

Incorporating Refugee Health Perspectives in Undergraduate Nursing Education

Angela D. Mehringer, MSN, RN, CHSE Assistant Professor & Simulation Faculty Luz Huntington-Moskos, PhD, RN, CPN Associate Professor



Refugee Health Perspectives Presentation Purpose

How does targeted didactic assignments and service learning enhance a global perspective of health among BSN students?



Refugee Health Perspectives Background

The Refugee Experience

- Limited Resources
- Assimilation
 - Language
 - Culture
 - Social System
 - Economic System
 - Healthcare System



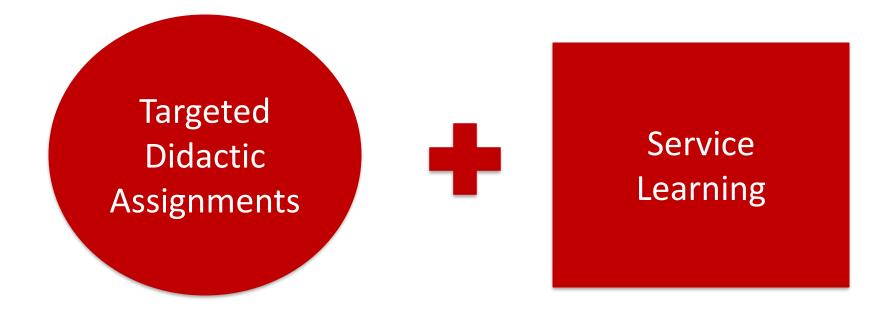
Refugee Health Perspectives Background

Undergraduate Nursing Students

- Global Public Health Nursing Course
- Limited perspective
 - Refugee health
 - Refugee experience



Refugee Health Perspectives **Solution**





Refugee Health Perspectives
Assignments + Service Learning

Outcomes

- Enhanced perspective of the refugee experience
- Application of Global Health Knowledge



Assignments

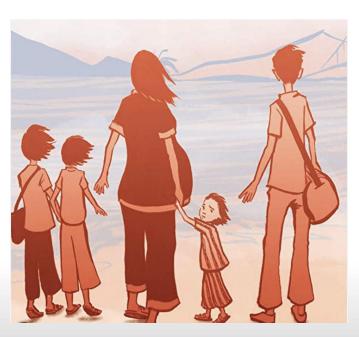
- Read The Best We Could Do by Thi Bui (2018)
- Respond to three discussion board prompt
- Review and Respond to two peers' discussion board posts





Read The Best We Could Do by Thi Bui (2018)

- Graphic Memoir
- Addresses:
 - Displacement
 - Assimilation
 - Race
 - Culture
 - Family
 - AND MORE





Refugee Health Perspectives Why use a graphic novel?





- •Images are Powerful
- •Untold Stories:
 - •Migrants & Refugees
- Seeing beyond words
- Student Engagement
 - •Multimodal
 - •Accessible
- (National Council of Teachers, 2022)



Refugee Health Perspectives Assignments: Discussion Board

- Encourages reflection on themes of the novel including:
 - •The refugee experience
 - Health alterations
 - •Family





Discussion Board Example

The migration from Vietnam to the United States is a pivotal event for Thi Bui and her family. Take a moment to consider the impact of this event, then answer the following questions.

"Don't be such a REFUGEE!" (Bui, 2018, p.285).



- a. What is meant by this comment?
- b.When you hear the word "refugee," what do you think of?
- c. How do perceptions of refugees affect their experience?



Clinical Experience

- Collaboration with local resettlement agency.
- Apply the Nursing Process in an assigned community & community partner using evidence-based practice.
 - Assessment: Windshield Survey, Key informant interviews
 - **Diagnosis**: Community Nursing Diagnosis
 - **Planning**: Literature Review & Project Plan
 - Intervention: Based on assessment & literature; Applied in the assigned community
 - **Evaluation:** Evaluate outcomes of intervention
- Present Poster

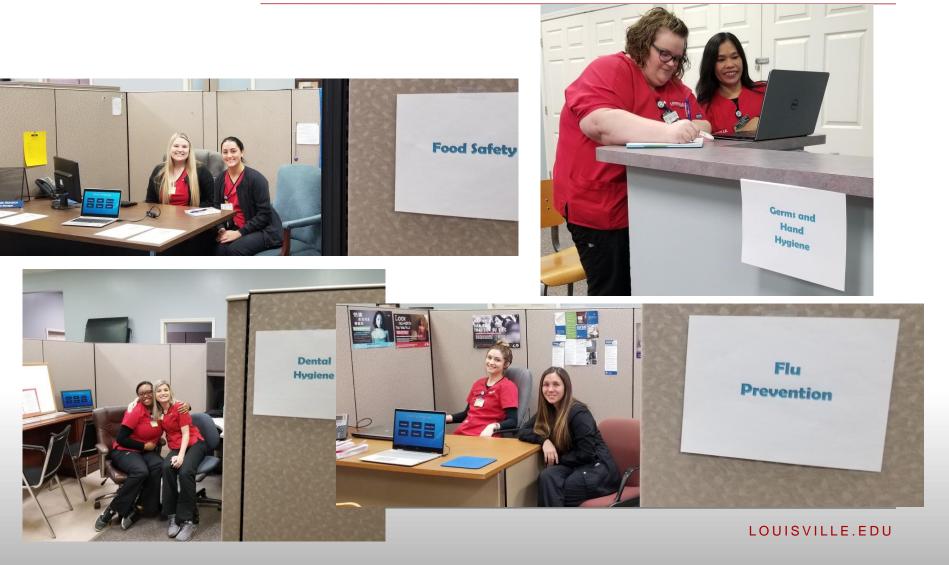


Results: Completed Projects

Semester/Year	Project
Spring 2019	Area Linguistic Healthcare Directory
Fall 2019	Health Fair: Flu Vaccines, Hand Washing, Nutrition
Spring 2020	Cultural Competence Education Webpage
Spring 2021	Organization of Donation Center (Volunteer Activity)
Spring 2022	Health Fair: Addressing Vaccine Hesitancy
Fall 2022	Health Fair: Dental Health, Car Seat Safety, COVID & Flu Vaccines; Child Games & Physical Activity



Refugee Health Perspectives Fall 2019 Health Fair



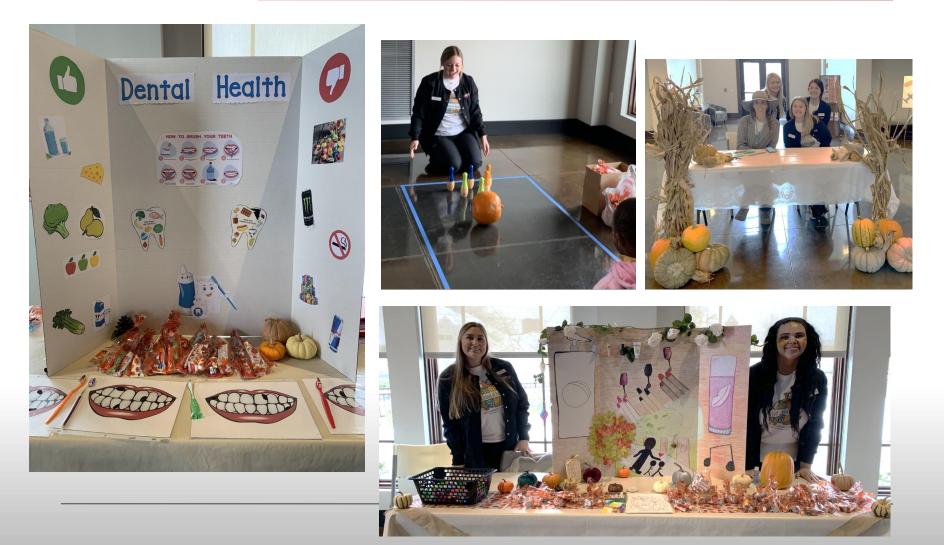


Refugee Health Perspective Spring 2022: Vaccine Hesitancy



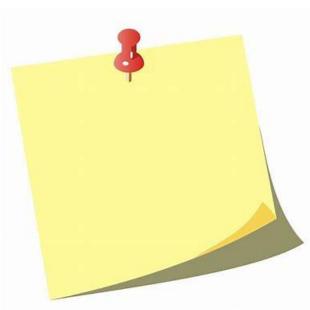


Refugee Health Perspective Fall 2022: Health Fair





Book Discussion Student Feedback



How has your perspective of the refugee experience been enhanced?

- "It's important to respect the journey."
- "It's important to be non judgmental & open minded, refugees go through a lot!"
- "Health literacy and interpreters are important."



Implications for Practice

- A global perspective on health is essential to nursing professionals as several pertinent health issues cross international borders including disaster preparedness, climate crisis, and growing refugee populations.
- Nurses will undoubtedly encounter **patients** with refugee status.
- Skillful application of global health knowledge ensures optimal care to refugee populations.



References

Bui, T. (2018). *The best we could do*. New York, NY: Abrams ComicArts.

National Council of Teachers (2022). Graphic novel/terms and concepts. https://www.readwritethink.org/classroomresources/lesson-plans/pictures-tell-story-improving