

An Adaptable Course Framework for Promoting Transcultural Experiences

November 22, 2019

Cindy Brown, DNP, RN, PHN, RDN; Candace Ginsberg, MAN, RN, PHN

Learning Outcome

- Participants will be able to describe the key components of the transcultural course framework.

- Initial model used student staffed clinics in Belize
- Collaborated with an international study abroad organization
- Evolution of experience: moved from clinic driven to community driven

Challenges with Transcultural Experiences

- Securing clinical sites
- Meaningful experiences
- Community partnerships
- Course framework
- Inclusivity
- Regulatory standards



Focused Course Objectives

- Collaborate with community partners to achieve mutual goals
- Analyze impact of the social determinants of health in working toward social justice
- Demonstrate leadership
- Develop culturally congruent interventions
- Demonstrate nonjudgmental and unconditional acceptance of others

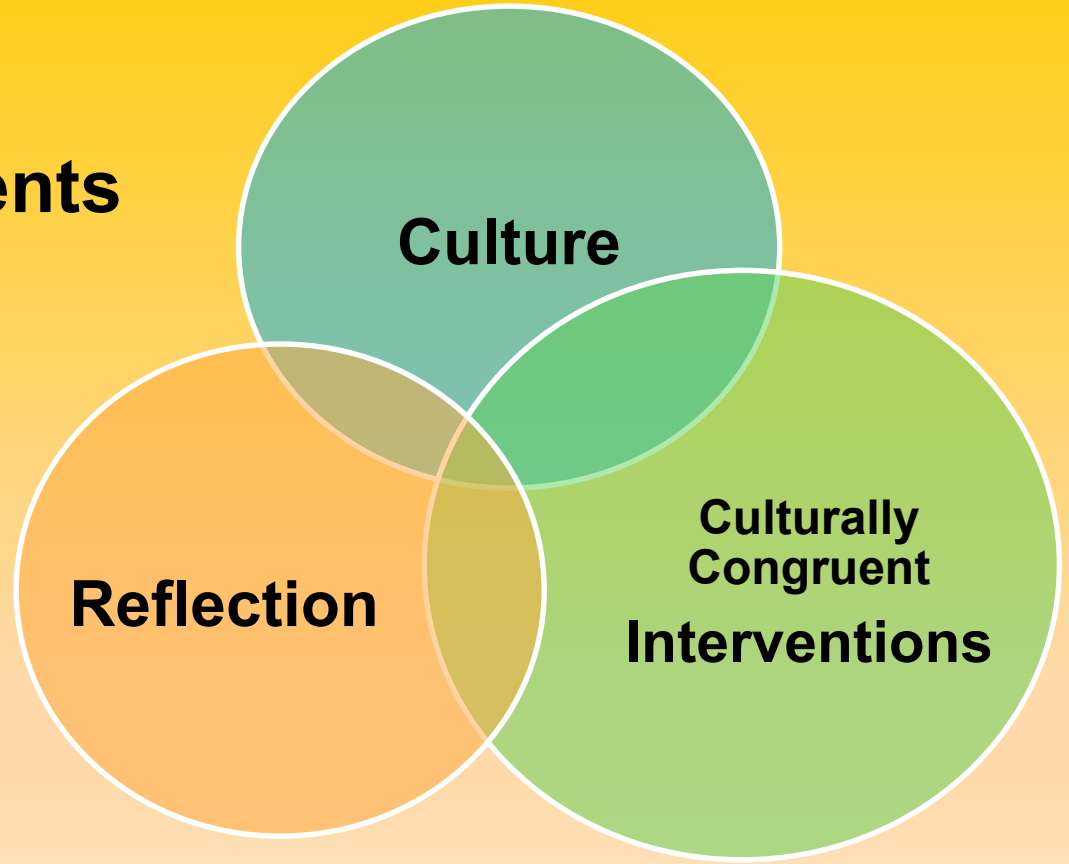
Course Overview

- Application process for 1-2 credit course
- 16 week online delivery with culminating 1-2 week immersion experience
- 7 course assignments plus 2-3 Zoom meetings
- Peer and community partner feedback on project
- Cultural experiences in community
- Health related activities

Framework Components

Guiding Principles:

- Service-learning
- Public health





Cultural Fluency Module: Part 1: Introduction

Take the self-quiz prior to watching the video.

- [Self Quiz: Implicit Bias in Health Care](#) (5-10 min)
- [Video: Part I](#) (4:15)



Cultural Fluency Module: Part 2: Culture, Communication, Fluency

Watch the following video:

- [Video: Part II](#) (15:03)



Cultural Fluency Module: Part 3: Dangers of a Single Story

Watch this Ted Talk and then answer the journal reflection questions posed below.

- [The danger of a single story | Chimamanda Ngozi Adichie, Ted Talk](#) (19:16)

Own culture

- Cultural fluency module
Cultural Iceberg Model
(Hall, 1976)
Danger of a Single Story
(Adichie, 2014)
- Self-reflection

Destination cultures

- Group presentation assignment (Purnell, 2005)
- Individual responses to presentations
- Community cultural immersion experiences



Twelve domains of culture:

overview & topography

high risk

behaviors

communication

family roles

workforce issues

biocultural ecology

nutrition

death rituals

spirituality

pregnancy & childbearing practices

health care practices

health care practitioners

Framework Component: Interventions

Culturally Congruent

Group projects based on **community**-identified needs

Project elements: logic model, evidence-based interventions, intervention analysis, communication, implementation, evaluation, self-reflection



Community Interventions



Framework Component: Reflection

Evolution in World View

- Three self-reflection activities
 - start of course
 - prior to departure
 - last day of experience
- Access to re-entry resources



- Course outcomes met
- Teamwork and collaboration demonstrated
- Adapting framework to varied transcultural experiences
- Existence of group conflicts living in community
- Building community relationships
- Expanding clinical opportunities

Recommendations

- Include group dynamics content
- Add interprofessional competencies
- Incorporate more disciplines
- Potential for adopting more sustainability principles
- Explore opportunities for health care professional development and program development
- Apply framework to emerging public health issues



The College of
St. Scholastica

Questions???



References

Hall, E. (1976). Beyond culture. Cultural iceberg model. Retrieved from https://www.spps.org/cms/lib/MN01910242/Centricity/Domain/125/iceberg_model_3.pdf

Adichie, C.N. (2014, March 10) Danger of a single story [video file]. Retrieved from <https://youtu.be/D9lhs241zeg>

Purnell. L. (2005). The Purnell Model for Cultural Competence. *The Journal of Multicultural Nursing & Health*, 11, (2), pp. 7-15.

Oates, K. & Leavitt, L. (2003). *Service-learning and learning communities: Tools for integration and assessment*. Association of American Colleges and Universities: Washington DC.