

# Nursing's Role in Sustaining Global Health

**Ann E. Kurth, PhD, CNM, MPH**

Dean & Linda Lorimer Koch Professor  
Yale University School of Nursing

February 23, 2019



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## Outline

- Health improvements & consequences (planetary health)
- Health system resilience
- A call to action, including masters & other curriculum
- Discussion



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# Global Health to Planetary Health Concepts

- 20<sup>th</sup> century - disease “silos”
- 21<sup>st</sup> century - resources, progress
- Focus on equity, economies & ecology
  - Sustainable Development Goals....



## Planetary Health

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# Planetary Health – Intersecting Disciplines



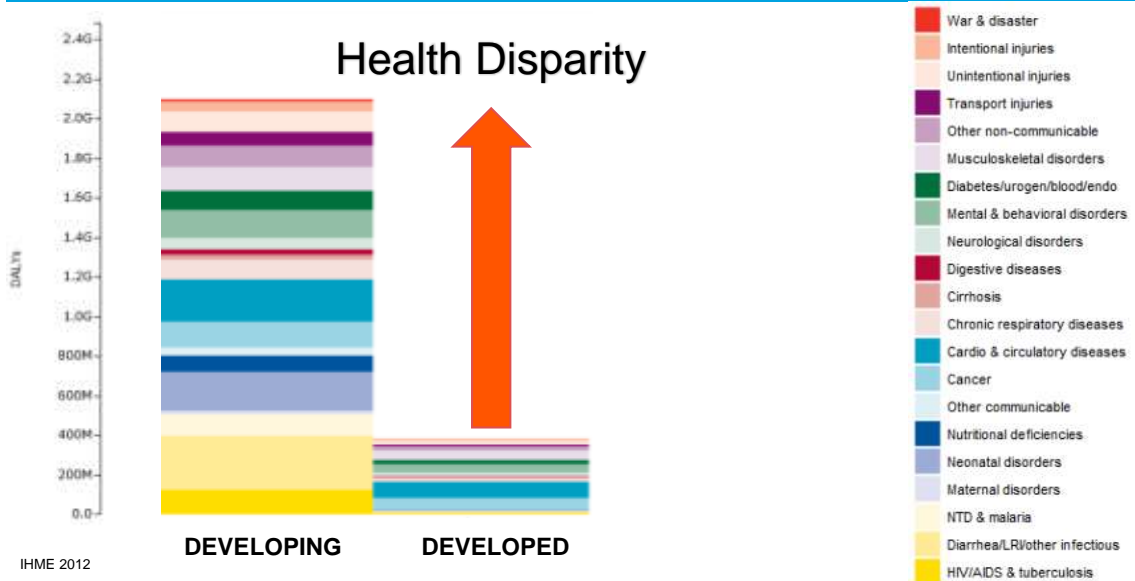
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# Health Trends Globally

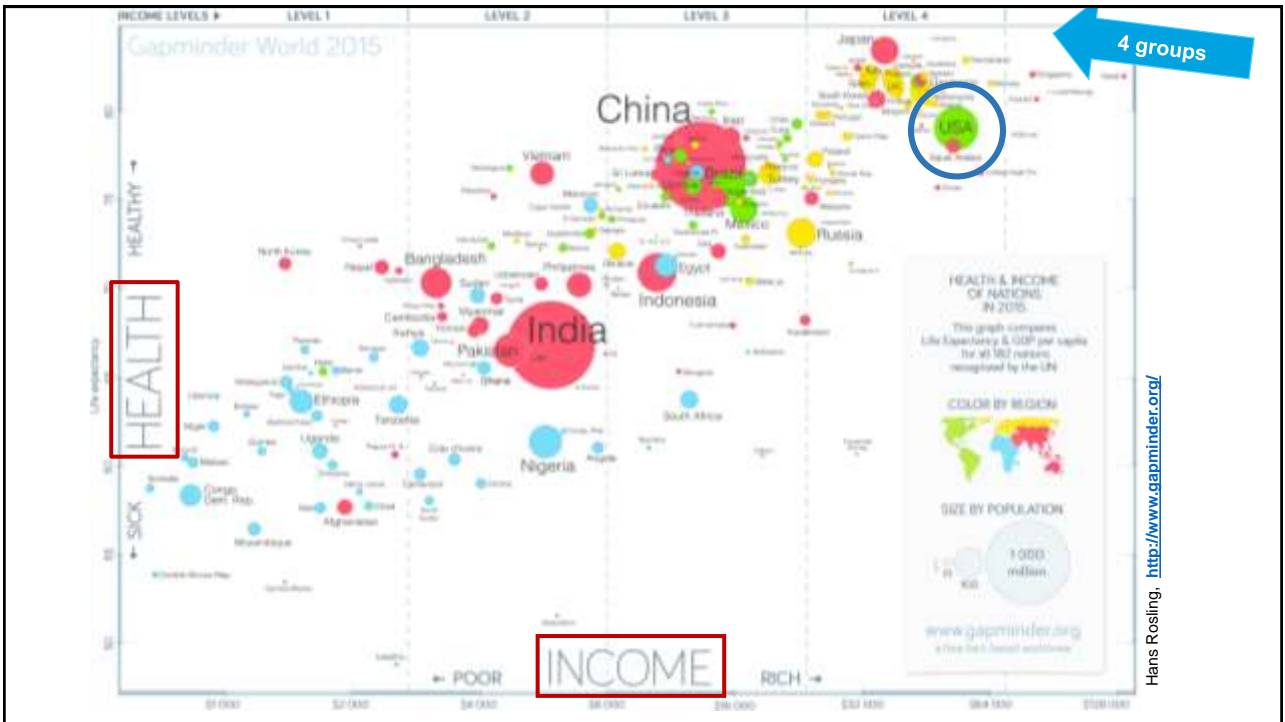
- Rising non-communicable diseases
- Aging populations
- Global urbanization
- Inequity
- Climate change, ecosystem strain

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# Global Burden of Disease



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# Sustainable Development Goals

- Framework focused on equity, economics, & environment
- Increasingly used by governments, funders, business, other sectors



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Yale Faculty  
SDG  
review



(Goodall and Moore., Yale Office of Sustainability 2018)

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# Health Challenges

Rising non-communicable diseases

Global urbanization

Displaced populations

Natural & man-made disasters

Climate damage & ecosystem strain

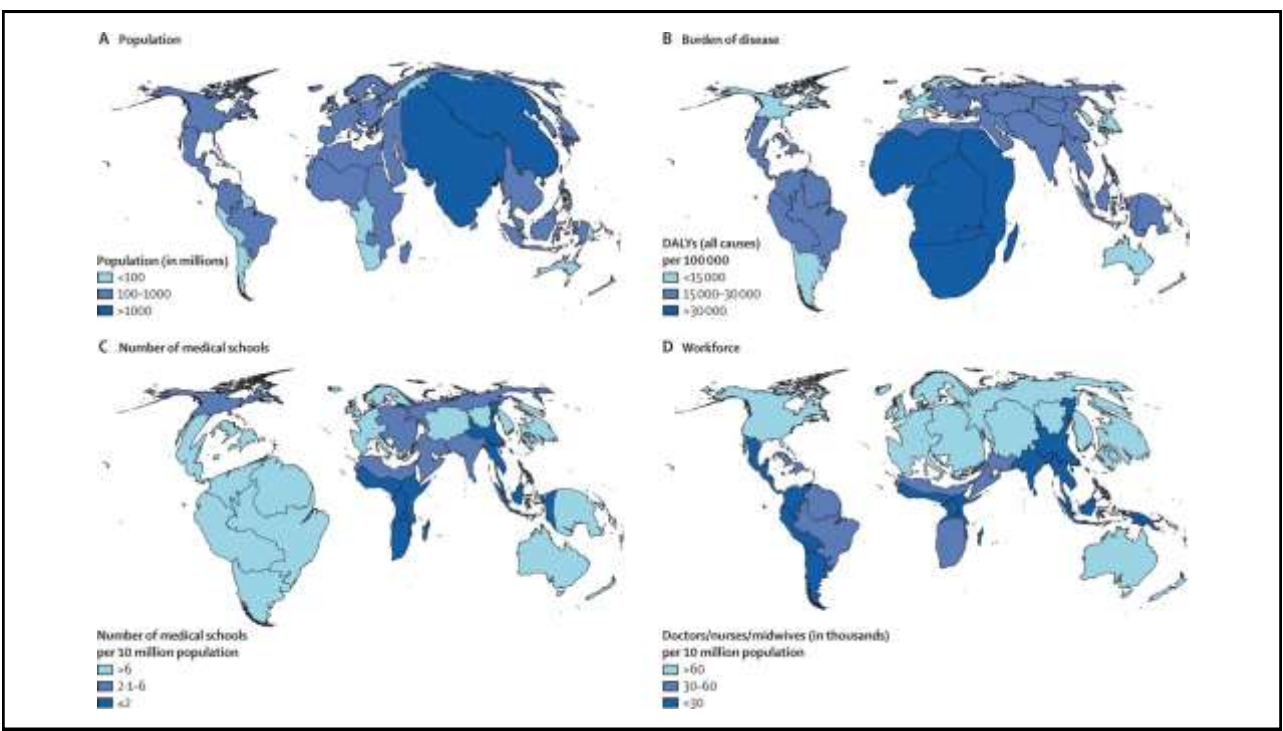
**Strengthen Health Systems**

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# NURSES & MIDWIVES



**MAKE UP >50%**  
of the global health workforce

AND DELIVER  
UP TO

**80%**

of all health care services



(WHO 2014; PIH 2016)

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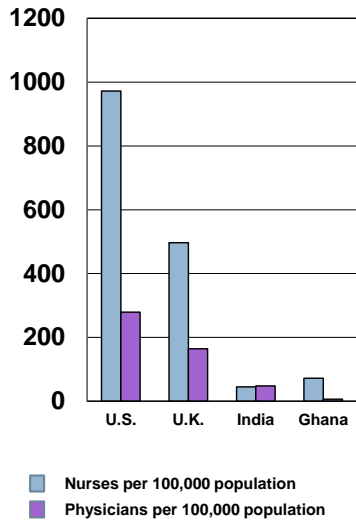
## TRIPLE IMPACT NURSING



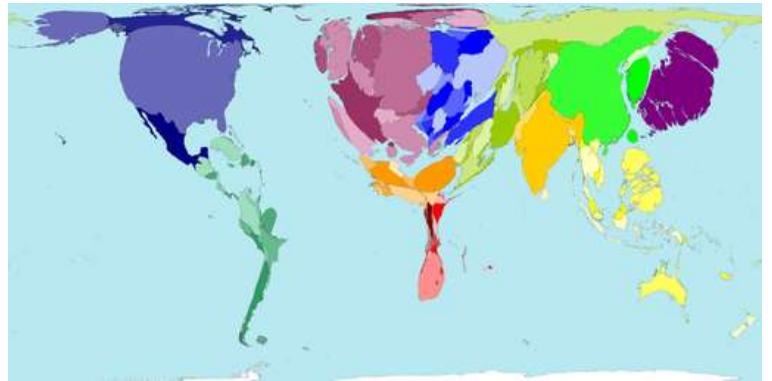
Crisp 2016

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# Global Nurse Distribution

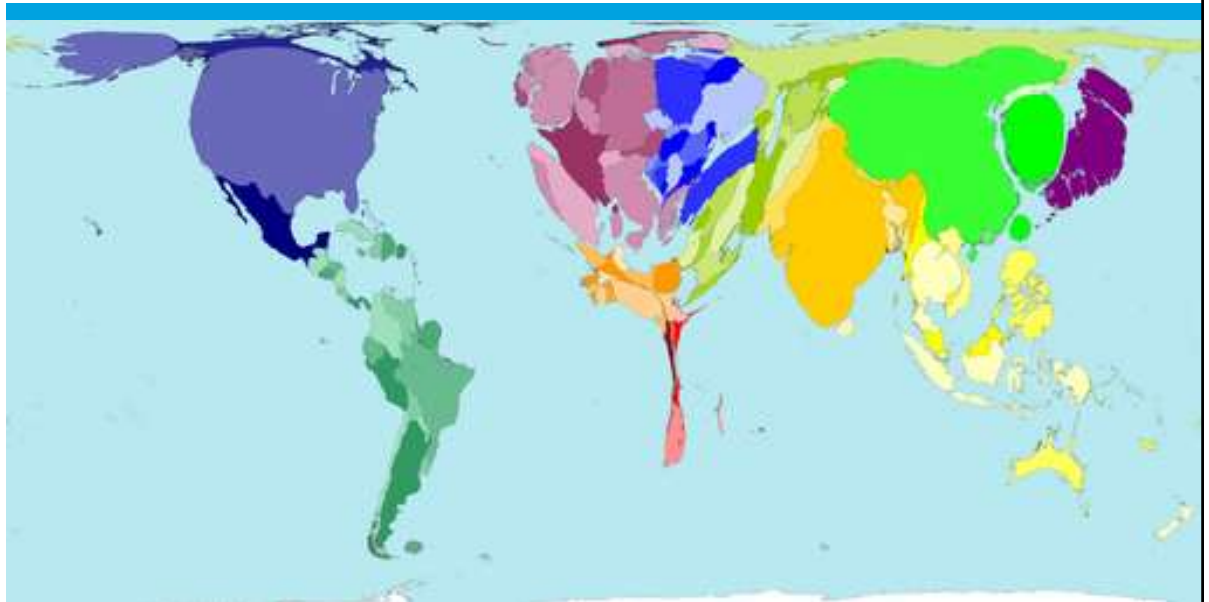


20 million nurses in world  
3.6 million nurses in US



# Global Tertiary Education

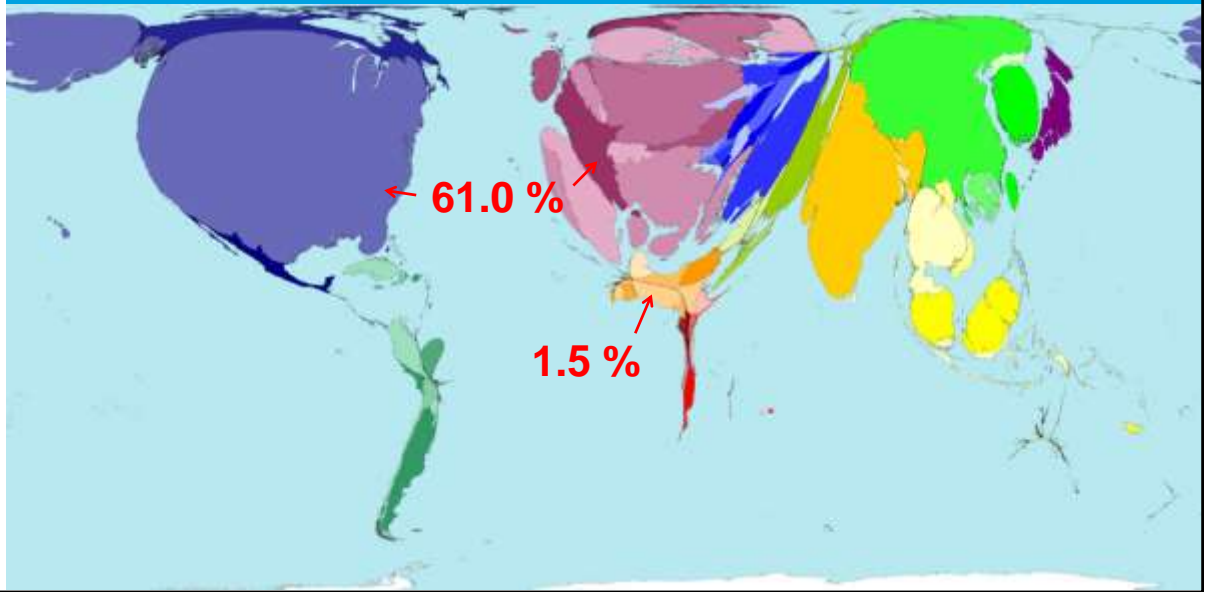
<http://sasi.group.shef.ac.uk/worldmapper/display.php?selected=203>





## University Expenditure (Tertiary \$)

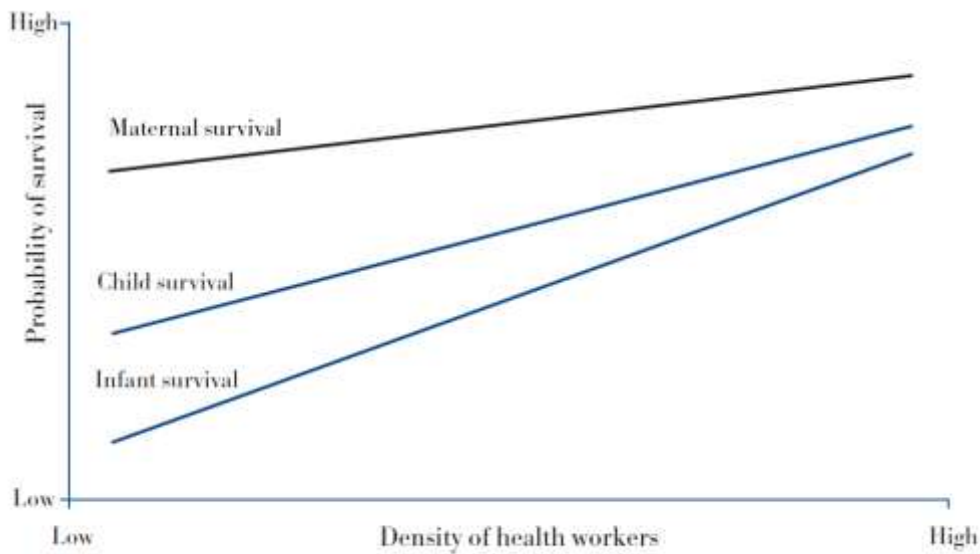
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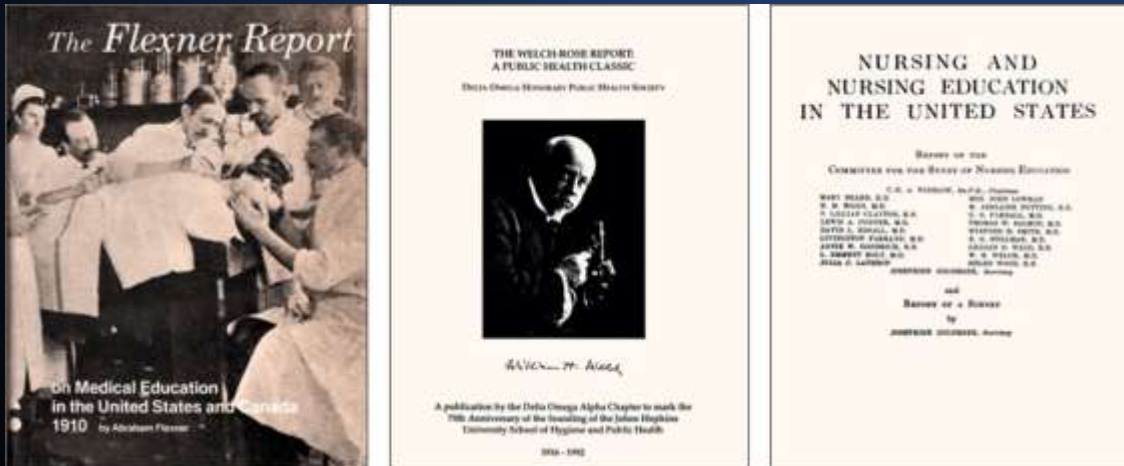
## Health Workers Save Lives

(WHO, 2006)



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# EDUCATING THE 20<sup>th</sup> CENTURY HEALTH PROFESSIONAL



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## A Vision for 21<sup>st</sup> Century Education

### Major Findings

- Shortage & maldistribution of education institutions (not matching population size and burden of disease)
- Great disparities in global expenditure for human resources for health (HRH) education
- Weak and uneven accreditation and learning systems
- Scarcity of information & research on HRH education
- No robust evidence on effectiveness of innovative initiatives launched

### Ultimate Purpose

- **“Assure universal coverage of comprehensive services essential for health equity within & between countries”**

### Proposed Reforms & Outcomes

- Instructional - **Transformative learning**: to develop leadership attributes and produce **change agents**
- Institutional - **Interdependence in education**: to harmonise education & HS; work in networks alliances & consortia; to harness global flows of educational content, teaching resources and innovations

### Enabling Actions

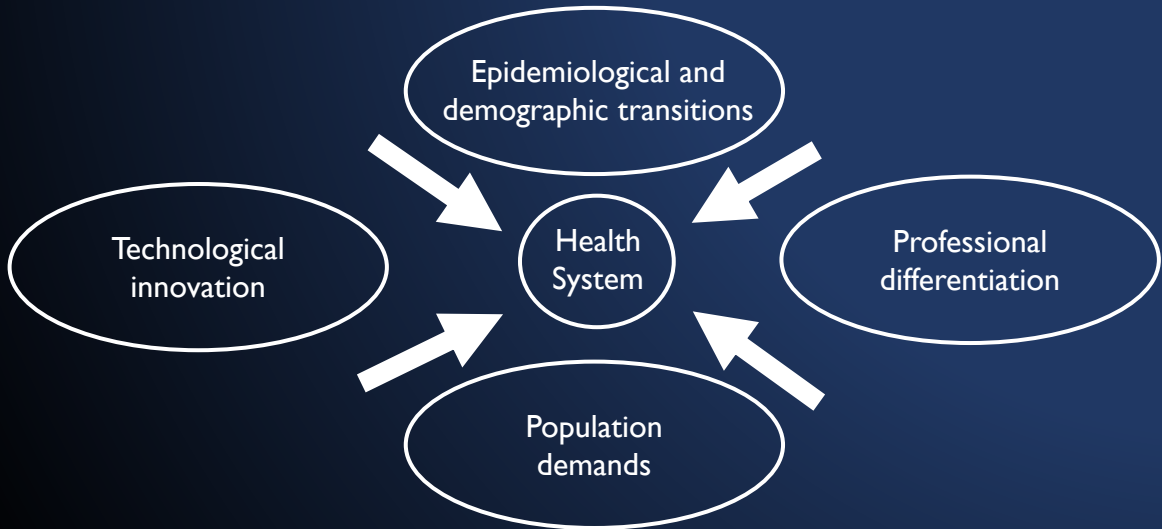
- Engagement of leaders at all levels
- Investment in HRH education
- Stewardship mechanisms (accreditation)
- Strengthening of shared learning (metrics, evaluation, research) to build knowledge base about what innovations work



Frenk J et al., *Lancet* 2010; 376: 1923-58

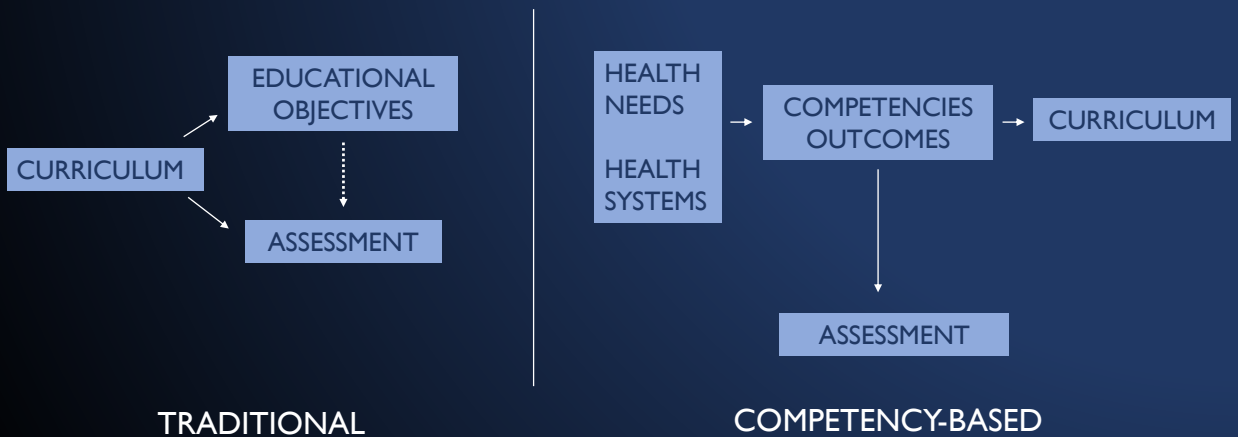
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# EDUCATING THE 21<sup>st</sup> CENTURY HEALTH PROFESSIONAL



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# EDUCATING THE 21<sup>st</sup> CENTURY HEALTH PROFESSIONAL



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# Global Health Competencies

## Identified in 12 domains (2014):

- Global Burden of Disease
- Globalization of Health and Healthcare
- Social and Environmental Determinants of Health
- Capacity Strengthening
- Teamwork/Collaboration and Communication
- Ethical Reasoning
- Professional Practice
- Health Equity and Social Justice
- Program Management
- Social, Cultural and Political Awareness
- Strategic Analysis
- Communication



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# Global Health Competencies

CUGH Education Committee agreed on the following definitions for four different levels of students who might be engaged in global health work:

Jogerst et al. Identifying Interprofessional Global Health Competencies for 21<sup>st</sup>-Century Health Professionals, *Annals of Global Health*, 2015, 81(2):239-247.

### Level I: Global Citizen Level

Competency sets required of all post-secondary students pursuing any field with bearing on global health.

### Level II: Exploratory Level

Competency sets required of students who are at an exploratory stage considering future professional pursuits in global health or preparing for a global health field experience working with individuals from diverse cultures and/or socioeconomic groups.

### Level III: Basic Operational Level

Competency sets required of students aiming to spend a moderate amount of time, but not necessarily an entire career, working in the field of global health.

Two sub-categories exist in Level III:

Practitioner-Oriented Operational Level: Competency sets required of students: 1) practicing discipline-specific skills associated with the direct application of clinical and clinically-related skills acquired in professional training in one of the traditional health disciplines; and 2) applying discipline-specific skills to global health-relevant work from fields that are outside of the traditional health disciplines (e.g., law, economics, environmental sciences, engineering, anthropology, and others).

Program-Oriented Operational Level: Competency sets required of students within the Basic Operational Level in the realm of global health program development, planning, coordination, implementation, training, evaluation, or policy.

### Level IV: Advanced Level

Competency sets required of students whose engagement with global health will be significant and sustained. These competencies can be framed to be more discipline-specific or tailored to the job or capacity in which one is working. This level encompasses a range of study programs, from a masters level degree program, up to a doctoral degree with a global health-relevant concentration. Students enrolling in these programs are usually committed to a career in global health-related activities.

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## Educational Partnership vs Volunteerism

### ■ Framework/competencies

(L. Wilson et al '16)

- Who benefits?

“ Volunteer experiences have the potential to both benefit and harm the host community as well as the volunteer. Humility, trust, and respect must characterize the volunteer’s approach to all interactions, and ethical obligations must be honored. All volunteer experiences, local and global, should be carefully planned with adequate volunteer preparation. Pre-departure planning, on-site experience, and post-departure evaluation should be done in collaboration with the host community.

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## Clinical Practicums

### *Developing and Validating Learning Domains, Competencies, and Evaluation Items for Global Health Clinical Immersion Practicums for Graduate-Level Nursing Programs*

Tracy Kelly, MSN, CPNP  
Mark Lazenby, PhD, APRN, FAAN

Evaluation tool identifies academic prerequisites needed for achievement of expected competencies upon completion of the practicum experience

(2018)



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## Ethical Principles Global Health Nursing Practice

1. The global health nurse promotes an environment in which the human rights, dignity, values, customs, and spiritual beliefs of the individual, family, and community are respected. (0.90)
2. The global health nurse advocates for equality and social justice in resource allocation, access to health care and other social and economic services (ICN, 2012). (0.76)
3. The global health nurse demonstrates professional values such as respectfulness, responsiveness, compassion, trustworthiness, and integrity (ICN, 2012). (0.92)
4. The global health nurse values diversity of opinion, beliefs, culture, and perspectives. (0.88)
5. The global health nurse consistently maintains standards of personal conduct, which reflect well on the profession and enhance its image and public confidence (ICN, 2012). (0.77)
6. The global health nurse strives to foster and maintain a practice culture promoting ethical behavior and open dialogue (ICN, 2012). (0.77)
7. The global health nurse must demonstrate responsibility and accountability for nursing practice and for maintaining competence by continual learning (ICN, 2012). (0.79)
8. The global health nurse strives to promote safe working conditions for nurses globally. (0.74\*)
9. The global health nurse sustains a collaborative and respectful relationship with coworkers in nursing and other fields (ICN, 2012). (0.81)
10. The global health nurse works in partnership with host country nurses, groups, and governmental and nongovernmental organizations. (0.79)

(McDermott-Levy et al., 2018)

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## Global Health and Nursing Literature



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# CUGH White Paper

*Report on Collaborative University-Based Programs  
Building HRH Capacity in Resource Constrained Nations* (Roush, Kurth, Gerchow 2014)



## ■ METHODS

- Scoping Review 17 articles, 4 grey lit 1995-2013
- Key Informant Interviews N =17
- Case Study: Rwanda Project

## ■ RECOMMENDATIONS

- Coordinate efforts and information across programs/regions
- Commit to long-term support
- Build relationships
- Clear, well-defined purpose with defined goals, outcomes
- Use of technology
- Include governmental agencies
- Holistic approach
- Comprehensive, detailed pre-assessment of local context
- Systematic evaluation and data collection
- Rigorous research on factors influencing success

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## Our Challenge

Human Resources for Health

Implementing in most effective, efficient, and equitable manner

Measuring outcomes and achieving SGDs

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# Teaching Technologies



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## SCALING UP MIDWIFERY REDUCES MATERNAL & NEWBORN MORTALITY

**10%** increase in midwifery coverage leads to a **27%** drop in maternal mortality, which leads to a **50%** drop in stillbirths.

**95%** midwifery coverage would prevent **82%** of maternal deaths.

**When a mother dies, her infant is twice as likely to die before the age of two, and her other children are ten times more likely to leave school.**

*In low-resource settings the [Gates-funded LiST] model predicts that, compared with current baseline estimates and over 15 years, maternal and newborn mortality and stillbirths could be reduced by between 27% and 82%.*

from the 2014 Lancet series introduction summary

## MIDWIFERY @YALE

KNOWLEDGE-TO-ACTION

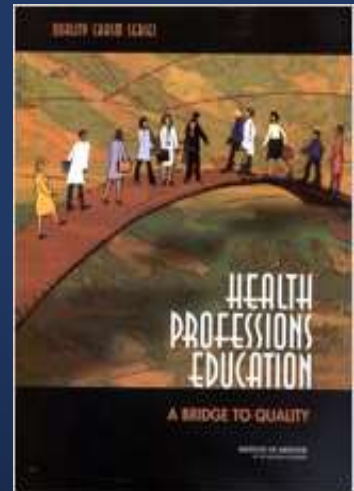
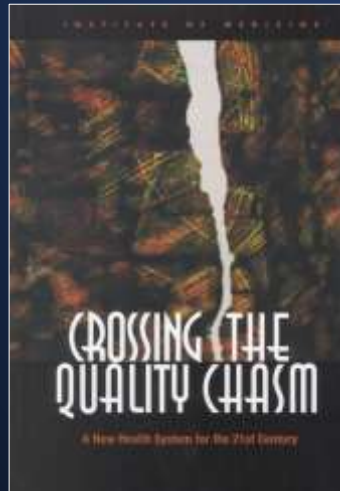
**midwifery, n:**  
skilled, knowledgeable, and compassionate care for childbearing women, newborn infants, and families across the continuum throughout pre-pregnancy, pregnancy, birth, postpartum, and the early weeks of life.

[ --- continuum of care --- ]

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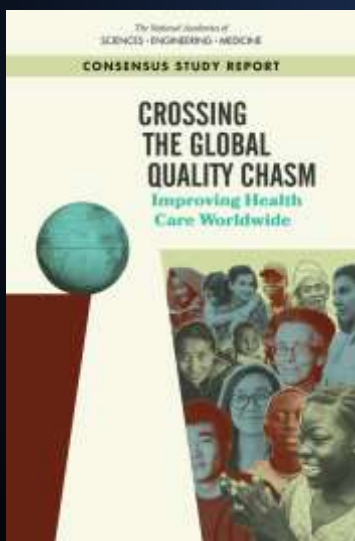


# ENSURING HIGH QUALITY OUTCOMES



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# IMPROVING GLOBAL QUALITY OF CARE



In LMICs, between **5.7M** and **8.4M** deaths occur each year from poor quality of care – resulting cost of lost productivity **\$1.5 trillion annually**

## Six Dimensions of Quality Health Care

- Safety
- Effectiveness
- Person-centeredness
- Accessibility, Timeliness, Affordability
- Efficiency
- Equity

(NAS, 2018)

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# IOM Future of Nursing, 2010



- Institute of Medicine (Nat'l Academy of Medicine)
  - “Nurses...should work at the full extent of their training to provide timely, efficient, and cost-effective care to people across U.S.”
- Committee led by a non-nurse
- “Not just advancing nursing, but **advancing health through nursing.**”  
(Keepnews '11)

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# IOM Future of Nursing Main Points

- Nurses should practice to full extent of education and training
- Nurses should achieve **higher levels of education** through system that promotes seamless academic progression
- Nurses should be full partners, with physicians and other health care professionals, in redesigning health care
- Effective workforce planning and policy making require better data collection and improved information infrastructure



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## NAM Future of Nursing, 2020-2030

- Extend vision for nursing into 2030
- Chart path for nursing to create a culture of health, reduce health disparities, improve well-being of population in 21st century
- Examine current state of science and technology to assess capacity of nursing to meet health and social care demands to 2030
- Will our curriculum reflect above?



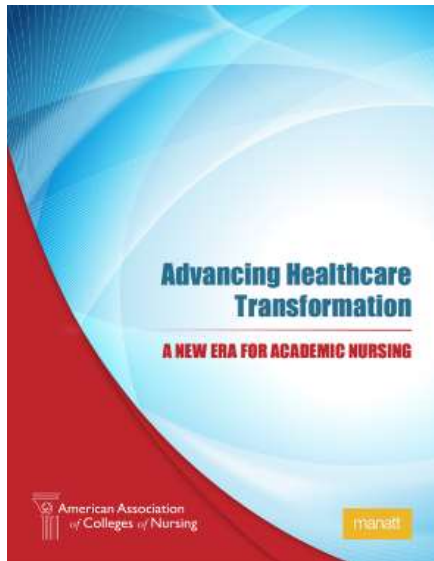
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## Interprofessional Curricula Recommendations



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# Nursing Schools & Health Systems Should Work Together

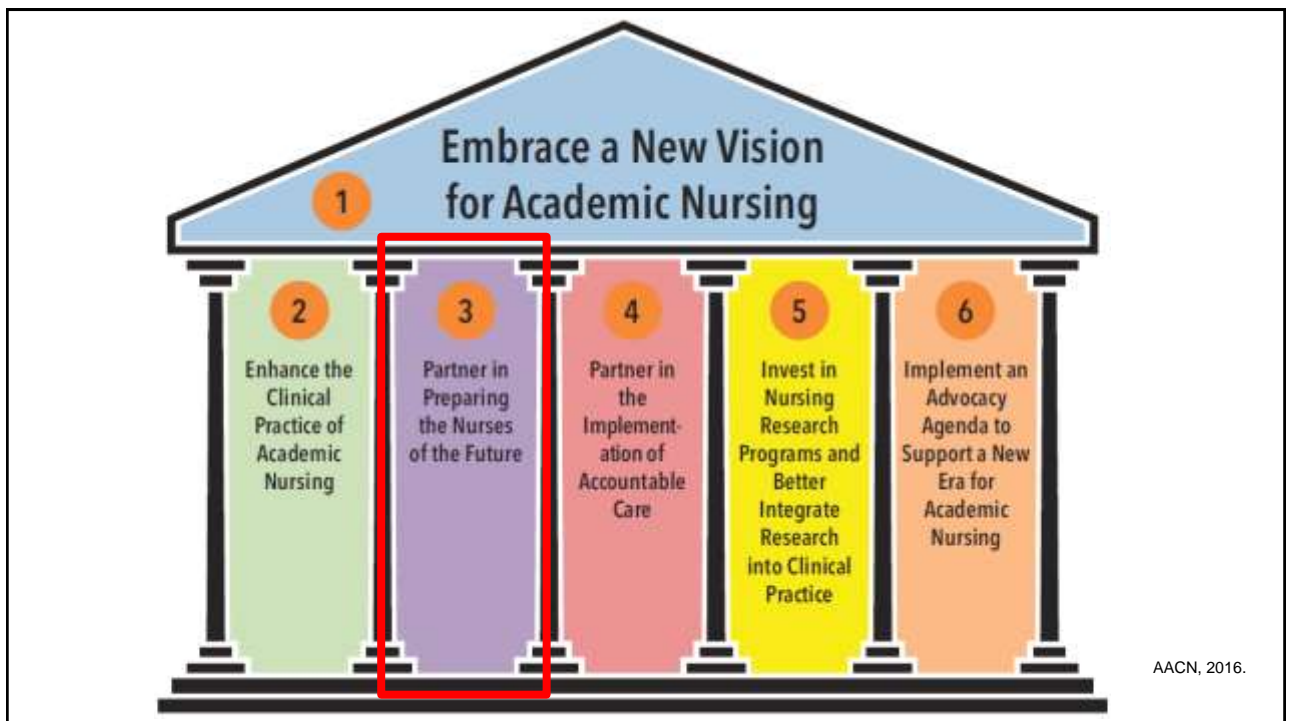


## 'New Era' Report

*“Further alignment of medicine, nursing, and health system organizations may also prove beneficial...”*

- American Association of Colleges of Nursing (AACN) March 2016

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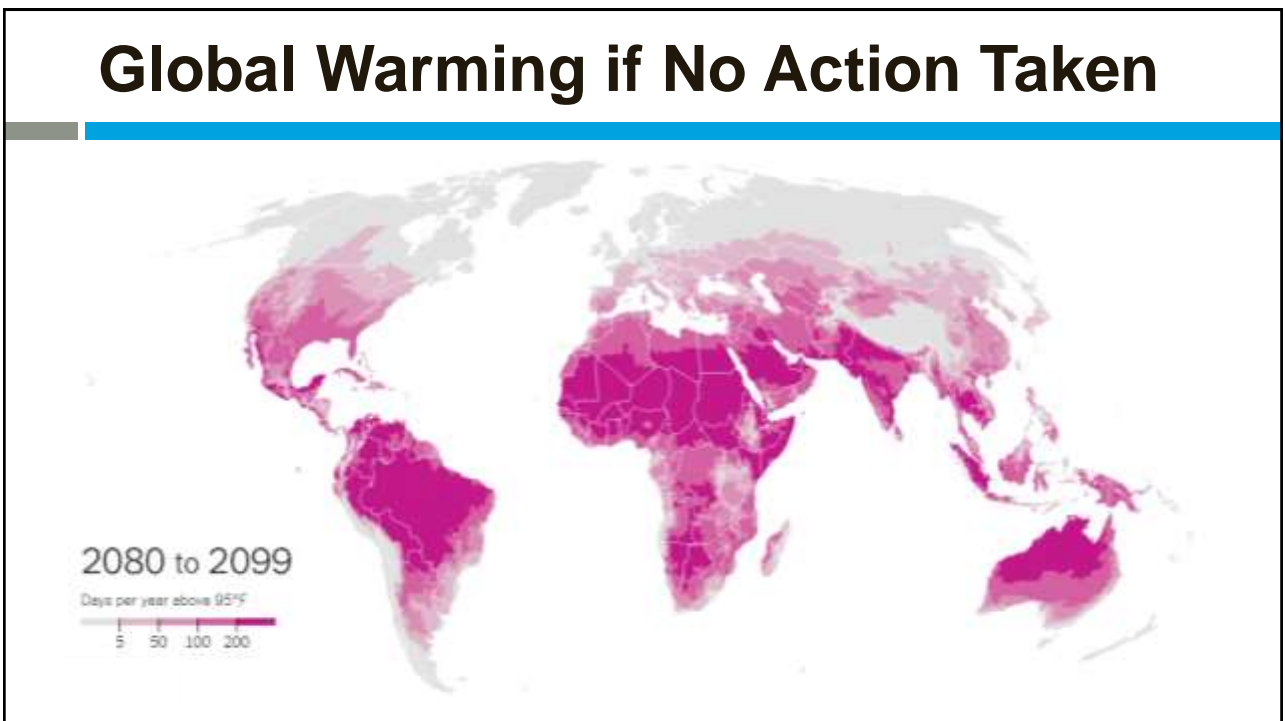




# Human History

- Progress, innovation
- Strife, forced migration
- Accelerated stress on resource carrying capacity in Anthropocene era

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# Global Warming if No Action Taken

2080 to 2099

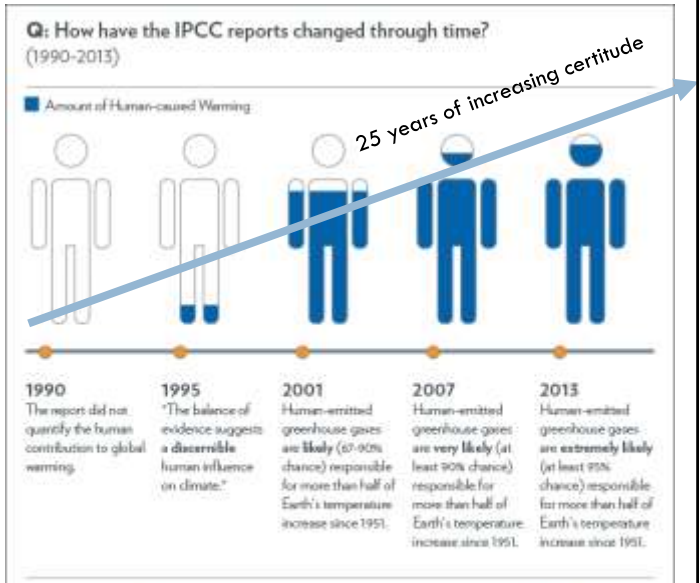
Days per year above 95°F

5 50 100 200

42

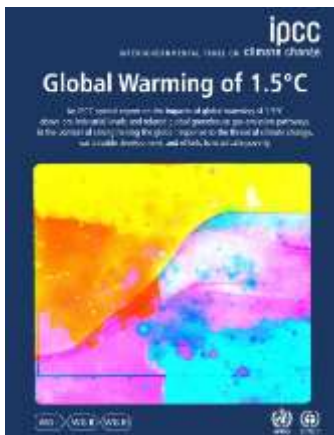
# IPCC: 5 Assessment Reports

1990  
1995  
2001  
2007  
2014  
(2022)

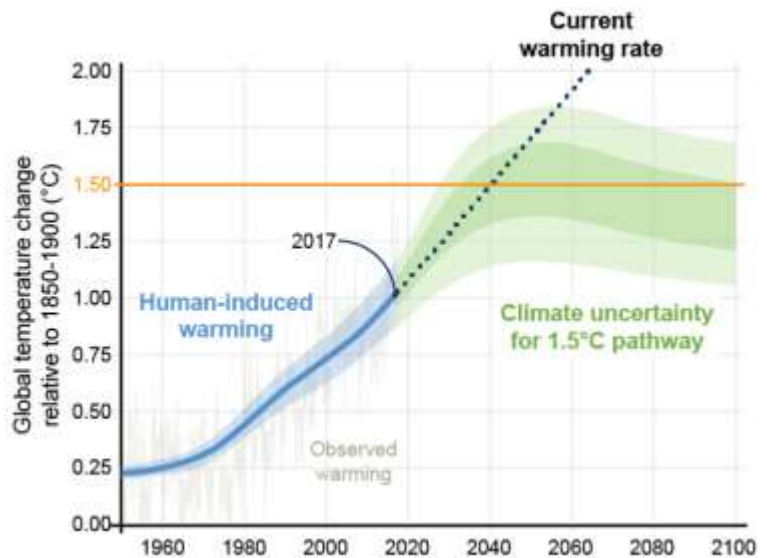


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# How Close Are We to 1.5 Degrees C?



IPCC Special Report  
(October 2018)



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## Safeguarding human health in the Anthropocene epoch: report of The Rockefeller Foundation–Lancet Commission on planetary health

***“we have been mortgaging the health of future generations*** to realize economic and development gains in the present. By unsustainably exploiting nature’s resources, human civilization has flourished but now risks substantial health effects from the degradation of nature’s life support systems...”

(Whitmee et al., 2015)

## Things Are Getting Better...

[www.thelancet.com/commissions/planetary-health](http://www.thelancet.com/commissions/planetary-health)

### LIFE EXPECTANCY

Mean global life expectancy at birth (years)



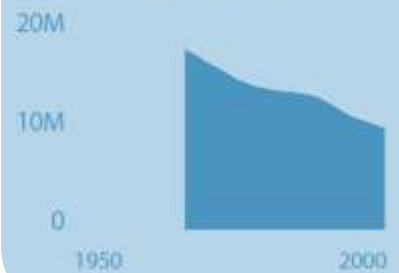
### POVERTY

Population of world in poverty (%)



### CHILD MORTALITY

Recorded deaths of under-fives 1

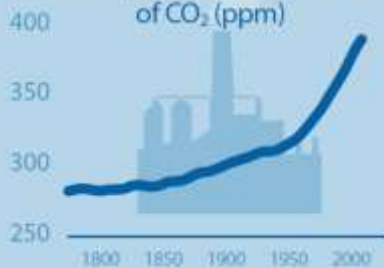


# But Ecologic Cost/Damage

www.thelancet.com/commissions/planetary-health

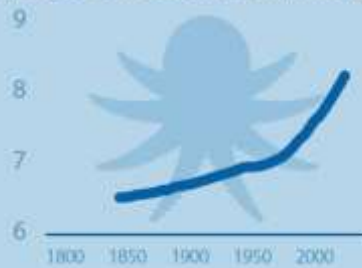
## CARBON DIOXIDE EMISSIONS

Atmospheric concentration of CO<sub>2</sub> (ppm)



## OCEAN ACIDIFICATION

Global ocean acidification (mean hydrogen ion concentration, nmol/kg)



## ENERGY USE

World primary energy use (EJ)



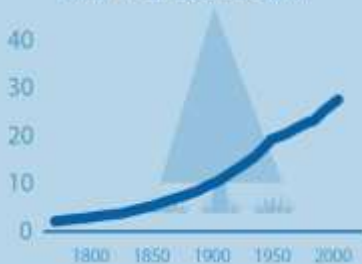
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# Ecologic Cost

www.thelancet.com/commissions/planetary-health

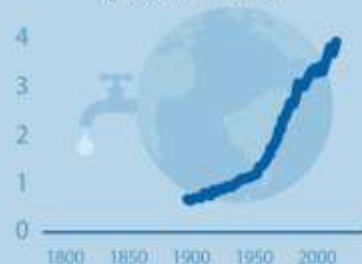
## TROPICAL FOREST LOSS

Global tropical forest loss compared with 1700 baseline (%)



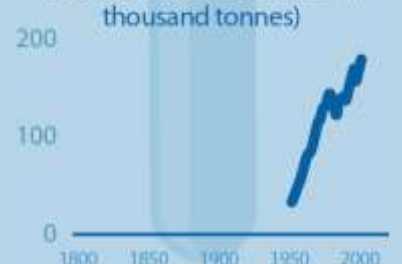
## WATER USE

Water use (thousand km<sup>3</sup>)



## FERTILISER USE

Global fertiliser use (nitrogen, phosphorus, and potassium; thousand tonnes)

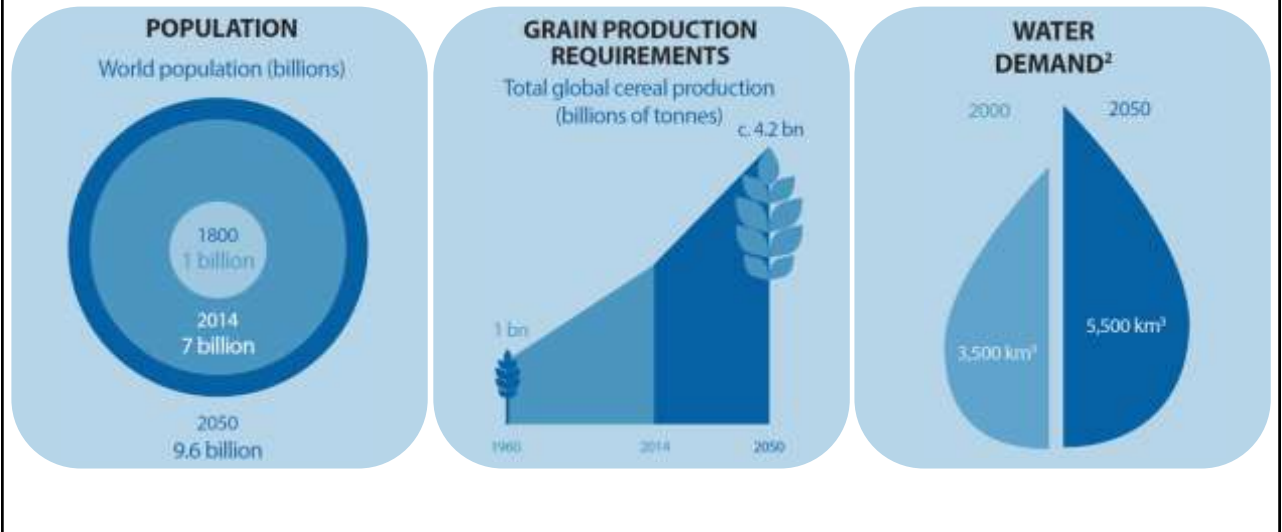


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# Ecologic Cost

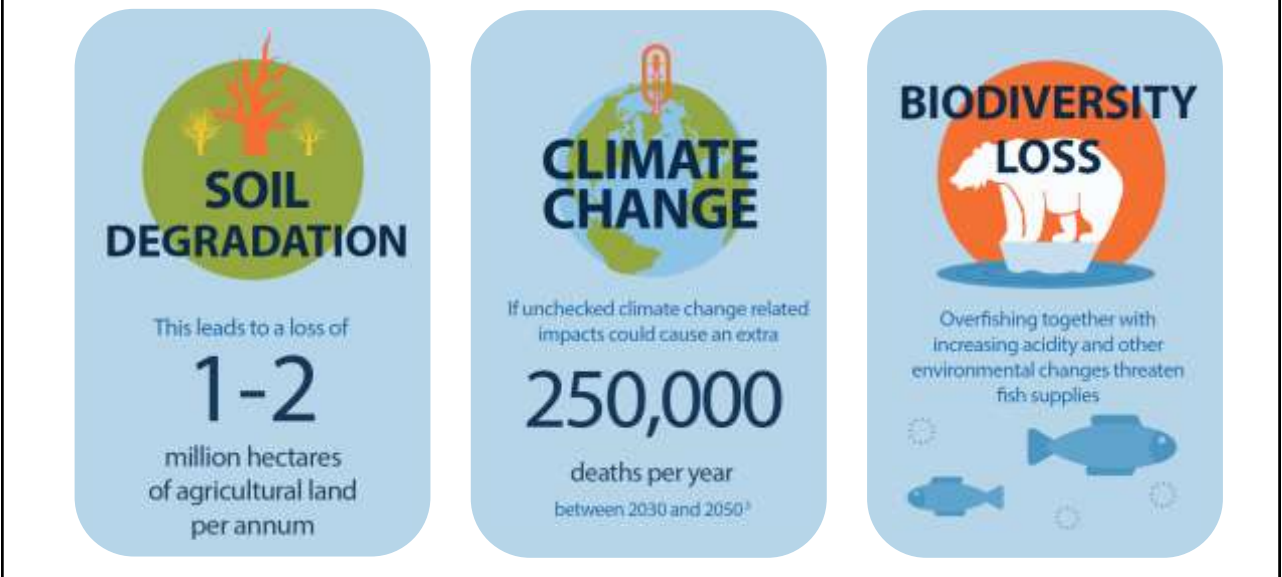
[www.thelancet.com/commissions/planetary-health](http://www.thelancet.com/commissions/planetary-health)



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# Ecologic Cost

[www.thelancet.com/commissions/planetary-health](http://www.thelancet.com/commissions/planetary-health)



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# Ecologic Cost

(<http://www.thelancet.com/commissions/planetary-health>)

**WATER USE**

By 2050 over **40%** of the world's population could be living in areas under severe water stress.

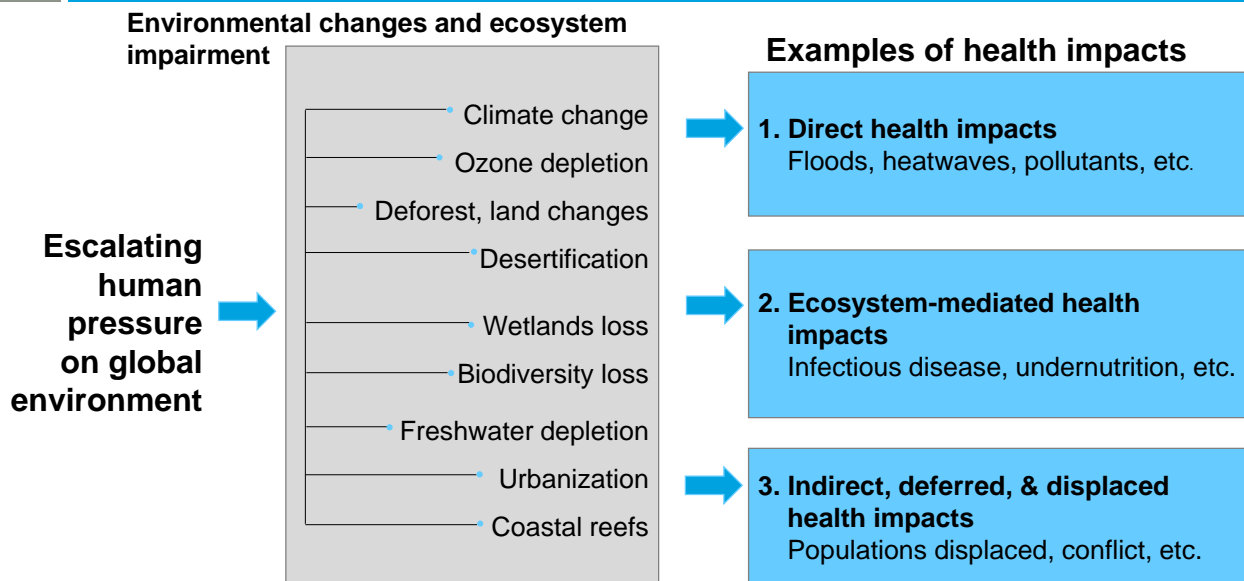
**UNDER NUTRITION**

Millions of people are at risk of under nutrition due to the combined effects of climate change and other environmental changes.

May see reversal of progress, government destabilization due to unsustainable resource consumption, inequities

# Planetary Health Effects

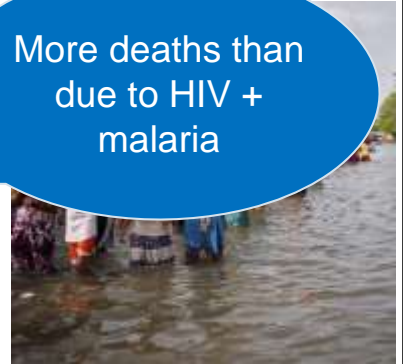
(WHO, in Corvalan 2005)



# Planetary Health - Direct Health Impacts

- Floods – up to 250 million affected
- Drought – climate refugees in and between countries
- Heatwaves – affecting elderly, vulnerable
- Pollutants
  - 5.5 million excess deaths globally 2016
  - Coal emissions → major cause of deaths (heart disease, cancer, stroke, respiratory)

More deaths than  
due to HIV +  
malaria



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# Ecosystem-Mediated Health Impacts

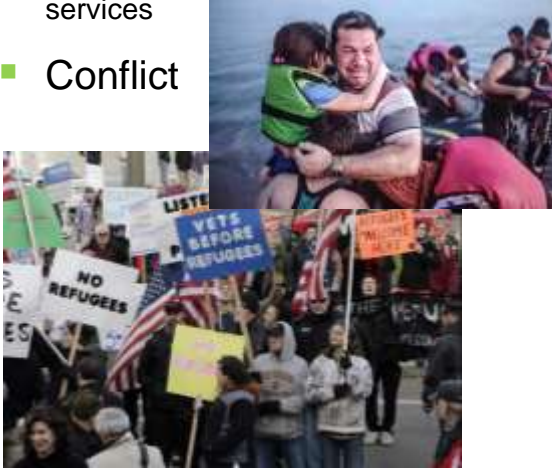
- Changes in disease – dengue, Lyme endemic mid-latitudes, 100s millions more malaria exposure
- Mental health – loss of social networks, trauma/PTSD, anxiety, depression
- Changes in food availability, cost – malnutrition



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# PH Effects – Indirect Health Impacts

- Displaced populations – shifts to cities straining health services
- Conflict



## Climate refugees may reach many millions by 2050

March 20, 2018, by Alex Kirby



A Polish cattle herder in West Africa. Pastoralists need refuge for their animals too. Image: Jy-Brendrygo, via Wikimedia Commons

Climate refugees, people fleeing climate change's impacts by moving to new homes, may number over 140 million by 2050, the World Bank reports.

ABOUT AUTHOR

Alex Kirby is a former BBC journalist and an environmental activist based in London.

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## Conflicts

**For each standard deviation in temperature and rainfall...**

**POLICE LINE DO NOT CROSS**

**14 % increase in violence between groups**

**4% increase in violence between individuals**

Van Susteren 2017

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# Mental Health Impact

- Displaced populations
  - Loss of social networks
- Strife, competition
  - Trauma



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# Planetary Health Ethics

- Disproportionate impact on poorest – **health inequities**



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# Talking about Planetary Health

## 1. Keep emotions even-keeled

## 2. Avoid apocalyptic focus

- Addressing it now improves economies, jobs, social justice, & population health  
– GAIN FRAME!

## 3. Seek common ground

- Leverage beliefs (religious leaders; business green economy; military security)

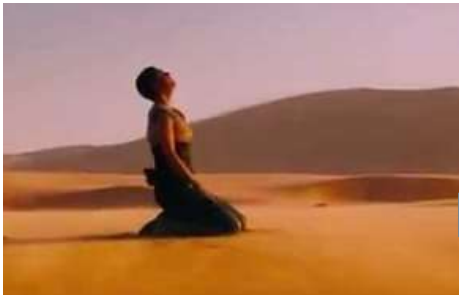
## 4. Tell personal stories

## 5. Emphasize facts

- 97% scientists agree climate change is happening & due to humans Parry 2016

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# Emphasize SOLUTIONS



Mad Max: Fury Road, 2015



“Climate change solutions benefit mental health.”

– APA 2017

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# Remember the **opportunity** in crisis...

Mitigation & adaptation efforts now  
will have benefits

**A green economy  
(and health system) is strong**

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## How to Act on Planetary Health

To safeguard human health we need  
to maintain the health of the planet  
on which we depend



<http://www.thelancet.com/commissions/planetary-health>

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# How to Act on Planetary Health



Use More  
Water  
Efficiently



Family  
Planning



End  
Deforestation



City Planning

<http://www.thelancet.com/commissions/planetary-health>

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# How to Act on Planetary Health



Learn about  
Planetary  
Health



Healthy Diets  
With Low  
Environmental  
Impact



Reduce  
Food  
Waste



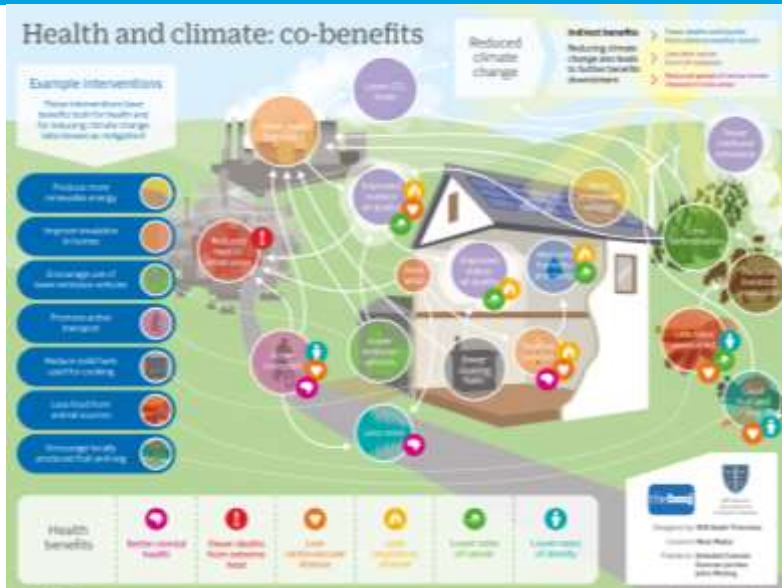
Better  
Governance

<http://www.thelancet.com/commissions/planetary-health>

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# Policy/Action to Address Climate & Health



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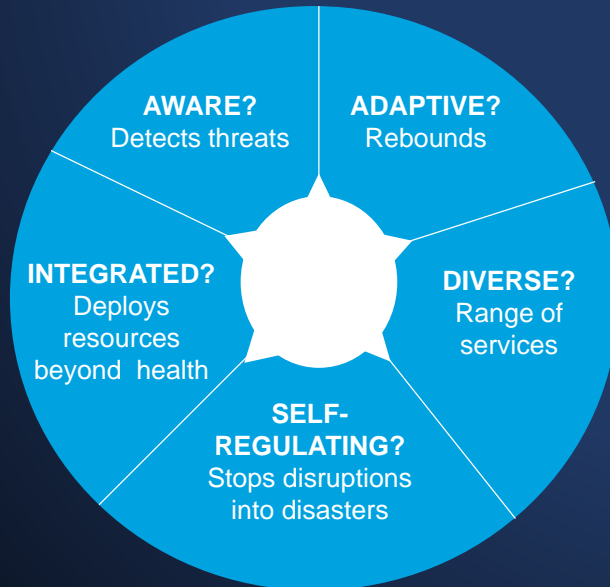
## Resilient Health Systems



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# Preparing Health Systems

In face of coming planetary health drivers, is system...



(Kruk 2015)

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## Health System Resilience



capacity to respond, adapt, and strengthen when exposed to a shock...



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# Have We Learned from Ebola?



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## One Health Competencies

- Emergence of Ebola virus in West Africa demonstrate critical need for health workers prepared to manage diseases that cross human, animal, environmental health areas



(USAID, 2016)

### One Health Competencies Identified in 7 domains:

- Management
- Communication and Informatics
- Values and ethics
- Leadership
- Team and collaboration
- Roles and responsibilities
- Systems thinking

(Togami et al, 2018)

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# One Health Core Competencies (Togami et al, 2018)

Competency	Objective	Skills
<b>Health Knowledge</b>	Demonstrate knowledge of established and evolving transdisciplinary One Health sciences (e.g., public health, animal health, environmental sciences, modern agriculture)	<ul style="list-style-type: none"> <li>Characterize cause, evolution, and ecology of infectious disease agents</li> <li>Describe transmission routes for toxins, pathogens, and resistance genes</li> <li>Explain epidemiologic principles used to characterize one health problems</li> <li>Understand scientific principles such as biological complexity, genetic diversity, systems interactions, etc that influence one health</li> <li>Identify cultural and socioeconomic determinants and effects of illness</li> <li>Explain how bio surveillance, diagnostics, and therapeutic countermeasures are deployed</li> <li>Describe disease prevention interventions that improve human, animal, plant, and environmental health at individual, community, population levels</li> </ul>
<b>Global and Local Issues in Humans, Animals, Plants and the Environment</b>	Demonstrate understanding of historical, cultural, political, economic, and scientific aspects of emerging health problems that are amenable to the One Health approach	<ul style="list-style-type: none"> <li>Describe the biological principles, scope, and complexity of disease</li> <li>Understand the effects of global change on health</li> <li>Identify, understand origins and determinants of health as related to disease</li> <li>Compare and contrast health and non-health consequences of diseases and exposures</li> <li>Recognize major challenges and opportunities to improve health</li> <li>Food safety</li> <li>Understand the structure and responsibilities of the public health system</li> <li>Describe the relationship among various key One Health stakeholders</li> </ul>
<b>Professional Characteristics</b>	Demonstrate ability to understand and apply principles of research and evaluation methods to policy and health program implementation, as well as apply scientific findings to real-life situations	<ul style="list-style-type: none"> <li>Describe benefits/challenges of a multidisciplinary, integrative approach when implementing one health studies</li> <li>Effective communication (oral and written) to different audiences</li> <li>Demonstrate scientific quant skills (e.g., evaluate design, interpret findings, develop discussions, implementable recommendations)</li> <li>Ability to build/manage transdisciplinary team; conduct research to inform policy</li> <li>Translate research findings/discoveries into health policies/community programs/interventions/public education that is sustainable, cul relevant and econ feasible</li> </ul>

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## Key Messages

- Health and well-being of people worldwide matter, and affect everyone
- Global health is relevant to all of us as citizens
- Educating, training, and empowering health care workers for global health impact
  - What is in our curriculum
  - How are we preparing health workers & systems for what's coming

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# Resilience for the Health Industry

- Some global warming will continue  
(2.5 – 7.7°F rise inevitable, this century)
- Nurses can lead local, regional adaptation
  - Partner with local decision makers
    - Identify at-risk populations, emergency plans, monitoring
  - Provide guidance to students, patients & families
    - Posters, brochures
    - Curriculum
  - Health facility preparation
    - Anticipate demand surges (ED, out-pt), generators, emergency transport

(Sayre 2010)

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## Framing Action on Climate Change: Health Co-Benefits



### Energy Sector

**Air pollution:** ~7 million premature deaths/yr: ~1 in 8 deaths/yr (GBD, 2015)



### Food Systems

Cardiovascular risk from high meat diet  
(switch from beans-beef = 70% emission target)



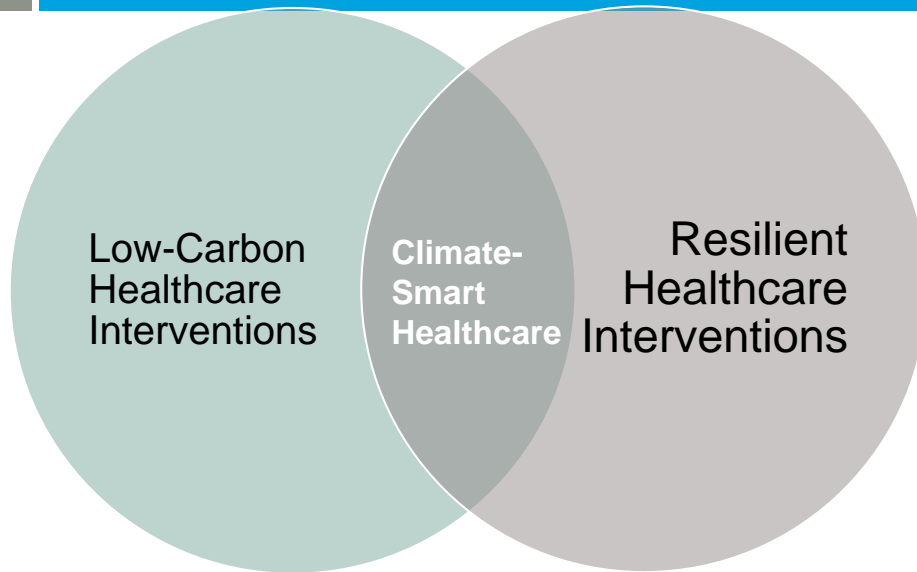
### Transportation

**Physical inactivity:** 5.3 million premature deaths/yr  
(Lee, 2012)

(J. Patz, Yale talk, 3/2018)

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# Investing in Climate-Smart Health Systems



(World Bank 2017, '18)

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# Sustainability in Health Industry

- WHO hospitals guide (2015)
- Healthier Hospitals Initiative
  - >1000 US hospitals
- Global Green & Healthy Hospitals
  - >750 members on 6 continents, >20,000 hospitals
- Green teams on units



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# Sustainability in Health Industry

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# Sustainability in the Health Industry

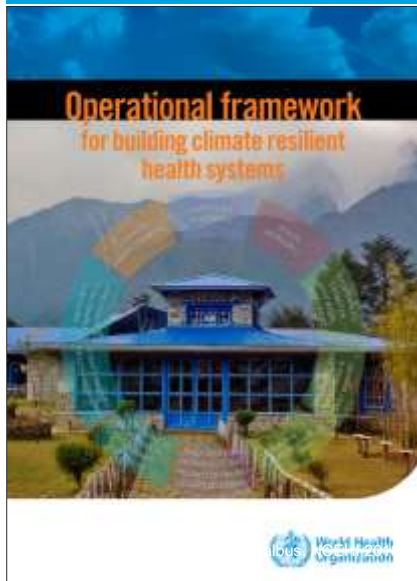
- Anticipate/combat barriers to ‘greening’ your clinical site

- Competing investments
- Inadequate staffing
- Underfunded operations
- Perceived higher costs
- Time limitations (AHEC)



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# WHO Framework

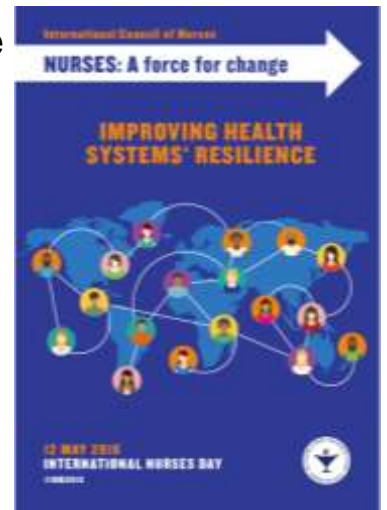


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# Nursing Has Taken a Stand

Policy statements on environment, resilience

- Int'l Council of Nurses
  - 2016 position nat'l nurse associations, nurses
  - 2008 statement nurses/climate change/health:
    - *“nat'l nurse associations and nurses must be involved in developing national action plans and policies and be part of disaster preparedness teams to mitigate the impact of climate change on health”*
  - 1999, '07, '11 statements environmental hazards



<http://www.icn.ch/publications/2016-nurses-a-force-for-change-improving-health-systems-resilience/>

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# Nursing Has Taken a Stand

## Policy statements on environment, resilience

- Canadian Nurses Association (2008)
- AACN environmental sustainability task force
- Alliance of Nurses for Healthy Environments (2009)
  - 'Human health connected with every aspect of natural, built environment'
- ANA (2008)
  - Global climate change as a threat to human health, mandates and obligates action, advocacy and a "united" nursing voice
- Nurses as force for resilient health systems



<http://www.icn.ch/publications/2016-nurses-a-force-for-change-improving-health-systems-resilience/>

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# Nursing Has Taken a Stand

"The registered nurse practices  
in an environmentally safe and  
healthy manner."

Standard 17 of the Standards of Professional Nursing Practice found in  
**Nursing: Scope and Standards of Practice**, 3rd Edition

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# ICN Position Statement, 2018

- Be involved in developing national action plans and policies for mitigation, adaptation, and resilience strategies as well as contribute to environmental health and justice policymaking
- Embed concept of **sustainability in nursing practice as well as climate change-related knowledge into nursing curricula** and in post-registration continuing education
- Collaborate with organizations (health, intergovernmental, environmental, other civil society etc.) when developing health-adaptation policies and programs
- Engage with media to promote public awareness of harmful effects of climate change on health and to promote mitigation strategies

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# Planetary Health Summary

- Health progress has been made but an ecological price has been paid
- Need action now, including strengthening health systems
  - Nurses are frontline responders, trusted voices
  - Nursing role in mitigation, adaptation, policy, leadership
  - Education (presvs, CE, IPE)



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# CALL TO ACTION

## Nurses for Planetary Health



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## Nursing Education - Curriculum Thread

### 5: Political and broader engagement (Lancet PH, 2015)

- 5.1 Public engagement with health and climate change
- 5.2 Academic publications on health and climate change
- 5.3 Inclusion of health and climate change within...health curricula

### Global Consortium on Climate and Health Education

<https://www.mailman.columbia.edu/research/global-consortium-climate-and-health-education/mission>



The GCHHE is a global network of Schools of Public Health, Medicine and Nursing that aims to

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# ACTION – Nurses Climate Challenge

- Downloadable Toolkit <https://nursesclimatechallenge.org/>



The Nurses Climate Challenge is a national campaign to mobilize nurses to educate 5,000 health professionals on the impacts of climate change on human health.

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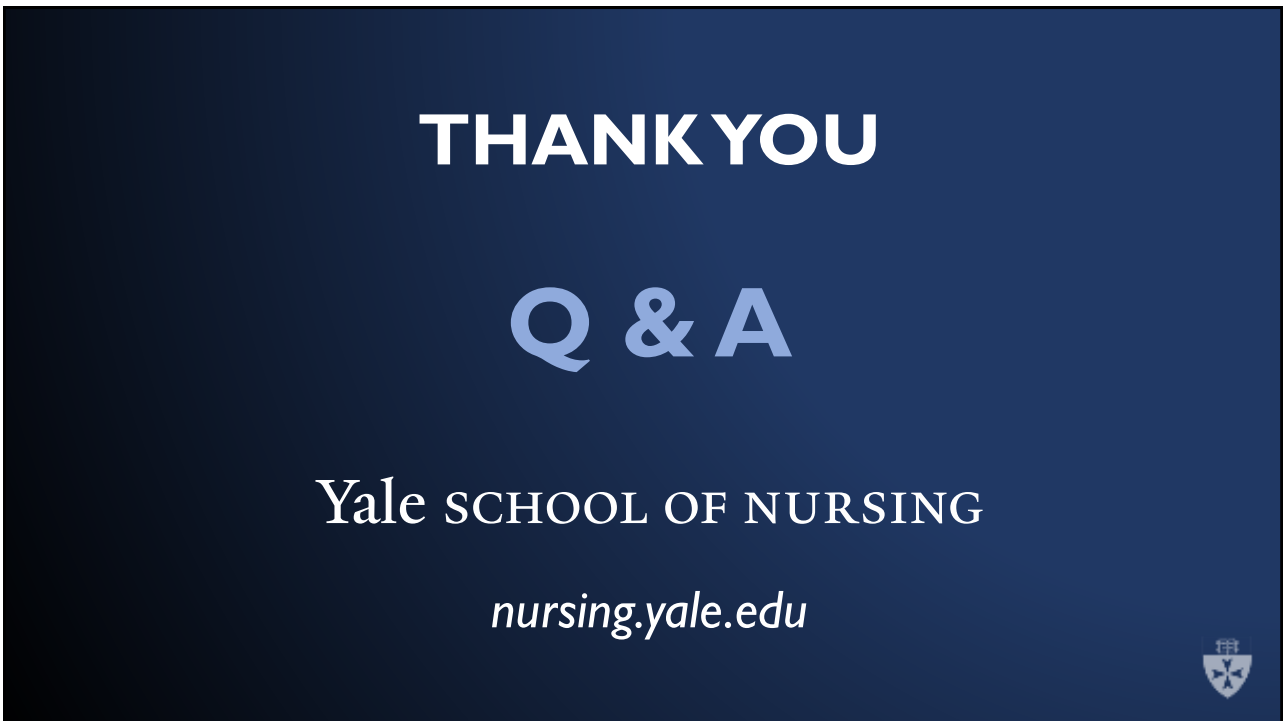
## Nurses have unique skills needed to address this crisis

- Optimism in the face of despair
- Righteous anger – and advocacy skills – to address injustice, inequity
- Leadership to organize, educate, & deliver
- Innate proclivity to work with and for people
- Alliance with communities, building on strengths
- Belief that life of each is worth fighting for, and that we are stronger when working together

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