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Which Comes First-Poor Coping Strategies or Compassion
Fatigue: Encouraging Students to Think Outside the Box in
Concept Analysis as a Personal Growth Initiative

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Conflict of Interest Statement

- The presenter identifies no conflict of interest.



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Learning Outcome



The learner will be able to identify and discuss ways to encourage critical thinking and abstract thinking in graduate level nurses using various teaching and learning strategies in order for the nurses to feel comfortable in thinking abstractly.

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Why Concept Analysis ???

- To clarify....
- To better understand....
- To explain.....
- To pursue change.....
- To analyze.....

Walker & Avant Model

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Eight Steps of Walker & Avant's Method

- Choose a concept
- Determine the purpose of the analysis
- Exhaustively define the uses of the concept- use multiple sources
- Identify attributes
- Identify antecedents and consequences
- Develop a model case
- Develop borderline/contrary cases
- Identify empirical referents

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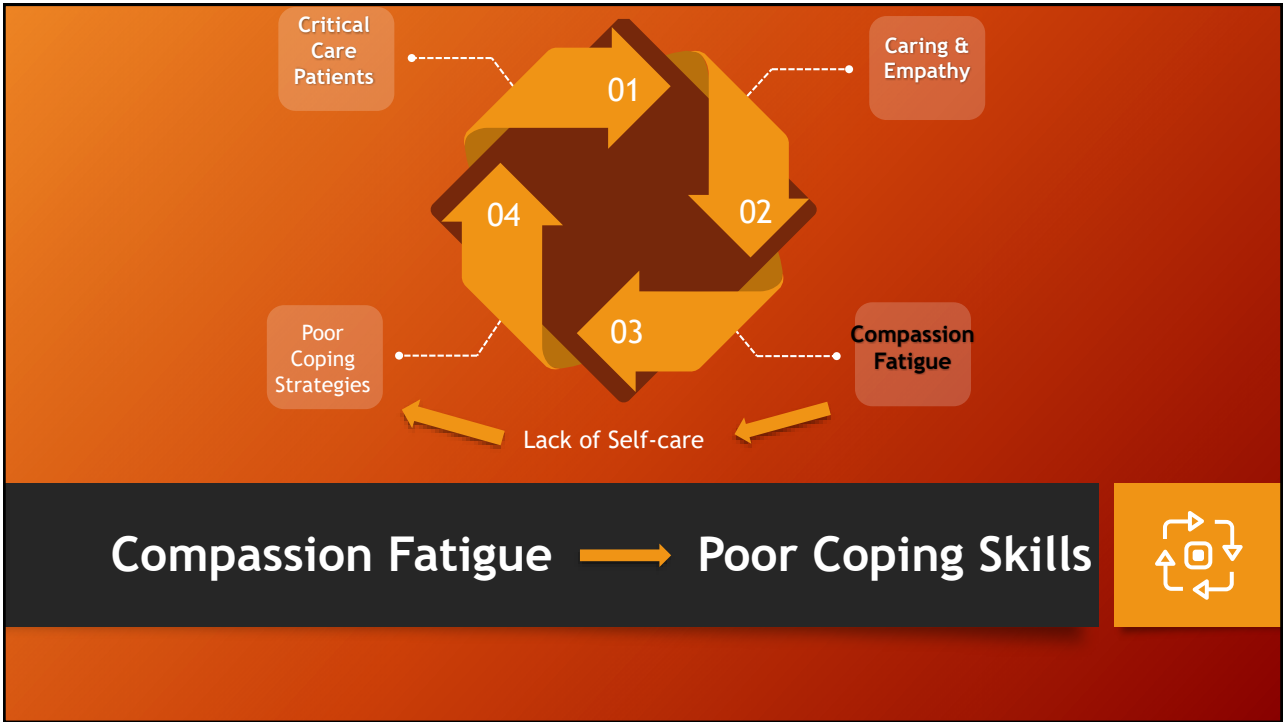
Why Socratic Questioning ???

- Encourage critical thinking....
- Explore complex ideas.....
- Separate what we know from what we do not know.....



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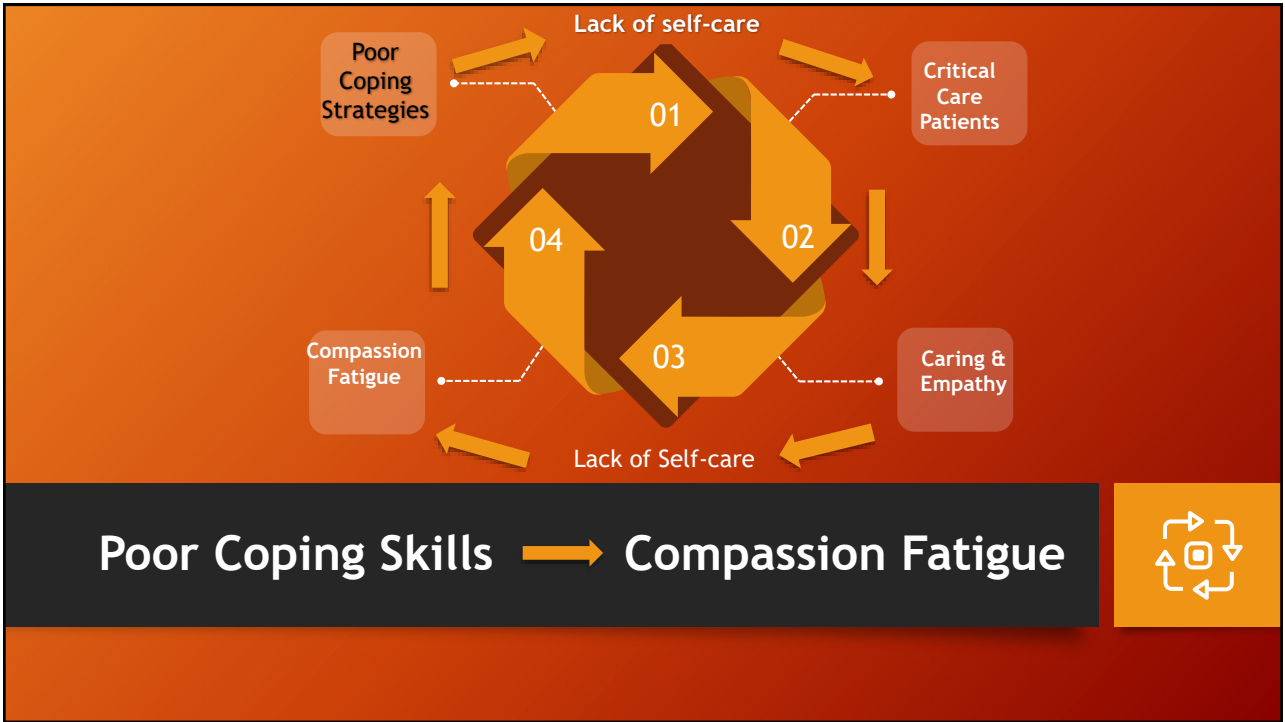
Explore with Socratic Questioning.....

- Clarify Concepts.....
 - “Is this what you are saying?”
- Probe for Assumptions...
 - “What are you assuming here?”

Probe for Rationale....

- “Who might refute your argument?”

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Coetzee & Laschingerit Compassion Fatigue Model

- According to Coetzee & Laschingerit, (2018), “it is not empathy that puts nurses at risk of developing compassion fatigue, but rather a lack of resources, inadequate positive feedback, and the nurse’s response to personal distress” (p. 4).

Empathy - being aware of and sharing another person's feelings, experiences, and emotions.

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Stop

- Is there evidence of critical thinking, abstract thinking or application using nursing experience?

Look

- Is the student only reiterating what was found in a professional journal in the analysis?

Question

- What are you assuming here?
- Is there another way to look at this issue?
- Why do you think that is happening?

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What are the next steps?



- 1. Further discussion....
- 2. Encourage critical thinking



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- 3. Support confidence to think outside the box
- 4. Be a positive role model



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Other Concepts to Probe.....

Burnout....
Caring.....
Empathy....
Resilience....

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Conclusions and Implications for Nursing Education.....

- Concept analysis is a valuable tool in nursing education if nursing faculty use it to its fullest.
- Using Socratic questioning and encouraging students to think 'outside the box' can help them develop personally and professionally.

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References/Resources

Coetzee SK, Laschinger HKS. (2018). Toward a comprehensive, theoretical model of compassion fatigue: An integrative literature review. *Nursing Health Science*,20(1):4-15. doi: 10.1111/nhs.12387

Thompson, C. J. (2018, March 20). Commonly used concept analysis methods in nursing: An introduction to Walker and Avant's 8-Step method [Web Log Post]. Retrieved from <https://nursingeducationexpert.com/concept-analysis-methods-walker-avant>

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Thank you for attending the presentation.



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