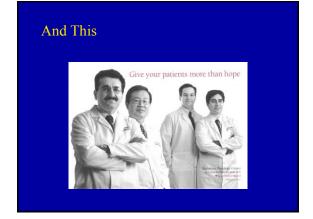
- Is the problem one of silence or deafness?
- Is the problem one of socialization?

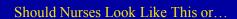
















<u>To Tell an Effective Story Do the Following:</u>
<u>Paint a Picture</u>

Don't Use Jargon

**Use Facts and Statistics** 

Paint Yourself Into the Picture

Paint a Picture that Will Make an Argument for your Work:

What is the problem/patient you are dealing with?

What do you do?

Why do you do it?

What difference does it make?

#### Remember

- What is ordinary/routine to you
- Is extraordinary to the public

#### Remember

 There Is No Such Thing as a Simple Thing in the Care of the Sick and Vulnerable

Remember – Never Attack the "Tasks of Nursing

No a Monkey CAN'T Do It

Understand the meaning of patient confidentiality

- You don't name the patient
- No identifiable personal details
- Change details
- Talk in generalities

Remember! You can talk about patient care without violating confidentiality

- Just learn what you can say
- As well as what you can't say

#### Paint the Whole Picture:

Don't limit nursing to the emotional and psychosocial.

Talk about your medical and technical skill and knowledge

#### Don't Make It Either Or

"People may think the most important part of being an oncology nurse is inserting an IV, accessing a port-a-catheter, administering anti-nausea medication, or infusing chemotherapy. This is not true. The part of my job that makes the greatest impact is educating a patient to take care of himself safely and efficiently at home."

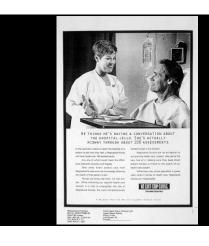
#### Make It Both/And

"As an oncology nurse I do a number of critical things. These include inserting an IV, accessing a port-a-catheter, administering anti-nausea medication, or infusing chemotherapy. They also include the critical function of educating a patient to take care of himself safely and efficiently at home."

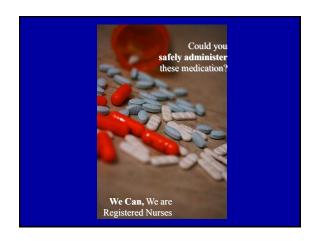
#### What Is Caring?

 Why Isn't Conducting an Excellent Physical Assessment of the Patient Considered to Be a Caring Act?

### Campaigns

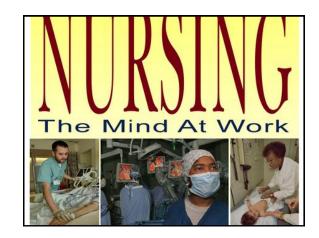












### What Can You and Your Faculty Do

- To teach students/nurses how to tell their story
- To teach students/nurses how to speak up
- To teach nurses how to end the silence